



Germoe School

Newsletter

28th June 2024

Message from Miss Blackburn

Well that's another whirlwind of a week ! Y5 and Y6 were out on Tuesday racing their Greenpower car at Perranporth Airfield and they all had a wonderful time, well done to them all. We had Sports Day on Wednesday and thank you to everyone who came along to support us, the weather was fabulous and the children and adults really enjoyed themselves. Thank you to our amazing FROGS for the Summer Fayre that took place afterwards, they raised an astounding £642.27.

It is such a busy time of year for us all , its Mazey Day tomorrow and we will be parading through the streets of Penzance with the children and our fantastic lighthouse, courtesy of the very talented Mrs Bird. Some of our Y6 children are going up to Goodwood tomorrow to race their Greenpower car and we wish them the best of luck and look forward to hearing all about it when they return to school on Tuesday.

Y3/4 are going to St Michaels Mount on Wednesday and Y1/2 are having their summer camp on the school field on Wednesday night.

Have a wonderful weekend

Paula Blackburn

Germoe clothes swap shop

What?

The Germoe swap shop is an eco-friendly way to get new clothes. You can bring in a bag of clothes that you don't need anymore and put them on the table of the right size. Then you can take any clothes donated by somebody else.

Where?

The Germoe swap shop will be taking place in the school. If it is rainy it will most likely be in the hall. If it is clear and sunny it will be outside. The clothes will be outside on different tables.

Who?

The clothes will have sizes for most of your children (sizes 3-4 to 11-12). And yes! ...we do have an adults table. The rule is take as much as you have given... don't be greedy!

When?

The Germoe clothes swap shop is taking place on Thursday the fourth of July. It will be straight after school (three-thirty). You can start bringing in clothes next week. Bring them in bags. For full details visit eco-club.

CLUBS

To sign up please email Mrs Care secretary.germoe@fbgschools.co.uk
All clubs are Y1 -Y6 unless stated otherwise:

Monday

Bookclub Y2-Y6 - Mrs Reeves

CANCELLED Rounders - as Miss Symons is on a trip

Tuesday

Football - **Y2-Y6** Mr Conway

Yoga - Miss Burns

Thursday

Eco club - Mrs Knight

HEAD LICE

Cornwall council health department - information on the treatment of Head Lice

Wet combing method:

- Wash the hair with ordinary shampoo and apply plenty of conditioner.
 - Use an ordinary, wide-toothed comb to straighten and untangle the hair.
 - Once the comb moves freely through the hair without dragging, switch to the louse detection comb.
 - Make sure the teeth of the comb slot into the hair at the roots, with the edge of the teeth lightly touching the scalp.
 - Draw the comb down from the roots to the ends of the hair with every stroke, and check the comb for lice each time - remove lice by wiping the comb with tissue paper or rinsing it.
 - Work through the hair, section by section, so that the whole head of hair is combed through.
 - Do this at least twice to help ensure you haven't missed any areas, until no more lice are found.
- IMPORTANT - Repeat this procedure on days five, nine and 13. Detection combing should be done on day 17, to check for any live head lice.

REMINDER TO WEAR SCHOOL UNIFORM

Our school uniform is:

sweatshirt/navy jumper or cardigan,

polo shirt white/light blue

navy/black trousers/joggers/leggings/skirt

Sweatshirts, t-shirts and bookbags can be purchased through School Money and collected from the office

School Closures in Emergency – Agreed Notification Procedure

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

Important notice

For the respiratory health of our children who are learning outside, please turn off your engine in the car park.

Morning Drop-off

Please note that staff are not on duty until 8:45 and therefore please continue to supervise children if you arrive early on the playground until this time.

DIARY DATES 2023/2024

SUMMER TERM 2024

Tuesday 2nd July

Mounts Bay and Humphry Davy Transition

Wednesday 3rd July

Y1/2 Summer Camp

Y3/4 Mounts Bay Trip

Y6 Mullion Transition

Thursday 4th July

Germoe Clothes Swap Shop

Wednesday 10th July

Summer Production

Tuesday 16th July

whole school transition

Wednesday 17th July

Germoe's Got Talent

Thursday 18th July

Year 6 Leavers lunch

Monday 22nd July

2.30pm Leaver's service

Wednesday 24th July

Break for Summer @ 1.30pm

TERM DATES 2023/2024

Autumn term (72 days)

- 4th September - 19th December 2023
- (Half term 23rd -27th October 2023)

Spring Term (56 days)

- 4th January - 28th March 2024
- (Half term 12th-16th February 2024)

Summer term (67 days)

- 15th April - 24th July 2024
- (Half term 27th May - 31st May 2024)
- **INSET 3rd-7th June 2024**

PERRANUTHNOE CLASS UPDATE

This week we have been making a den at playtime. It has also been Sports Week. We really enjoyed making up our own PE games- we made our own version of Dodgeball. Sports Day was good because we liked cheering people on. On the Olympics afternoon, we tried javelin and discuss. We also loved playing Capture the Flag.

By Gil, Freddie and Charlie



Neurodiverse?

A new system will be operational from April, for the assessment pathway for Autism and ADHD. It's not yet up and running, but Parent Carer Cornwall have a linked site, which has some great information for parents about neurodiversity. If you'd like to take a look: <https://parentcarercornwall.org.uk/> and find the 'Neurodiversity Hub' tab at the top of the page

Smartphone information for parents

Please find below some links regarding smartphone usage for children. It was very kindly sent to us by one of our parents and it is interesting information for any parents/carers who are concerned about smartphones and social media for children. I hope you find it useful....

<https://amp.theguardian.com/technology/2024/feb/17/thousands-join-uk-parents-calling-for-smartphone-free-childhood>

<https://smartphonefreechildhood.co.uk/>

ND PROFILING TOOL

Please see link below for online sessions for parents about the ND profiling tool
<https://www.eventbrite.com/e/information-session-for-parentscarers-on-the-neurodiversity-profiling-tool-tickets-884811554177>

Germoe Well-Being Borrowing Library

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiety, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



Headstart Kernow

For children in Y5/6 and older – Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

<https://www.startnowcornwall.org.uk>

Twitter and Instagram

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe

Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.

Tax-Free Childcare

Tax-Free Childcare is:

- For **working families**, including the self-employed, **in the UK**
- Earning **under £100k** and **an average of £167** per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who **aren't** receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, **up to £2,000 per child per year**

For more information <https://www.gov.uk/tax-free-childcare>

Charitable Sailing
From April to October local children and young people are taught the RYA syllabus, learning the fundamentals and working towards gaining internationally recognised qualifications. Group leaders tell us all the time that our impact carries with them off the water - into the classroom and beyond.

“ A child was placed in foster care the day before their first sailing session. The new foster carers were able to join the sailing session and build a bond with the child. Trust is an important quality for our pupils and water activities mean the children need to trust the adult to keep them safe. This is a brilliant way to build their relationship for our pupils and staff.”

6 of our current Dinghy Instructors started sailing with us at aged 8 as part of our charitable sailing programme!

Our Story
Since 1997, we've been providing sailing opportunities that are accessible to all. We believe that every young person should have the chance to experience the joy of being on the water, here in Cornwall.
Sailing isn't just about recreational fun, it's a transformative experience that improves mental health, builds water safety and confidence, having fun while gaining invaluable skills that last a lifetime.

None of what we do is possible without you. By supporting CST you are investing in the next generation here in Cornwall.
CHILDRENSAILINGTRUST.ORG.UK/CST

Those colourful groups of sailing boats you've seen gliding over the Helford River. That sailing course your child enjoyed at primary school? That's us.

Children's Sailing Trust
01326 702

CST Experiences
HELDFORD RIVER
• RYA SAILING COURSES
• Youth Stages 1 - 4 plus advanced
• Adult Levels 1 - 3 plus advanced
• Taster sessions
• POWERBOAT QUALIFICATIONS
• Levels 1 and 2
TREVASSACK LAKE
• PADDLEBOARDING + MEGA SUP
• KAYAKS + KATAKANUS
• OPEN WATER SWIMMING
• DINGHY SAILING
• ACCESSIBLE KEELBOATS
• DRAGONAGE LUGGER SAILBOAT
• FLOATY RIDES
• TASTER SESSIONS
For adults & children of any ability!
Waterports, activities and events both at the River and the Lake:
CSTEXPERIENCES.CO.UK

Trevassack Holidays
A luxury, accessible holiday destination where we've made it our mission to provide enabling holidays, with six holiday properties (three high-dependency) tucked away on site. Our vision is inclusive and making memories to last a lifetime.
We're also the Gold Award winners for Accessible and Inclusive Tourism 23/24 in Cornwall and Bronze for the entire South West.
Holiday guests get 15% discount on River and Lake activity bookings.
TREVASSACKHOLIDAYS.COM

Trevassack Lake Cafe
Bistro cafe with made-to-order brunch menu (plus Sunday Roast in winter), vegan and allergy-friendly options. Ask about birthdays, events and weddings at the Lake!
CSTEXPERIENCES.CO.UK/CAFE

SPORTS AND ACTIVITIES

Coast
ACTIVITY PROGRAMME

THIS SUMMER HOLIDAY

Ofsted Registered
See website for details

TIME MOVE
Learning Programme

active
CORNWALL COUNCIL
Department for Education

Full and Half days available all Summer

Helston Community College
Hayle Academy
St Ives

FREE
Free Half Day Places
with a Hot Meal for FSM Children

ACTIVITIES
Swimming
Learn2Ride
Skating
Tennis
Football
Arts and Crafts
Dodgeball
Rugby
and so much more

AGES 5-16

SCAN TO BOOK

07939863010

www.coastactivityprogramme.com
info@coastactivityprogramme.com

Cornwall Cricket

Softball and Hardball

CRICKET HOLIDAY CAMPS

DYNAMOS CRICKET

ALL STARS CRICKET

- CORNWALL CRICKET CENTRE
- REDRUTH CRICKET CLUB
- WADEBRIDGE CRICKET CLUB
- TRURO CRICKET CLUB

For dates and availability scan the QR code or visit the website address below.

Limited Free places available for low income families email admin@cornwallcricket.co.uk for details

cornwallcricket.co.uk/boys-girls/holiday-camps.html

Together for Families Parenting

Parenting Workshops April - August 2024



Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

www.cornwall.gov.uk/parenting

Workshop Dates

| Countywide – VIRTUAL | | |
|----------------------|---------------------------|--|
| Ages 1-3 | Mondays 18:00-20:00 | 22.04.24-24.06.24 Virtual MS Teams |
| Ages 1-3 | Wednesdays 09:30-11:30 | 05.06.24-07.08.24 Virtual MS Teams |
| Ages 4-8 | Tuesdays 12:30-14:30 | 23.04.24 – 25.06.24 Virtual MS Teams |
| Ages 4-8 | Mondays 18:00-20:00 | 03.06.24-05.08.24 Virtual MS Teams |
| Ages 9-11 | Thursdays 12:30-14:30 | 02.05.24-11.07.24 Virtual MS Teams |
| Ages 9-11 | Wednesdays 18:00-20:00 | 08.05.24-17.07.24 Virtual MS Teams |
| East | | |
| Ages 4-8 | Mondays 09:30-11:30 | 13.05.24-22.07.24 Wadebridge Family Hub |
| Ages 9-11 | Tuesdays 12:30-14:30 | 30.04.24-09.07.24 Launceston Family Hub |
| Mid | | |
| Ages 1-3 | Tuesdays 12:30-14:30 | 04.06.24-06.08.24 St Austell Family Hub |
| Ages 4-8 | Thursdays 12:30-14:30 | 02.05.24-11.07.24 Newquay Family Hub |
| Ages 9-11 | Fridays 09:30-11:30 | 10.05.24-12.07.24 The Park Family Hub |
| West | | |
| Ages 1-3 | Thursdays 09:30-11:30 | 02.05.24-11.07.24 Gooseberry Bush Nursery |
| Ages 4-8 | Wednesdays 09:30-11:30 | 08.05.24-17.07.24 Helston Family Hub |
| Ages 9-11 | Mondays 12:30-14:30 | 13.05.24-22.07.24 Penzance Family Hub |



Parents Plus Adolescent Programme

Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.
This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

Workshop Dates

| Countywide - VIRTUAL | | |
|----------------------|---------------------------|--|
| Ages 12-18 | Wednesdays 18:00-20:00 | 01.05.24-26.06.24 Virtual MS Teams |
| Ages 12-18 | Mondays 09:30-11:30 | 03.06.24-29.07.24 Virtual MS Teams |
| East | | |
| Ages 12-18 | Thursdays 09:30-11:30 | 02.05.24-04.07.24 Saltash Family Hub |
| Ages 12-18 | Mondays 12:30-14:30 | 13.05.24-15.07.24 Wadebridge Family Hub |
| Mid | | |
| Ages 12-18 | Fridays 12:30-14:30 | 19.04-24-21.06.24 The Park Family Hub |
| Ages 12-18 | Mondays 12:30-14:30 | 13.05.24-15.07.24 Newquay Family Hub |
| West | | |
| Ages 12-18 | Tuesdays 12:30-14:30 | 28.05.24-23.07.24 Penzance Family Hub |
| Ages 12-18 | Wednesdays 12:30-14:30 | 05.06.24-31.07.24 Helston Family Hub |



www.cornwall.gov.uk/parenting



Getting it Right for Children (GIRFC) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

Supporting Healthy Relationships

Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

Arguing Better (AB) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

MYBT Workshop Dates

| Countywide – VIRTUAL | | |
|---------------------------|---------------------------|---------------------------------------|
| Ages pre-birth – 12months | Wednesdays 09:30-11:30 | 17.04.24-01.05.24 Virtual MS Teams |
| Ages pre-birth – 12months | Thursdays 18:00-20:00 | 04.07.24-18.07.24 Virtual MS Teams |

AB Workshop Dates

| Countywide – VIRTUAL | | |
|----------------------|--------------------------|---------------------------------------|
| Ages 1-19 | Thursdays 18:00-20:00 | 02.05.24-16.05.24 Virtual MS Teams |
| Ages 1-19 | Tuesdays 12:30-14:30 | 02.07.24-16.07.24 Virtual MS Teams |

GIRFC Workshop Dates

| Countywide – VIRTUAL | | |
|----------------------|--------------------------|---------------------------------------|
| Ages 0-19 | Fridays 09:30-11:30 | 19.04.24-03.05.24 Virtual MS Teams |
| Ages 0-19 | Thursdays 18:00-20:00 | 06.06.24-20.06.24 Virtual MS Teams |

www.cornwall.gov.uk/parenting

How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am – 5pm to support queries.



Contact us

Email: parenting@cornwall.gov.uk
Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY
Email: equality@cornwall.gov.uk Telephone: 0300 1234 100

Bitesize Parenting

Workshop Description

Bitesize parenting workshops are weekly 2-hour sessions (18:00-20:00) delivered by our parenting team to support on a wide range of topics. Please book on by visiting www.cornwall.gov.uk/parenting

Topics include:

Bitesize Child (for parents/carers of children aged 4-11)

Bullying – How to talk to children about bullying and support them if they are experiencing it.

Remaining calm – How to look after yourself as a parent.

Praise and rewards – This workshop focuses on using praise and rewards to support behaviour you'd like to see more of.

Special time with your child – How quality time with children can help with behaviour.

Routines and boundaries – Looking at why routines and boundaries are important and how these can be put in place effectively to support children, parents and family life.

Technology and safety – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

Bitesize Teen (for parents/carers of young people aged 12-19)

Teenage brain – Come along and learn about the changes adolescents experience in their brain development, how it impacts them and how parents can support their young person.

Technology and safety – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

Sibling rivalry and conflict – Tips to manage conflict between siblings in the home.

Remaining calm – How to look after yourself as a parent.

Mental wellbeing – Tips about how to communicate with young people about their feelings.



Workshop Dates:

| Date | Bitesize Child (for parents/carers of children aged 4-11) |
|----------|---|
| 07.05.24 | Bullying |
| 21.05.24 | Remaining calm |
| 11.06.24 | Praise and rewards |
| 25.06.24 | Special time with your child |
| 09.07.24 | Routines and boundaries |
| 23.07.24 | Technology and safety |

To book onto a Bitesize Child, please scan here:



| Date | Bitesize Teen (for parents/carers of young people aged 12-19) |
|----------|---|
| 14.05.24 | Teenage brain |
| 04.06.24 | Technology and safety |
| 18.06.24 | Sibling rivalry and conflict |
| 02.07.24 | Remaining calm |
| 16.07.24 | Mental wellbeing |

To book onto a Bitesize Teen, please scan here:



www.cornwall.gov.uk/parenting

School information finder - Germoe

What information do you need?

I need to contact school urgently

I need to contact school non-urgently

I need to find a list of teachers

I need to know term dates

I need to see if my child has homework or upload their homework

I want to report my child absent from school

I want to find out about upcoming dates, trips etc

I want to read a school policy

I want to see the school development plan

I want to see what is on the lunch menu

I want to find out about clubs

I want to look at a past or present newsletter

I need to report a safeguarding matter to school

Where to find the information

Phone on 01736 763310

Email secretary.germoe@fbgschools.co.uk or email class teacher (name plus @fbgschools.co.uk)

School website

www.germoe.cornwall.sch.uk

Our school – Meet the staff

School website

www.germoe.cornwall.sch.uk

Parent info – Term dates

See saw

Reading records

Phone call before 0900 on 01736 763310

School website

www.germoe.cornwall.sch.uk

Calendar

School website

www.germoe.cornwall.sch.uk

Our school - Policies

School website

www.germoe.cornwall.sch.uk

Our school – school development plan

School website

www.germoe.cornwall.sch.uk

Parent info – Menu

School website

www.germoe.cornwall.sch.uk

Parent info - Newsletter

School Website

www.germoe.cornwall.sch.uk

Parent info - Newsletter

Phone or email

01736 763310

Paula Blackburn head@fbgschools.co.uk

Angie Larcombe alarcombe@fbgschools.co.uk

Denise Rusga drusga@fbgschools.co.uk



Information session for Parents/Carers on the Neurodiversity Profiling Tool

Children and young people who are showing signs of neurodevelopmental needs can now access a new tool which can help identify what support

[Eventbrite](https://www.eventbrite.com) / May 21

CRICKET COACHING

Rosudgeon c c are running a ECB cricket coaching course run by a ECB qualified coach. It is for 8 - 11 years old using fun to learn coaching techniques so everybody will have a good time on the evening .

Parents can pre-book online on the ECB website but also can come along on the evening and try it out to see if their children like it or not ?

The sessions start on Tuesday the 14th May and on until around mid July . The cost would be £4 per night .

DYNAMOS CRICKET

This is our game.

dynamoscricet.co.uk

Join us at:
 ROSUDGEON CRICKET CLUB
 Session dates:
 TUESDAYS 14 TH MAY TILL END OF JULY
 Session timings:
 5 PM TO 7PM
 Contact:
 ANDREW 07971570871



DECATHLON | OLAIAN

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AFTER SCHOOL CLUB

FRIDAYS

4PM - 6PM

£5 PER PLAYER UNDER 18

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PAYING CHILD



SCAN ME

PORHLEVEN PUBLIC HALL

TR13 9AB

WWW.ROLLTHEDICECORNWALL.COM