



Germoe School Newsletter

14th June 2024

Message from Miss Blackburn

Dear parents and carers.

I hope you had a lovely break, we certainly had great weather for it. It's been a busy first week back but I have to take you back to just before half term.... we took children from years 5 and 6 to Paris for their school camp. I have to say, we are so proud of them all. Their behaviour was highly commended by many people including the bus driver and the centre manager. They got to do lots of activities at the Chateaux and they visited a French market town, the Eiffel Tower and other attractions in the centre and including a boat trip down the River Seine. They also spent a day at Disneyland Paris where I was coaxed into going on all of the fast rides with the daredevils of the group! It was very well organised by PGL and we will be provisionally booking for the same time in 2026.



Have a lovely weekend

Paula Blackburn

Athlete Visit on Monday

All children can come to school in their **school PE kit** on Monday

Please hand in the sponsorship money, in a named envelope, on Monday 24th June (1 week after the visit).

Y5/6 Junk Modelling request

Y5/6 are doing a STEM project this half term and will need lots of cardboard, boxes, plastic bottles, pipes, tubes, plastic pots, straws, and other modelling junk, wool, string, bottle tops etc - if it has potential to be fashioned into something else, we want it!



CRICKET COACHING

Rosudgeon c c are running a ECB cricket coaching course run by a ECB qualified coach. It is for 8 - 11 years old using fun to learn coaching techniques so everybody will have a good time on the evening .

Parents can pre-book online on the ECB website but also can come along on the evening and try it out to see if their children like it or not ?

The sessions start on Tuesday the 14th May and on until around mid July . The cost would be £4 per night .



Morning Drop-off

Please note that staff are not on duty until 8:45 and therefore please continue to supervise children if you arrive early on the playground until this time.

Important notice

For the respiratory health of our children who are learning outside, please turn off your engine in the car park.

CLUBS

To sign up please email Mrs Care secretary.germoe@fbgschools.co.uk

All clubs are Y1 –Y6 unless stated otherwise:

Monday

Rounders – Miss Symons

Book Club **Y2-Y6** – Miss Reeves

Tuesday

Football – **Y2-Y6** Mr Conway

Yoga – Miss Burns

Thursday

Eco club – Mrs Knight

SPORTS FOR SCHOOLS

Dear Parent or Guardian,

A top GB athlete will be leading a sponsored fitness circuit with all pupils on Monday, 17th June, followed by a motivational assembly, and Q&A session. The aim of the event is to inspire the pupils to be more physically active, but just as importantly, encourage them to discover and pursue their passion in life.

The event will both connect the pupils to an extraordinary athlete role model and raise money to improve physical activity in the school, as well as supporting both athletes and para-athletes, so that they can continue to inspire the next generation.

Attached is a sponsorship form for your child to use to help raise money for the event. You can also sponsor your child by visiting: www.sportsforschools.org and clicking on the button "Set up a Fundraiser Page". Alternatively, you can scan the QR code to go directly to the online sponsorship page.

As a thank you, pupils will receive the following thank-you gifts for meeting these milestones:

Raise anything: A5 sheet of motivational stickers

Raise £5 or more: sheet of stickers, plus a blue Sports for Schools wristband

Raise £15 or more: all of the above, plus a red wristband with the athlete's signature

Raise £30 or more: all of the above, plus a signed athlete poster

Please ensure that the sponsorship form and money are returned to the school office by Monday 24th June.

Please also make sure that your children come to school on the event day with their PE Kits!

Thank you in anticipation of creating a terrific and memorable event.

HEAD LICE

Cornwall council health department – information on the treatment of Head Lice

Wet combing method:

- Wash the hair with ordinary shampoo and apply plenty of conditioner.
 - Use an ordinary, wide-toothed comb to straighten and untangle the hair.
 - Once the comb moves freely through the hair without dragging, switch to the louse detection comb.
 - Make sure the teeth of the comb slot into the hair at the roots, with the edge of the teeth lightly touching the scalp.
 - Draw the comb down from the roots to the ends of the hair with every stroke, and check the comb for lice each time – remove lice by wiping the comb with tissue paper or rinsing it.
 - Work through the hair, section by section, so that the whole head of hair is combed through.
 - Do this at least twice to help ensure you haven't missed any areas, until no more lice are found.
- IMPORTANT – Repeat this procedure on days five, nine and 13. Detection combing should be done on day 17, to check for any live head lice.

REMINDER TO WEAR SCHOOL UNIFORM

Our school uniform is:

sweatshirt/navy jumper or cardigan,

polo shirt white/light blue

navy/black trousers/joggers/leggings/skirt

Sweatshirts, t-shirts and bookbags can be purchased through School Money and collected from the office

School Closures in Emergency – Agreed Notification Procedure

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

DIARY DATES 2023/2024

SUMMER TERM 2024

Tuesday 18th June

to Wednesday 19th June

Helston School Y6 Transition events

Wednesday 19th June

Perranuthnoe St Michaels Mount trip

Thursday 20th June 9am

Coffee and cake meeting

Monday 24th June

1:45pm Sports Day and Summer Fayre

Tuesday 25th June

Godrevy class out - Go-kart racing

Saturday 29th June

Mazey Day

Tuesday 2nd - 3rd July

Y6 Mullion Transition

Wednesday 10th July

Summer Production

Tuesday 16th July

whole school transition

Wednesday 17th July

Germoe's Got Talent

Monday 22nd July

2.30pm Leaver's service

Wednesday 24th July

Break for Summer

TERM DATES 2023/2024

Autumn term (72 days)

- 4th September - 19th December 2023
- (Half term 23rd -27th October 2023)

Spring Term (56 days)

- 4th January - 28th March 2024
- (Half term 12th-16th February 2024)

Summer term (67 days)

- 15th April - 24th July 2024
- (Half term 27th May - 31st May 2024)
- **INSET 3rd-7th June 2024**

GODREVY CLASS UPDATE

This week we have been enjoying catching up with our friends and hearing about what they have been up to for the past 3 weeks. Before half term, half of us went to Paris and the other half stayed at Germoe.

Those of us who stayed here watched Frozen and built dens in our outdoor area- we made playdough characters who lived in them. We also painted pictures onto cardboard using the artist Alfred Wallace as inspiration. Every day we read with Perranuthnoe Class and really enjoyed it.

Those of us who went to Paris stayed in a chateau which was run by PGL. While we were there we went to the Eiffel Tower- it was extremely high and we could almost see the whole of Paris. We also went to Disneyland and went on most of the rides. Sam's favourite ride was the Avengers one and Morgan's was the Tower of Terror.



Neurodiverse?

A new system will be operational from April, for the assessment pathway for Autism and ADHD. It's not yet up and running, but Parent Carer Cornwall have a linked site, which has some great information for parents about neurodiversity. If you'd like to take a look: <https://parentcarercornwall.org.uk/> and find the 'Neurodiversity Hub' tab at the top of the page

Smartphone information for parents

Please find below some links regarding smartphone usage for children. It was very kindly sent to us by one of our parents and it is interesting information for any parents/carers who are concerned about smartphones and social media for children. I hope you find it useful....

<https://amp.theguardian.com/technology/2024/feb/17/thousands-join-uk-parents-calling-for-smartphone-free-childhood>

<https://smartphonefreechildhood.co.uk/>

ND PROFILING TOOL

Please see link below for online sessions for parents about the ND profiling tool
<https://www.eventbrite.com/e/information-session-for-parentscarers-on-the-neurodiversity-profiling-tool-tickets-884811554177>

Germoe Well-Being Borrowing Library

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiety, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



Headstart Kernow

For children in Y5/6 and older - Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

<https://www.startnowcornwall.org.uk>

Twitter and Instagram

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe

Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.

Tax-Free Childcare

Tax-Free Childcare is:

- For **working families**, including the self-employed, **in the UK**
- Earning **under £100k** and **an average of £167** per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who **aren't** receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, **up to £2,000 per child per year**

For more information <https://www.gov.uk/tax-free-childcare>

Together for Families Parenting

Parenting Workshops

April - August 2024



Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

www.cornwall.gov.uk/parenting

Workshop Dates

Countywide – VIRTUAL		
Ages 1-3	Mondays 18:00-20:00	22.04.24-24.06.24 Virtual MS Teams
Ages 1-3	Wednesdays 09:30-11:30	05.06.24-07.08.24 Virtual MS Teams
Ages 4-8	Tuesdays 12:30-14:30	23.04.24 – 25.06.24 Virtual MS Teams
Ages 4-8	Mondays 18:00-20:00	03.06.24-05.08.24 Virtual MS Teams
Ages 9-11	Thursdays 12:30-14:30	02.05.24-11.07.24 Virtual MS Teams
Ages 9-11	Wednesdays 18:00-20:00	08.05.24-17.07.24 Virtual MS Teams
East		
Ages 4-8	Mondays 09:30-11:30	13.05.24-22.07.24 Wadebridge Family Hub
Ages 9-11	Tuesdays 12:30-14:30	30.04.24-09.07.24 Launceston Family Hub
Mid		
Ages 1-3	Tuesdays 12:30-14:30	04.06.24-06.08.24 St Austell Family Hub
Ages 4-8	Thursdays 12:30-14:30	02.05.24-11.07.24 Newquay Family Hub
Ages 9-11	Fridays 09:30-11:30	10.05.24-12.07.24 The Park Family Hub
West		
Ages 1-3	Thursdays 09:30-11:30	02.05.24-11.07.24 Gooseberry Bush Nursery
Ages 4-8	Wednesdays 09:30-11:30	08.05.24-17.07.24 Helston Family Hub
Ages 9-11	Mondays 12:30-14:30	13.05.24-22.07.24 Penzance Family Hub



Parents Plus Adolescent Programme

Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays 18:00-20:00	01.05.24-26.06.24 Virtual MS Teams
Ages 12-18	Mondays 09:30-11:30	03.06.24-29.07.24 Virtual MS Teams
East		
Ages 12-18	Thursdays 09:30-11:30	02.05.24-04.07.24 Saltash Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Wadebridge Family Hub
Mid		
Ages 12-18	Fridays 12:30-14:30	19.04-24-21.06.24 The Park Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Newquay Family Hub
West		
Ages 12-18	Tuesdays 12:30-14:30	28.05.24-23.07.24 Penzance Family Hub
Ages 12-18	Wednesdays 12:30-14:30	05.06.24-31.07.24 Helston Family Hub



www.cornwall.gov.uk/parenting



Getting it Right for Children (GIRFC) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

Supporting Healthy Relationships

Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

Arguing Better (AB) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Wednesdays 09:30-11:30	17.04.24-01.05.24 Virtual MS Teams
Ages pre-birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays 18:00-20:00	02.05.24-16.05.24 Virtual MS Teams
Ages 1-19	Tuesdays 12:30-14:30	02.07.24-16.07.24 Virtual MS Teams

GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams

www.cornwall.gov.uk/parenting

How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am – 5pm to support queries.



Contact us

Email: parenting@cornwall.gov.uk
Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY
Email: equality@cornwall.gov.uk Telephone: 0300 1234 100

Bitesize Parenting

Workshop Description

Bitesize parenting workshops are weekly 2-hour sessions (18:00-20:00) delivered by our parenting team to support on a wide range of topics. Please book on by visiting www.cornwall.gov.uk/parenting

Topics include:

Bitesize Child (for parents/carers of children aged 4-11)

Bullying – How to talk to children about bullying and support them if they are experiencing it.

Remaining calm – How to look after yourself as a parent.

Praise and rewards – This workshop focuses on using praise and rewards to support behaviour you'd like to see more of.

Special time with your child – How quality time with children can help with behaviour.

Routines and boundaries – Looking at why routines and boundaries are important and how these can be put in place effectively to support children, parents and family life.

Technology and safety – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

Bitesize Teen (for parents/carers of young people aged 12-19)

Teenage brain – Come along and learn about the changes adolescents experience in their brain development, how it impacts them and how parents can support their young person.

Technology and safety – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

Sibling rivalry and conflict – Tips to manage conflict between siblings in the home.

Remaining calm – How to look after yourself as a parent.

Mental wellbeing – Tips about how to communicate with young people about their feelings.



Workshop Dates:

Date	Bitesize Child (for parents/carers of children aged 4-11)
07.05.24	Bullying
21.05.24	Remaining calm
11.06.24	Praise and rewards
25.06.24	Special time with your child
09.07.24	Routines and boundaries
23.07.24	Technology and safety

To book onto a Bitesize Child, please scan here:



Date	Bitesize Teen (for parents/carers of young people aged 12-19)
14.05.24	Teenage brain
04.06.24	Technology and safety
18.06.24	Sibling rivalry and conflict
02.07.24	Remaining calm
16.07.24	Mental wellbeing

To book onto a Bitesize Teen, please scan here:



www.cornwall.gov.uk/parenting

School information finder - Gernoe

What information do you need?

I need to contact school urgently

I need to contact school non-urgently

I need to find a list of teachers

I need to know term dates

I need to see if my child has homework or upload their homework

I want to report my child absent from school

I want to find out about upcoming dates, trips etc

I want to read a school policy

I want to see the school development plan

I want to see what is on the lunch menu

I want to find out about clubs

I want to look at a past or present newsletter

I need to report a safeguarding matter to school

Where to find the information

Phone on 01736 763310

Email secretary.gernoe@fbschools.co.uk or email class teacher (name plus @fbschools.co.uk)

School website

www.gernoe.cornwall.sch.uk

Our school – Meet the staff

School website

www.gernoe.cornwall.sch.uk

Parent info – Term dates

See saw

Reading records

Phone call before 0900 on 01736 763310

School website

www.gernoe.cornwall.sch.uk

Calendar

School website

www.gernoe.cornwall.sch.uk

Our school - Policies

School website

www.gernoe.cornwall.sch.uk

Our school – school development plan

School website

www.gernoe.cornwall.sch.uk

Parent info – Menu

School website

www.gernoe.cornwall.sch.uk

Parent info - Newsletter

School Website

www.gernoe.cornwall.sch.uk

Parent info - Newsletter

Phone or email

01736 763310

Paula Blackburn head@fbschools.co.uk

Angie Larcombe alarcombe@fbschools.co.uk

Denise Rusga drusga@fbschools.co.uk



Information session for Parents/Carers on the Neurodiversity Profiling Tool

Children and young people who are showing signs of neurodevelopmental needs can now access a new tool which can help identify what support

Eventbrite / May 21



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SURFING ENGLAND



OFFICIAL GROM SQUAD PROVIDER
ASK FOR MORE DETAILS

THE ULTIMATE PATHWAY TO IMPROVE YOUR SURFING



www.surfingengland.org



JASON AND THE ARGONAUTS

Create a play in a day!

Work with professional directors, choreographers, a musical director and makers to turn Jason's valiant journey into a play on the Minack stage!

June 22nd 10am
Ages 7-11
Performance 5pm
Free to participants



For more information or to book visit
Minack.com or email education@minack.com

West Cornwall Family Motor Show

at Wendron Cricket Club
Underlane, Carnkie, Helston, TR13 0EH.



WCFMShow@gmail.com

Sunday 30th June

10.00 a.m. — 4.00 p.m.

Competitive Dog Show

Live Family Entertainment

Traders & Catering

Admission Adults: £5.00
Under 16s: £1.00 Under 5s: FREE



Follow us on Facebook—
West Cornwall Family Motor Show

Cider & Beer Festival

Fri 28th—Sun 30th June

Camping available, all weekend, at £5.00 per person, per night.

Chapel Street Music

Chapel Street Methodist Church
Penzance TR18 4AW



Chapel Street Ensemble
in association with



We're Going on a Bear Hunt

Sun 30th June 2024
3pm and 4pm



An Interactive Musical Adventure for all ages

★ 3 - 10 year old friendly ★

For more info: www.chapelstreetmusic.co.uk

Charity no: 1194510

