

Germoe School Newsletter

Dear Parents and Carers,

28th March 2024



Message from Miss Symons

Here we are at the end of another term! It seems to have flown by. We've been enjoying seeing all the signs of spring emerging and are looking forward to hopefully more sunny days after the holidays.

It's been wonderful to see so many of you this week at: the art exhibition, Rinsey Class's showcase of their Egyptian learning and last night's Songfest performance. Thank you to those who have been able to come in and share in our pupils learning- it means so much to them.

KS2 have come to the end of their swimming sessions this term and it has been so encouraging to see the progress that they have made. Penzance leisure centre have discounted swim sessions over the Easter break, and we encourage all children to continue developing their water confidence/ swimming skills whenever possible.

Thank you for all your support this term! I hope you have a wonderful Easter break! See you on Monday 15th April.

Miss Symons

GO-KART BUILDING

Did you spend your childhood building a go-kart? Are you artistic? Godrevy class will be beginning to build their electric powered go-kart ready to race later in the term. We would love as many hands as possible to both help us with our build and to create our bodywork. If you are free to help at any time during the 19th April please let Miss Symons know!

MENU

The first week back after Easter we will be on week 2 of the menu

NO CLUBS

There will not be any afterschool clubs the first week back after the Easter holidays but there will still be Breakfast Club and Afterschool Care every day.

Morning Drop-off

Please note that staff are **not on duty until 8:45** and therefore please continue to supervise children if you arrive early on the playground until this time.

REMINDER

Please can all Breakfast/After school care needs to be booked by the end of the school day, the day before it is needed, to ensure we have the correct pupil/staff ratios.

ART EXHIBITION

A massive thank you to all the parents, carers and co-learners that attended the Kindergarten and Ks1 art exhibition this week. I'm sure you'll agree that there was a lot of skill on display, and appreciate the perseverance, effort and enjoyment that went into making all those pieces. Thank you to those that bought a tea and a biscuit- we're looking forward to spending the proceeds on more art supplies for our brilliant learners.

BOOKS!

Mrs Reeves and Mrs Nicholas had a day out this week at the Unwin Libraries for Primaries programme, learning all about reading for pleasure (as if we need persuading!) and making the most of our book spaces. We're looking forward to the 400 new books arriving in our schools soon- watch this space!



HEAD LICE!!

We have been informed that Headlice are doing the rounds again!! Please can we ask that you check your child/rens hair and treat accordingly as per the advice below:
Wet combing method:

- Wash the hair with ordinary shampoo and apply plenty of conditioner.
- Use an ordinary, wide-toothed comb to straighten and untangle the hair.
- Once the comb moves freely through the hair without dragging, switch to the louse detection comb.
- Make sure the teeth of the comb slot into the hair at the roots, with the edge of the teeth lightly touching the scalp.
- Draw the comb down from the roots to the ends of the hair with every stroke, and check the comb for lice each time remove lice by wiping the comb with tissue paper or rinsing it.
- Work through the hair, section by section, so that the whole head of hair is combed through.
- Do this at least twice to help ensure you haven't missed any areas, until no more lice are found.

IMPORTANT - Repeat this procedure on days five, nine and 13. Detection combing should be done on day 17, to check for any live head lice.

REMINDER TO WEAR SCHOOL UNIFORM

Our school uniform is: sweatshirt/navy jumper or cardigan, polo shirt white/light blue navy/black trousers/joggers/leggings/skirt

Sweatshirts, t-shirts and bookbags can be purchased through School Money and collected from the office

School Closures in Emergency - Agreed Notification Procedure

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

DIARY DATES 2023/2024

SUMMER TERM 2024

Monday 15th April Back to school

Godrevy Class 'Oceans showcase' for parents 3pm

Friday 19th April

1st surfing lesson and every Friday until Friday 24th May

Godrevy Class go-kart building

22nd-24th April

Rinsey class camp

23rd April 9.00 am

Coffee and cake meeting

20th - 24th May

Godrevy France trip

Friday 24th May

Last Surfing lesson.

Monday 17th June to Wednesday 19th June

Helston School Y6 Transition events

20th June 9am

Coffee and cake meeting

24th June

1:45pm Sports Day

29th June

Mazey Day

22nd July

2.30pm Leaver's service

24th July

Break for Summer

TERM DATES 2023/2024

Autumn term (72 days)

- 4th September 19th
 December 2023
- (Half term 23rd -27th October 2023)

Spring Term (56 days)

- 4th January 28th March 2024
- (Half term 12th-16th February 2024)

Summer term (67 days)

- 15th April 24th July 2024
- (Half term 27th May 31st May 2024)
- INSET 3rd-7th June 2024

Information for all settings: Guidance on measles outbreaks

There have been recent localised outbreaks of measles centred around the West Midlands. There is a risk of further outbreaks in other areas unless urgent action is taken to increase Measles, Mumps and Rubella (MMR) vaccination take up in areas with low MMR vaccine rates.

Measles spreads very easily among those who are unvaccinated, especially in nurseries and schools. The best protection against measles for children and adults is to get both doses of the MMR vaccine. It is never too late to have these vaccinations.

https://www.nhs.uk/conditions/measles/

Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

Smartphone information for parents

Please find below some links regarding smartphone usage for children. It was very kindly sent to us by one of our parents and it is interesting information for any parents/carers who are concerned about smartphones and social media for children. I hope you find it useful..... https://amp.theguardian.com/technology/2024/feb/17/thousands-join-uk-parents-calling-for-smartphone-free-childhood

https://smartphonefreechildhood.co.uk/

Neurodiverse?

A new system will be operational from April, for the assessment pathway for Autism and ADHD. It's not yet up and running, but Parent Carer Cornwall have a linked site, which has some great information for parents about neurodiversity. If you'd like to take a look:

https://parentcarercornwall.org.uk/ and find the 'Neurodiversity Hub' tab at the top of the page

SAFETY NOTICE

We have seen cars parking on the pavement, below the playground, at drop off and collection times. Please can we ask that you refrain from doing this as it means parents and children have to go into the road to get around the parked cars.

Thank you







Dear Parent/Guardian,

Time2Move Holiday Programme – Easter 2024

It is with great pleasure that we can inform you that the Time2Move Holiday Programme for Easter 2024 is live.

The programme offers fun physical activities, games and wider activities plus a funded meal for every child. All children are welcome to attend, and it is completely *funded* for children that are eligible for benefits-related Free School Meals.

As a parent or guardian of a child eligible for benefits related free school meals you will need your child's unique code in order to access the activities for free. You can access your child's code quickly and easily at:

www.comwall.gov.uk/time2move

Once you have this code you can search and book on activities here:

www.activecornwall.org/T2MHolidayProgramme

The activities are all delivered by approved providers with the main focus on fun and enjoyment. So please search for activities near you, book your child's place and we look forward to seeing your child over the Easter holidays.

For any questions regarding the Time2Move Holiday Programme please email Time2Move.HolidayProgramme@cornwall.gov.uk or phone 01872 324287.

Yours faithfully

The Time2Move Holiday Programme Team

Cornwall Council | Konsel Kernow New County Hall, Treyew Road, Truro, Cornwall TR1 3AY E: Time2Move.HolidayProgramme@cornwall.gov.uk | T: 01872 324287 www.cornwall.gov.uk



EASTER 2024

- · Activities including multi sports, forest schools, circus skills, water sports and lots more - for children aged 5 to 16
- Every session includes a healthy meal for all children
- . Funded places for ALL children eligible for benefits related free school meals

Activities are taking place across Cornwall during the Easter holidays, from April 2nd - 12th

Scan here to book!



www.activecornwall.org/T2MHolidayProgramme/ Time2Move.HolidayProgramme@cornwall.gov.uk 01872 324287







PERRANUTHNOE CLASS UPDATE



This week in Kindergarten, we have been artists! Along with Perranuthnoe class, we held our very own art exhibition at the village hall. We helped t frame and display our work, and the rest of the school and lots of peole came to view it! We really enjoyed exhibiting our work, we very much hope everyone enjoyed it too!







Germoe Well-Being Borrowing Library

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiet, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



Headstart Kernow

For children in Y5/6 and older - Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

https://www.startnowcornwall.org.uk

Twitter and Instagram

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.

Tax-Free Childcare

Tax-Free Childcare is:

- For working families, including the self-employed, in the UK
- Earning under £100k and an average of £167 per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who aren't receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, up to £2,000 per child per year

For more information https://www.gov.uk/tax-free-childean

Parenting Workshops January - March 2024





Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- · Understanding how your child is feeling
- · Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- · Having fun together
- The rhythm of interaction
- · Why is sleep important?
- Self-regulation and anger
- Communication and tuning in Looking back and looking forwards



www.cornwall.gov.uk/parenting

Workshop Dates

East		
Ages 1-3	Mondays	15.01.24 - 25.03.24
	9:30-11:30	Bodmin Family Hub
Ages 4-8	Thursdays	11.01.24 - 21.03.24
	9:30-11:30	Callington Family Hub
Mid		
Ages 1-3	Fridays	12.01.24 - 22.03.24
	9:30-11:30	The Park Family Hub
Ages 4-8	Thursdays	11.01.24 - 28.03.24
	9:30-11:30	Trelander Family Hub
West		
Ages 1-3	Mondays	15.01.24 - 25.03.24
	9:30-11:30	Troon Family Hub
Ages 4-8	Thursdays	11.01.24 - 21.03.24
	9:30-11:30	Hayle Family Hub
Countywide		
Ages 1-3	Thursdays	11.01.24 - 21.03.24
	12:30-14:30	Virtual MS Teams
Ages 1-3	Wednesdays	21.02.24 - 24.04.24
	18:00-20:00	Virtual MS Teams
Ages 4-8	Wednesday	24.01.24 - 27.03.24
	12:30-14:30	Virtual MS Teams
Ages 9-11	Wednesdays	24.01.24 - 27.03.24
	9:30-11:30	Virtual MS Teams
Ages 9-11	Thursdays	22.02.24 - 25.04.24
	18:00-20:00	Virtual MS Teams
Ages 9-11	Mondays	26.02.24 - 29.04.24
	18:00-20:00	Virtual MS Teams



Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- What's adolescence?
- Encouraging young people
- The power of listening
- · Misbehaviour and listening
- The four styles of parenting
- Taking stock, "I" statements and boundaries
- · Negotiating boundaries and consequences
- When adults disagree more negotiation practice
- Saying goodbye and moving on

Living with Parents

Workshop Description

A one-day workshop delivered over 5hours.

This is an evidence-based workshop for parents and carers to attend with their young person:

- · Interactive/structured activities
- Guided discussion
- · Group work
- · Strategies and top tips · Discussing effective
- Relationship building Boundary setting

Workshop Dates

Information Classification: PUBLIC

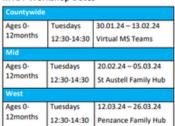
East		
Ages 12-18	Mondays	08.01.24 - 18.03.24
	12:30-14:30	Bodmin Family Hub
Ages 12-18	Thursdays	11.01.24 - 21.03.24
	12:30-14:30	Callington Family Hub
Mid		
Ages 12-18	Fridays	12.01.24 - 22.03.24
	12:30-14:30	The Park Family Hub
Ages 12-18	Thursdays	11.01.24 - 21.03.24
	12:30-14:30	Trelander Family Hub
West		
Ages 12-18	Mondays	08.01.24 - 18.03.24
	12:30-14:30	Troon Family Hub
Ages 12-18	Thursdays	11.01.24 - 21.03.24
	12:30-14:30	Hayle Family Hub
Countywide		
Ages 12-18	Fridays	12.01.24 - 22.03.24
	9:30-12:30	Virtual MS Teams
Ages 12-18	Thursdays	20.02.24 - 23.04.24
	18:00-20:00	Virtual MS Teams

Workshop Dates

East		
Ages 12-18	Friday	09.02.24
	9:30-14:30	Wadebridge Family Hub
Ages 12-18	Friday	15.03.24
	9:30-14:30	Torpoint Family Hub
Mid		
Ages 12-18	Friday	22.03.24
	9:30-14:30	Trelander Family Hub
West		
Ages 12-18	Friday	TBD
	TBD	



www.cornwall.gov.uk/parenting





Me You and Baby Too (MYBT)

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- · How arguments start, and how to manage them constructively

Arguing Better (AB)

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- · Impact on children

Getting it Right for Children (GIRFC) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- · How to stay calm and listen
- · Seeing things differently
- · Finding solutions and making compromises

MYBT Workshop Dates

Countywide		
Ages 0-	Tuesdays	30.01.24 – 13.02.24
12months	12:30-14:30	Virtual MS Teams
Mid		
Ages 0-	Tuesdays	20.02.24 - 05.03.24
12months	12:30-14:30	St Austell Family Hub
West		
Ages 0-	Tuesdays	12.03.24 – 26.03.24
12months	12:30-14:30	Penzance Family Hub

AB Workshop Dates

Countywide		
Ages 0-19	Tuesdays	30.01.24 - 13.02.24
	12:30-14:30	Virtual MS Teams
East		
Ages 0-19	Tuesdays	20.02.24 - 05.03.24
	12:30-14:30	Launceston Family
		Hub
West		
Ages 0-19	Tuesdays	20.02.24 - 05.03.24
	12:30-14:30	Penzance Family Hub

GIRFC Workshop Dates

Countywide		
Ages 0-19	Tuesdays	30.01.24 - 13.02.24
	12:30-14:30	Virtual MS Teams
East		
Ages 0-19	Tuesdays	12.03.24 - 26.03.24
	12:30-14:30	Launceston Family
		Hub
Mid		
Ages 0-19	Tuesdays	12.03.24 - 26.03.24
	12:30-14:30	St Austell Family Hub



www.cornwall.gov.uk/parenting

How to access

Parents/carers or professionals can access the parenting offer by visiting

www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday - Friday, 9am - 5pm to support queries.



Contact us

Email: parenting@cornwall.gov.uk Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100







Parenting Workshops April - August 2024





Solihull - Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- · Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- · Different styles of parenting
- · Having fun together
- The rhythm of interaction

Supporting Healthy

Workshop Description

Arguing Better (AB) **Workshop Description**

is 2-hours.

A course for all new or expectant

· What your baby picks up on · How to support each other · How arguments start, and how to manage them constructively

Me You and Baby Too (MYBT)

Delivered over 3 weeks, each weekly session

Delivered over 3 weeks, each weekly session

A course for all parents/carers with a child · How to support each other · How arguments start, and how to manage them constructively · Impact on children

Relationships

parents/carers:

- · Why is sleep important?
- Self-regulation and anger
- · Communication and tuning in Looking back and looking forwards



www.cornwall.gov.uk/parenting

Workshop Dates

Countywide	- VIRTUAL	
Ages 1-3	Mondays	22.04.24-24.06.24
- 903 2 3	18:00-20:00	Virtual MS Teams
Ages 1-3	Wednesdays	05.06.24-07.08.24
Ages 1-5	09:30-11:30	Virtual MS Teams
Ages 4-8	Tuesdays	23.04.24 - 25.06.24
vBez a-o	12:30-14:30	Virtual MS Teams
	22.00 2.1.00	
Ages 4-8	Mondays	03.06.24-05.08.24
	18:00-20:00	Virtual MS Teams
Ages 9-11	Thursdays	02.05.24-11.07.24
	12:30-14:30	Virtual MS Teams
Ages 9-11	Wednesdays	08.05.24-17.07.24
	18:00-20:00	Virtual MS Teams
East		
Ages 4-8	Mondays	13.05.24-22.07.24
	09:30-11:30	Wadebridge Family Hub
Ages 9-11	Tuesdays	30.04.24-09.07.24
	12:30-14:30	Launceston Family Hub
Mid		
Ages 1-3	Tuesdays	04.06.24-06.08.24
	12:30-14:30	St Austell Family Hub
Ages 4-8	Thursdays	02.05.24-11.07.24
	12:30-14:30	Newquay Family Hub
Ages 9-11	Fridays	10.05.24-12.07.24
	09:30-11:30	The Park Family Hub
West		
Ages 1-3	Thursdays	02.05.24-11.07.24
	09:30-11:30	Gooseberry Bush Nursery
Ages 4-8	Wednesdays	08.05.24-17.07.24
	09:30-11:30	Helston Family Hub
Ages 9-11	Mondays	13.05.24-22.07.24
	12:30-14:30	Penzance Family Hub



Parents Plus Adolescent Programme

Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- · Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- · Connecting with your teenager
- · Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- · Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

Workshop Dates

Countywide	- VIRTUAL	
Ages 12-18	Wednesdays	01.05.24-26.06.24
	18:00-20:00	Virtual MS Teams
Ages 12-18	Mondays	03.06.24-29.07.24
	09:30-11:30	Virtual MS Teams
East		
Ages 12-18	Thursdays	02.05.24-04.07.24
	09:30-11:30	Saltash Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Wadebridge Family Hub
Mid		
Ages 12-18	Fridays	19.04-24-21.06.24
	12:30-14:30	The Park Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Newquay Family Hub
West		
Ages 12-18	Tuesdays	28.05.24-23.07.24
	12:30-14:30	Penzance Family Hub
Ages 12-18	Wednesdays	05.06.24-31.07.24
	12:30-14:30	Helston Family Hub





www.cornwall.gov.uk/parenting

Workshop Description

Delivered over 3 weeks, each weekly session is 2-

A course for separating or separated parents/carers:

Getting it Right for Children (GIRFC)

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-	Wednesdays	17.04.24-01.05.24
birth – 12months	09:30-11:30	Virtual MS Teams
Ages pre- birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays	02.05.24-16.05.24
	18:00-20:00	Virtual MS Teams
Ages 1-19	Tuesdays	02.07.24-16.07.24
	12:30-14:30	Virtual MS Teams

GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays	19.04.24-03.05.24
	09:30-11:30	Virtual MS Teams
Ages 0-19	Thursdays	06.06.24-20.06.24
	18:00-20:00	Virtual MS Teams

www.cornwall.gov.uk/parenting

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If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.

Information Classification: PUBLIC



Email: parenting@cornwall.gov.uk Call: 01872 324323

If you would like this information in another format please contact: Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100









School information finder - Germoe

What information do you need? Where to find the information

I need to contact school urgently Phone on 01736 763310

Email secretary.germoe@fbgschools.co.uk or email class teacher(I need to contact school non-urgently

name plus @fbgschools.co.uk)

School website

I need to find a list of teachers www.germoe.cornwall.sch.uk

Our school - Meet the staff

School website

www.germoe.cornwall.sch.uk I need to know term dates

Parent info - Term dates

I need to see if my child has homework or

upload their homework

Reading records

See saw

I want to report my child absent from

school

Phone call before 0900 on 01736 763310

I want to find out about upcoming dates,

trips etc

School website

www.germoe.cornwall.sch.uk

Calendar

School website

School website

I want to read a school policy www.germoe.cornwall.sch.uk

Our school - Policies

I want to see the school development plan www.germoe.cornwall.sch.uk

Our school – school development plan

School website

I want to see what is on the lunch menu www.germoe.cornwall.sch.uk

Parent info – Menu

School website

I want to find out about clubs www.germoe.cornwall.sch.uk

Parent info - Newsletter

School Website

I want to look at a past or present

newsletter

www.germoe.cornwall.sch.uk

Parent info - Newsletter

Phone or email 01736 763310

I need to report a safeguarding matter to

school

Paula Blackburn head@fbgschools.co.uk

Angie Larcombe alarcombe@fbgschools.co.uk

Denise Rusga drusga@fgbschools.co.uk