

Germoe School Newsletter

19th July 2024

Message from Miss Blackburn

Dear parents and carers

A huge congratulations to our children for braving our talent shows this week. It is always amazing to see how much they have progressed from the previous one. They are so brave and they have so much fun at the same time. It is also lovely to see how much they encourage one another. Well done everyone!

The photos attached are a couple from our staff meeting last night! Thank you to Mr Conway for arranging a wellbeing evening at Mullion Cove and well done to Team BG staff for their participation and overcoming their fears.

As this is the last newsletter of the school year, I would like to wish you all a wonderful Summer. Keep safe and have fun! See you on Tuesday 3rd September.





Best wishes Paula Blackburn

MENU CHANGE

On the last day of term we will be having pasties for lunch. Unfortunately we will not be able to offer jacket potatoes as an alternative

NO CLUBS NEXT WEEK

On Tuesday we will be sending home many of the children's books and pieces of work. Please ensure they bring a carrier bag or similar with them so that they can carry them.

PRICE INCREASES FROM SEPTEMBER

Unfortunately, due to the cost of living rise and the restraint this has on our budget, we will have to make the following price increases from September:

- School meals will be £3 per day.
- Breakfast club will be \pounds 4 per child/ \pounds 3 per child, if eligible for FSM (including food).
- After school care will be £4 per child/£3 per child, if eligible for FSM, for the first hour (including snack). A late charge of £4 per 15 mins (for each child) will be incurred due to staff staying later than contracted.
- Kindergarten snack will be £2 per week payable via School money

We apologise for this but there is no other way to make our income and expenditure align.

HEAD LICE

Cornwall council health department - information on the treatment of Head Lice Wet combing method:

• Wash the hair with ordinary shampoo and apply plenty of conditioner.

• Use an ordinary, wide-toothed comb to straighten and untangle the hair.

• Once the comb moves freely through the hair without dragging, switch to the louse detection comb.

• Make sure the teeth of the comb slot into the hair at the roots, with the edge of the teeth lightly touching the scalp.

• Draw the comb down from the roots to the ends of the hair with every stroke, and check the comb for lice each time – remove lice by wiping the comb with tissue paper or rinsing it.

• Work through the hair, section by section, so that the whole head of hair is combed through.

• Do this at least twice to help ensure you haven't missed any areas, until no more lice are found.

IMPORTANT - Repeat this procedure on days five, nine and 13. Detection combing should be done on day 17, to check for any live head lice.

School Closures in Emergency – Agreed Notification Procedure

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

Important notice

For the respiratory health of our children who are learning outside, please turn of your engine in the car park.

The Mental Health Support Team warmly NHS invite you to attend ... **Little Sips Cornwall Partnership** Parentwell **BIG ADVENŤURES** During the summer holidays, MHST would like you to join us on a FREE, fun and interactive workshop to nourish and improve your parent/child relationship. Dear parent/guardian, We would like to inform le would like to inform you of an important update regarding the school milk scheme, dministered by Cool Milk. Mid-morning milk provides a much-needed nutritional boost and eeps children hydrated between breakfast and lunch. Children receive free milk until the age of All parents and children (from any primary school) ' welcome! Come along to learn tips to: connect more, 5. After that, they can continue to reap the benefits of mid-morning milk at a subsidised* cost. improve behaviour, reduce arguments and understand Due to challenging weather conditions this spring and summer resulting in reduced milk volumes and anticipated increases in winter feed costs, the price of milk for children ow soon increase. This adjustment will help Cool Milk continue to support our valued dairy and support your child's emotions. partners. Please book EACH child on to a session below: However, there is good news! If your child is already 5 or will be turning 5 soon, you can still lock in the current price. Simply register your child at <u>www.coolmitk.com/register</u> and make a payment. You even have the option to pre-pay at the existing rate for the entire academic year. Available sessions starting at 10.00am OR 2.00pm For children who are already over 5, you can make payment immediately. If your child is still nder 5, we will email you shortly before their 5th birthday with easy steps to continue their eliveries. Rest assured, we will continue providing free milk automatically until they turn 5. **Tuesday 30th July** Landewednack School If you already have a Cool Milk account, simply log in to your ex ing account and make the Wednesday 31st July ment for the upcoming year. To register a sibling, select 'Add Child' and fill in their detailsit's that simple! **Troon School** Should you need further assistance, our customer service team is always here to help Wednesday 7th August Kind regards. Troon School Cool Mille Each session will last approx. 2 hours . Doors open 15 mins prior to session -**2**:0800 321 3248 please be on time Create a 'pebble pal' Make a 'family scroll' Games and crafts SCAN TO REGISTER Free resources to take away lik for under Ss is fully funded by DHSC via the Nursery Milk Scheme. Milk for over Ss is subsi hood Milk Schemen sed by Defra via the To request a place, complete the online form or scan the QR code provided: https://forms.office.com/e/nS DDCL9iS9 Cool Milk at School Ltd | Cool Milk House | Kingsley Park | Kingsley Read | Lincoln | LN6 37A | 😭 6600 321 3248 | 🛄 www

Tax-Free Childcare

Tax-Free Childcare is:

- For working families, including the self-employed, in the UK
- Earning under £100k and an average of £167 per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who aren't receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, up to £2,000 per child per year

For more information https://www.gov.uk/tax-free-childcare

DIARY DATES 2023/2024

SUMMER TERM 2024

Monday 22nd July 2.30pm Leaver's service

Wednesday 24th July Break for Summer @ 1.30pm

TERM DATES 2024/2025

Autumn term (74 days)

- 3rd September 2024 20th
 December 2024
- (Half term 28th October 1st November)

Spring Term 2025 (60 days)

- 6th January 2025– 4th April 2025
- (Half term 17th 21st February)

Summer Term 2025 (61 days)

- 22nd April 2025- 23rd July 2025
- (Half term 26th May 30th May)
- INSET DAYS 2nd –6th June 2025

TERM DATES 2023/2024

Autumn term (72 days)

- 3rd September 19th December 2023
- (Half term 23rd -27th October 2023)

Spring Term (56 days)

- 4th January 28th March 2024
- (Half term 12th-16th February 2024)

Summer term (67 days)

- 15th April 24th July 2024
- (Half term 27th May 31st May 2024)
- INSET 3rd-7th June 2024

KINDERGARTEN CLASS UPDATE

This week in Kindergarten we have listened to a string quartet and we sat and listened beautifully. We also met some new friends on our Transition afternoon and they had lots of fun! We have also been climbing, building and making dens. What a busy week!

REMINDER TO WEAR SCHOOL UNIFORM

Our school uniform is: sweatshirt/navy jumper or cardigan, polo shirt white/light blue navy/black trousers/joggers/leggings/skirt Sweatshirts, t-shirts and bookbags can be purchased through School Money and collected from the office

Neurodiverse?

A new system will be operational from April, for the assessment pathway for Autism and ADHD. It's not yet up and running, but Parent Carer Cornwall have a linked site, which has some great information for parents about neurodiversity. If you'd like to take a look: https://parentcarercornwall.org.uk/ and find the 'Neurodiversity Hub' tab at the top of the page

Smartphone information for parents

Please find below some links regarding smartphone usage for children. It was very kindly sent to us by one of our parents and it is interesting information for any parents/carers who are concerned about smartphones and social media for children. I hope you find it useful.....

https://amp.theguardian.com/technology/2024/feb/17/thousands-join-uk-parentscalling-for-smartphone-free-childhood

https://smartphonefreechildhood.co.uk/

ND PROFILIING TOOL

Please see link below for online sessions for parents about the ND profiling tool https://www.eventbrite.com/e/information-session-for-parentscarers-on-the-neurodiversity-profiling-tool-tickets-884811554177

Germoe Well-Being Borrowing Library

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiet, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



Headstart Kernow

For children in Y5/6 and older - Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

https://www.startnowcornwall.org.uk

Twitter and Instagram

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe

Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.





Parenting a child aged 0-19



Parenting Support Summer Open Sessions

Join us for tea, coffee and biscuits and the opportunity to speak to our friendly parenting team, who can offer support, advice and information. It will also be a chance to meet and chat with other parents. All are welcome.

Venue	Date:	Time:	Session:
Heiston	Tue, 30 July	13:30-15:00	Craft, Chat and Chill: Managing Anxiety & Staying Calm
Family Hub	Mon, 5 Aug	09.30-11.30	Wellbeing Walk
	Wed, 7 Aug	09.30-11.30	Craft, Chat and Chill: Making Memories
	Mon, 12 Aug	09.30-11:30	Wellbeing Walk
	Tue, 13 Aug	13:30-15:00	Craft, Chat and Chill: Support with Routines and Boundaries
Redruth	Tue, 6 Aug	12:30-14:30	Craft, Chat and Chill: Making Memories
Family Hub	Tue, 20 Aug	09:30-11:30	Craft, Chat and Chill: Staying Safe Online
Camborne	Wed, 14 Aug	14:00-15:30	Wellbeing Walk
Family Hub			

Contact US Telephone: 01872 326756 Email: Kerrier.Familyhub@cornwall.gov.uk







Parenting Workshops April - August 2024

Workshop Dates

ondays 18:00-20:00

09:30-11:30

12:30-14:30

Mondays

18:00-20:00

Thursdays

12:30-14:30

Wednesdays

18:00-20:00

09:30-11:30

Ages 1-3

Ages 1-3

Ages 4-8

Ages 4-8

Ages 9-11

Ages 9-11

Ages 4-8

Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops · Understanding how your child is
- feeling Tuning into what your child needs
- · Responding to how your child is feeling
- · Different styles of parenting
- Having fun together
- The rhythm of interaction
- · Why is sleep important? .

Supporting Healthy

Workshop Description

Arguing Better (AB) Workshop Description

A course for all new or expectant

· What your baby picks up on

How to support each other · How arguments start, and how to

manage them constructively

Delivered over 3 weeks, each weekly session

A course for all parents/carers with a child

 How to support each other How arguments start, and how to manage them constructively Impact on children

Me You and Baby Too (MYBT)

Delivered over 3 weeks, each weekly session

Relationships

is 2-hours.

is 2-hours.

of any age:

parents/carers:

- Self-regulation and anger Communication and tuning in
- Looking back and looking forwards
- www.cornwall.gov.uk/parenting



Information Classification: PUBLIC

22.04.24-24.06.24

Virtual MS Teams

05.06.24-07.08.24

Virtual MS Teams

Virtual MS Teams

03.06.24-05.08.24

Virtual MS Teams

02.05.24-11.07.24

Virtual MS Teams

08.05.24-17.07.24

Virtual MS Teams

13.05.24-22.07.24

Wadebridge Family Hub

23.04.24 - 25.06.24

Getting it Right for Children (GIRFC) Workshop Description

Delivered over 3 weeks, each weekly session is 2hours.

- A course for separating or separated parents/carers:
- Finding solutions and making compromises

Countywide – VIRTUAL			
Ages pre- birth – 12months	Wednesdays 09:30-11:30	17.04.24-01.05.24 Virtual MS Teams	
Ages pre- birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams	

Ages 1-19	Thursdays	02.05.24-16.05.24
vecs 1.12	maradaya	02.03.24-20.03.24
	18:00-20:00	Virtual MS Teams
Ages 1-19	Tuesdays	02.07.24-16.07.24
	12:30-14:30	Virtual MS Teams

GIRFC Workshop Dates

Countywide	e – VIRTUAL	
Ages 0-19	Fridays	19.04.24-03.05.24
	09:30-11:30	Virtual MS Teams
Ages 0-19	Thursdays	06.06.24-20.06.24
	18:00-20:00	Virtual MS Teams

(f) www.cornwall.gov.uk/parenting



Parents Plus Adolescent Programme

Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- ٠ Getting to know your teenager
- · Establishing rules with teenagers Connecting with your teenager
- · Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- **Empowering teenagers**
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care



Workshop Dates

Countywide	- VIRTUAL	
Ages 12-18	Wednesdays	01.05.24-26.06.24
	18:00-20:00	Virtual MS Teams
Ages 12-18	Mondays	03.06.24-29.07.24
	09:30-11:30	Virtual MS Teams
East		
Ages 12-18	Thursdays	02.05.24-04.07.24
	09:30-11:30	Saltash Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Wadebridge Family Hub
Mid		
Ages 12-18	Fridays	19.04-24-21.06.24
	12:30-14:30	The Park Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Newquay Family Hub
West		
Ages 12-18	Tuesdays	28.05.24-23.07.24
	12:30-14:30	Penzance Family Hub
Ages 12-18	Wednesdays	05.06.24-31.07.24
	12:30-14:30	Helston Family Hub



(A) www.cornwall.gov.uk/parenting

Information Classification: PUBLIC

How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.

en aged 0 to 11

Virtual - Und Understanding your child

Indentanding your child lages 1 C Understanding your child lages 1 (to 3) The Park Family Hub

Mr. You and Budy Too - Virtual -

Table 3 - Inte

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Contact us

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Email: parenting@cornwall.gov.uk Call: 01872 324323

If you would like this information in another format please contact: Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



- · How to stay calm and listen
- Seeing things differently

MYBT Workshop Dates

Countywide – VIRTUAL			
Ages pre- birth – 12months	Wednesdays 09:30-11:30	17.04.24-01.05.24 Virtual MS Teams	
Ages pre- birth –	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams	

AB Workshop Dates

Countywide	2 - VIRTUAL	
Ages 1-19	Thursdays	02.05.24-16.05.24
	18:00-20:00	Virtual MS Teams
Ages 1-19	Tuesdays	02.07.24-16.07.24
	12:30-14:30	Virtual MS Teams

e – VIRTUAL	
Fridays	19.04.24-03.05.24
09:30-11:30	Virtual MS Teams
Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams
	Fridays 09:30-11:30 Thursdays

Bitesize Parenting Workshop Description

Bitesize parenting workshops are weekly 2-hour sessions (18:00-20:00) delivered by our parenting team to support on a wide range of topics. Please

book on by visiting www.cornwall.gov.uk/parenting

Topics include:

Bitesize Child (for parents/carers of children aged 4-11)

Bullying - How to talk to children about bullying and support them if they are experiencing it. Remaining calm - How to look after yourself as a parent.

Praise and rewards -This workshop focuses on using praise and rewards to support behaviour you'd like to see more of.

Special time with your child - How quality time rith children can help with behaviou

Routines and boundaries - Looking at why routines and boundaries are important and how these can be put in place effectively to support children, parents and family life.

Technology and safety - This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

Bitesize Teen (for parents/carers of young people aged 12-19)

Teenage brain - Come along and learn about the changes adolescents experience in their brain development, how it impacts them and how parents can support their young person.

Technology and safety - This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

Sibling rivalry and conflict - Tips to manage conflict between siblings in the home.

Remaining calm - How to look after yourself as a parent.

Mental wellbeing - Tips about how to communicate with young people about their

feelings.



Workshop Dates:

Date	of children aged 4-11)
07.05.24	Bullying
21.05.24	Remaining calm
11.06.24	Praise and rewards
25.06.24	Special time with your child
09.07.24	Routines and boundaries
23.07.24	Technology and safety

Date	Bitesize Teen (for parents/carers of young people aged 12-19)
14.05.24	Teenage brain
04.06.24	Technology and safety
18.06.24	Sibling rivalry and conflict
02.07.24	Remaining calm
16.07.24	Mental wellbeing
'o book on	to a Bitesize Teen, please scan here:

(1) www.cornwall.gov.uk/parenting

I want to find out about clubs I want to look at a past or present newsletter

I want to see what is on the lunch menu

School information finder - Germoe

need to contact school non-urgently

I want to report my child absent from

want to read a school policy

What information do you need?

I need to contact school urgently

I need to find a list of teachers

I need to know term dates

upload their homework

trips etc

Where to find the information Phone on 01736 763310 Email secretary.germoe@fbgschools.co.uk or email class teacher(name plus @fbgschools.co.uk) School website www.germoe.cornwall.sch.uk Our school – Meet the staff School website www.germoe.cornwall.sch.uk Parent info - Term dates I need to see if my child has homework or See saw Reading records Phone call before 0900 on 01736 763310 School website I want to find out about upcoming dates, www.germoe.cornwall.sch.uk

Calendar School website

www.germoe.cornwall.sch.uk Our school - Policies School website

I want to see the school development plan www.germoe.comwall.sch.uk Our school - school development plan

> School website www.germoe.cornwall.sch.uk Parent info – Menu School website

www.germoe.cornwall.sch.uk Parent info - Newsletter

School Website

www.germoe.cornwall.sch.uk Parent info - Newsletter Phone or email 01736763310

I need to report a safeguarding matter to Paula Blackburn head@fbgschools.co.uk Angie Larcombe alarcombe@fbgschools.co.uk Denise Rusga drusga@fgbschools.co.uk



CRICKET COACHING

Rosudgeon c c are running a ECB cricket coaching course run by a ECB qualified coach. It is for 8 - 11 years old using fun to learn coaching techniques so everybody will have a good time on the evening.

Parents can pre-book online on the ECB website but also can come along on the evening and try it out to see if their children like it or not?

The sessions start on Tuesday the 14th May and on until around mid July. The cost would be £4 per night.







Information session for Parents/Carers on the Neurodiversity Profiling Tool

Children and young people who are showing signs of neurodevelopmental needs can now access a new tool which can help identify what support

名 Eventbrite / May 21



classes for 7 to 13s

We have some lovely Summer art classes for children planned here at the School of Painting. They explore a variety of mediums and are led by different artists.

Please noise these are not subsidised workshops and have a higher price point to generate income, this is so we can offer discounted prices of term-time workshops.



KIDS ART CLASSES FOR 7-13 YEAR OLDS

JULY

Fri 10am-12:30 640 Intend Ioam-Almon drawing with graphin, creating tone with lok, and then incorporate was.

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schoolo/painting.co.uk

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Ph 108/5-12.30	0.40
Payful Print: Collagraph Experiment with collagraph, a tentaral approach to printmaking	2 Aug
Constal Colour & Collage Using a minimum of materials, Nam for making at materials and capturing what yes set.	9 Aug
Nature Patterns Explore the world of concemporary college, implied by the vibrant patterns croated by artist Beatria Milhanes.	16.kag
Simply Collour Dopy forming from to work with colorar improved by Coll Adman, a famous Analy- American port and artist.	23.hug
Playlul Print; Repeat Pattern Learn bear to make a never ending pattern derough a satisfying trick in prior making?	30.kug

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