

# Germoe School Newsletter

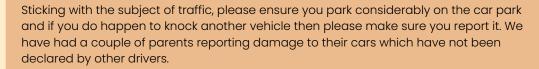
21st June 2024



# **Message from Miss Blackburn**

Dear parents and carers

Please, please be careful and drive sensibly and slowly when driving up Germoe Lane. I had a very distraught resident on the phone this morning, she said that one of our school vehicles had hit her cat after school yesterday and killed it. The driver didn't stop. On top of that, when she was bent over trying to pick the cat up, another school vehicle almost ran her over. It is a 20MPH speed limit but in my opinion, even that is too fast for such a narrow, windy lane where they are children, elderly people, dog walkers etc on the road as there is no path.



On a happier note, it was such a pleasure and privilege for us to be joined by Jack Ruitter, former England captain at the Euros, world championship and paralympics silver medallist. He was such an inspiration to the children who gave me the following feedback:

He taught me that anything is possible because even though he had a brain injury, he didn't give up chasing his dream (Y6)

It's inspirational when see somebody doing something professionally, it makes you want to do it too! (Y5)

He made me want to joint football club this week so I did (Y3)

He made me see how important it is to try and to exercise and I want to exercise more now (Y4)

I was inspired by his tricks and by his story about his life (Y2) He has made me want to learn new skills (Y2))

Have a lovely weekend

Paula Blackburn



# Y5/6 Junk Modelling request

Y5/6 are doing a STEM project this half term and will need lots of cardboard, boxes, plastic bottles, pipes, tubes, plastic pots, straws, and other modelling junk, wool, string, bottle tops etc - if it has potential to be fashioned into something else, we want it!



#### Germoe clothes swap shop

#### What?

The Germoe swap shop is an eco-friendly way to get new clothes. You can bring in a bag of clothes that you don't need anymore and put them on the table of the right size. Then you can take any clothes donated by somebody else.

#### Where?

The Germoe swap shop will be taking place in the school. If it is rainy it will most likely be in the hall. If it is clear and sunny it will be outside. The clothes will be outside on different tables.

#### Who?

The clothes will have sizes for most of your children (sizes 3-4 to 11-12). And yes! ...we do have an adults table. The rule is take as much as you have given... don't be greedy!

#### When?

The Germoe clothes swap shop is taking place on Thursday the fourth of July. It will be straight after school (three-thirty). You can start bringing in clothes next week. Bring them in bags. For full details visit eco-club.

#### **CLUBS**

To sign up please email Mrs Care secretary.germoe@fbgschools.co.uk All clubs are Y1 - Y6 unless stated otherwise:

## Monday NO CLUBS

#### Tuesday

Football - **Y2-Y6** Mr Conway Yoga - Miss Burns

#### **Thursday**

Eco club - Mrs Knight

#### **HEAD LICE**

Cornwall council health department - information on the treatment of Head Lice Wet combing method:

- Wash the hair with ordinary shampoo and apply plenty of conditioner.
- Use an ordinary, wide-toothed comb to straighten and untangle the hair.
- Once the comb moves freely through the hair without dragging, switch to the louse detection
- Make sure the teeth of the comb slot into the hair at the roots, with the edge of the teeth lightly touching the scalp.
- Draw the comb down from the roots to the ends of the hair with every stroke, and check the comb for lice each time remove lice by wiping the comb with tissue paper or rinsing it.
- Work through the hair, section by section, so that the whole head of hair is combed through.
- Do this at least twice to help ensure you haven't missed any areas, until no more lice are found. IMPORTANT Repeat this procedure on days five, nine and 13. Detection combing should be done on day 17, to check for any live head lice.

#### **REMINDER TO WEAR SCHOOL UNIFORM**

Our school uniform is: sweatshirt/navy jumper or cardigan, polo shirt white/light blue navy/black trousers/joggers/leggings/skirt Sweatshirts, t-shirts and bookbags can be purchased through School Money and collected from the office

# School Closures in Emergency – Agreed Notification Procedure

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

# **Academic and Pastoral Support**

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

#### Important notice

For the respiratory health of our children who are learning outside, please turn of your engine in the car park.

#### **Morning Drop-off**

Please note that staff are not on duty until 8:45 and therefore please continue to supervise children if you arrive early on the playground until this time.

# **DIARY DATES 2023/2024**

#### **SUMMER TERM 2024**

#### **Monday 24th June**

1:45pm Sports Day and Summer Fayre

#### **NO CLUBS EXCEPT AFTERSCHOOL CARE**

#### Tuesday 25th June

Godrevy class out - Go-kart racing

#### Saturday 29th June

Mazey Day

#### Tuesday 2nd - 3rd July

**Y6 Mullion Transition** 

#### **Thursday 4th July**

Germoe Clothes Swap Shop

### Wednesday 10th July

**Summer Production** 

#### **Tuesday 16th July**

whole school transition

#### Wednesday 17th July

Germoe's Got Talent

#### **Monday 22nd July**

2.30pm Leaver's service

#### Wednesday 24th July

Break for Summer

# **TERM DATES 2023/2024**

# Autumn term (72 days)

- 4th September 19th December 2023
- (Half term 23rd -27th October 2023)

# Spring Term (56 days)

- 4th January 28th March 2024
- (Half term 12th-16th February 2024)

# Summer term (67 days)

- 15th April 24th July 2024
- (Half term 27th May 31st May 2024)
- INSET 3rd-7th June 2024

#### **GODREVY CLASS UPDATE**

On Monday we met Jack Rutter who is a former England footballer. We did a workout with him - star jumps, push-ups, climb the mountain and running. Everyone did really well, and we were pretty sure we had bigger muscles at the end! Jack then talked to the children about his career and the struggles he had faced. They were very impressed!







#### **Neurodiverse?**

A new system will be operational from April, for the assessment pathway for Autism and ADHD. It's not yet up and running, but Parent Carer Cornwall have a linked site, which has some great information for parents about neurodiversity. If you'd like to take a look: https://parentcarercornwall.org.uk/ and find the 'Neurodiversity Hub' tab at the top of the page

# **Smartphone information for parents**

Please find below some links regarding smartphone usage for children. It was very kindly sent to us by one of our parents and it is interesting information for any parents/carers who are concerned about smartphones and social media for children. I hope you find it useful....

https://amp.theguardian.com/technology/2024/feb/17/thousands-join-uk-parents-calling-for-smartphone-free-childhood https://smartphonefreechildhood.co.uk/

#### **ND PROFILIING TOOL**

Please see link below for online sessions for parents about the ND profiling tool https://www.eventbrite.com/e/information-session-for-parentscarers-on-the-neurodiversity-profiling-tool-tickets-884811554177

# **Germoe Well-Being Borrowing Library**

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiet, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



#### **Headstart Kernow**

For children in Y5/6 and older - Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

https://www.startnowcornwall.org.uk

# **Twitter and Instagram**

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.

# **Tax-Free Childcare**

# Tax-Free Childcare is:

- For working families, including the self-employed, in the UK
- Earning under £100k and an average of £167 per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who aren't receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, up to £2,000 per child per year

For more information <a href="https://www.gov.uk/tax-free-childcam">https://www.gov.uk/tax-free-childcam</a>

**Together for Families Parenting** 

# Parenting Workshops April - August 2024



#### Solihull - Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- . Transition Years (ages 9-11)

#### **Workshop Description**

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- · Responding to how your child is feeling
- · Different styles of parenting
- · Having fun together
- The rhythm of interaction · Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards



www.cornwall.gov.uk/parenting

Countywide	- VIRTUAL	
Ages 1-3	Mondays	22.04.24-24.06.24
	18:00-20:00	Virtual MS Teams
Ages 1-3	Wednesdays	05.06.24-07.08.24
	09:30-11:30	Virtual MS Teams
Ages 4-8	Tuesdays	23.04.24 - 25.06.24
	12:30-14:30	Virtual MS Teams
Ages 4-8	Mondays	03.06.24-05.08.24
	18:00-20:00	Virtual MS Teams
Ages 9-11	Thursdays	02.05.24-11.07.24
	12:30-14:30	Virtual MS Teams
Ages 9-11	Wednesdays	08.05.24-17.07.24
	18:00-20:00	Virtual MS Teams
East	'	
Ages 4-8	Mondays	13.05.24-22.07.24
	09:30-11:30	Wadebridge Family Hub
Ages 9-11	Tuesdays	30.04.24-09.07.24
	12:30-14:30	Launceston Family Hub
Mid		
Ages 1-3	Tuesdays	04.06.24-06.08.24
	12:30-14:30	St Austell Family Hub
Ages 4-8	Thursdays	02.05.24-11.07.24
	12:30-14:30	Newquay Family Hub
Ages 9-11	Fridays	10.05.24-12.07.24
	09:30-11:30	The Park Family Hub
West		
Ages 1-3	Thursdays	02.05.24-11.07.24
	09:30-11:30	Gooseberry Bush Nursery
Ages 4-8	Wednesdays	08.05.24-17.07.24
	09:30-11:30	Helston Family Hub
Ages 9-11	Mondays	13.05.24-22.07.24
	12:30-14:30	Penzance Family Hub



#### **Parents Plus Adolescent Programme**

#### **Workshop Description**

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- · Understanding teenagers
- · Pressing the pause button
- Getting to know your teenager
- · Establishing rules with teenagers
- · Connecting with your teenager
- · Communicating rules positively
- · The power of encouragement
- Using consequences
- · Active listening
- · Creating a discipline plan
- · Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

#### **Workshop Dates**

Countywide	- VIRTUAL	
Ages 12-18	Wednesdays	01.05.24-26.06.24
	18:00-20:00	Virtual MS Teams
Ages 12-18	Mondays	03.06.24-29.07.24
	09:30-11:30	Virtual MS Teams
East		
Ages 12-18	Thursdays	02.05.24-04.07.24
	09:30-11:30	Saltash Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Wadebridge Family
		Hub
Mid		
Ages 12-18	Fridays	19.04-24-21.06.24
	12:30-14:30	The Park Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Newquay Family Hub
West		
Ages 12-18	Tuesdays	28.05.24-23.07.24
	12:30-14:30	Penzance Family Hub
Ages 12-18	Wednesdays	05.06.24-31.07.24
	12:30-14:30	Helston Family Hub





www.cornwall.gov.uk/parenting

# **Supporting Healthy**

#### Me You and Baby Too (MYBT)

#### **Workshop Description**

Relationships

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- · How arguments start, and how to manage them constructively

#### Arguing Better (AB)

#### **Workshop Description**

Delivered over 3 weeks, each weekly session

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

#### Getting it Right for Children (GIRFC)

#### **Workshop Description**

Delivered over 3 weeks, each weekly session is 2-

A course for separating or separated parents/carers:

- · How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

#### **MYBT Workshop Dates**

Countywide	- VIRTUAL	
Ages pre- birth – 12months	Wednesdays 09:30-11:30	17.04.24-01.05.24 Virtual MS Teams
Ages pre- birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

#### **AB Workshop Dates**

Countywide - VIRTUAL		
Ages 1-19	Thursdays	02.05.24-16.05.24
	18:00-20:00	Virtual MS Teams
Ages 1-19	Tuesdays	02.07.24-16.07.24
	12:30-14:30	Virtual MS Teams

#### **GIRFC Workshop Dates**

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams

www.cornwall.gov.uk/parenting

#### How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.



Understanding your child (ap Understanding your child lage to 3: The Park Family Hub



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Talas 3 - Hayler Tarrelly Hulb
To colore for our street on. Name

Contact us

Email: parenting@cornwall.gov.uk Call: 01872 324323

If you would like this information in another format please contact: Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100







#### **Bitesize Parenting**

#### Workshop Description

Bitesize parenting workshops are weekly 2-hour sessions (18:00-20:00) delivered by our parenting team to support on a wide range of topics. Please book on by visiting

#### Topics include:

Bitesize Child (for parents/carers of children aged 4-11)

Bullying - How to talk to children about bullying and support them if they are experiencing it.

Remaining calm - How to look after yourself as a parent.

Praise and rewards -This workshop focuses on using praise and rewards to support behaviour you'd like to see more of.

Special time with your child - How quality time rith children can help with behaviou

Routines and boundaries - Looking at why routines and boundaries are important and how these can be put in place effectively to support children, parents and family life.

Technology and safety - This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

# Bitesize Teen (for parents/carers of young people

Teenage brain - Come along and learn about the changes adolescents experience in their brain development, how it impacts them and how parents can support their young person

Technology and safety – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

Sibling rivalry and conflict - Tips to manage conflict between siblings in the home. Remaining calm - How to look after yourself as a

Mental wellbeing – Tips about how to communicate with young people about their feelings.



#### Workshop Dates:

Date	Bitesize Child (for parents/carers of children aged 4-11)
07.05.24	Bullying
21.05.24	Remaining calm
11.06.24	Praise and rewards
25.06.24	Special time with your child
09.07.24	Routines and boundaries
23.07.24	Technology and safety

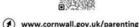
To book onto a Bitesize Child, please scan here:



Date	Bitesize Teen (for parents/carers of young people aged 12-19)
14.05.24	Teenage brain
04.06.24	Technology and safety
18.06.24	Sibling rivalry and conflict
02.07.24	Remaining calm
16.07.24	Mental wellbeing

To book onto a Bitesize Teen, please scan here





School information finder - Germoe What information do you need? Where to find the information I need to contact school urgently Phone on 01736 763310

Email secretary.germoe@fbgschools.co.uk or email class teacher( need to contact school non-urgently name plus @fbgschools.co.uk)

School website

I need to find a list of teachers www.germoe.cornwall.sch.uk Our school - Meet the staff

School website

I need to know term dates www.germoe.cornwall.sch.uk

Parent info - Term dates I need to see if my child has homework or See saw

upload their homework Reading records

I want to report my child absent from Phone call before 0900 on 01736 763310

I want to find out about upcoming dates, www.germoe.cornwall.sch.uk

Calendar School website

want to read a school policy www.germoe.cornwall.sch.uk Our school - Policies

School website

I want to see the school development plan www.germoe.comwall.sch.uk

Our school - school development plan

School website

want to see what is on the lunch menu www.germoe.cornwall.sch.uk

Parent info – Menu School website

want to find out about clubs www.germoe.cornwall.sch.uk

Parent info - Newsletter

School Website I want to look at a past or present www.germoe.cornwall.sch.uk newsletter Parent info - Newsletter

Phone or email

01736 763310

I need to report a safeguarding matter to Paula Blackburn head@fbgschools.co.uk Angie Larcombe alarcombe@fbgschools.co.uk

Denise Rusga drusga@fgbschools.co.uk



#### Information session for Parents/Carers on the Neurodiversity Profiling Tool

Children and young people who are showing signs of neurodevelopmental needs can now access a new tool which can help identify what support

€ Eventbrite / May 21

#### **CRICKET COACHING**

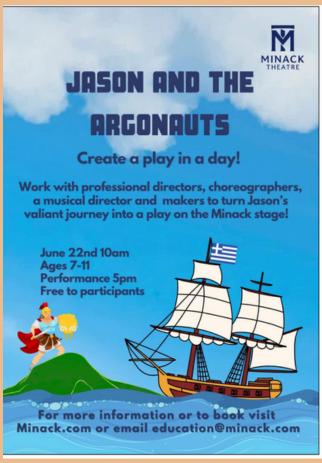
Rosudgeon c c are running a ECB cricket coaching course run by a ECB qualified coach. It is for 8 - 11 years old using fun to learn coaching techniques so everybody will have a good time on the evening.

Parents can pre-book online on the ECB website but also can come along on the evening and try it out to see if their children like it or not?

The sessions start on Tuesday the 14th May and on until around mid July. The cost would be £4 per night.









# Chapel Street Methodist Church Penzance TR18 4AW Chapel Street Ensemble in association with We're Going on a Bear Hunt Sun 30<sup>th</sup> June 2024 3pm and 4pm An Interactive Musical Adventure for all ages 3 - 10 year old friendly For more info: www.chapelstreetmusic.co.uk f