



# Germoe School

## Newsletter

7th February 2025



### Message from Miss Blackburn

Dear parents and carers,

Once again, a thank you to those parents who formed a small working party to discuss school meals and as a result, the menu change. Unfortunately, since the menu change, school lunch uptake has decreased on some of the days. If we don't count free school meals, we only had 1 paying child having lunch on Monday and 2 on Tuesday, on other days there was an increase in jacket potatoes rather than the meat or veg options of the main meal. Trying to run a kitchen on these numbers is obviously very challenging. We have spoken to the children about meals and what it is they like/dislike and it differs entirely from what parents want to see on the menu. In order to collate the parent view, I have compiled a short questionnaire and this will be sent to your personal email. Please could you take 5 minutes to complete it so we can try to work out a way forward before finding ourselves in deficit.

This week, staff from both our schools have completed training in domestic abuse; signs / indicators and strategies and also training in sensory processing. As a result, staff have discussed all our children completing sensory circuits on a daily basis rather than having brain breaks. The sensory circuits will be similar to the brain breaks, involving physical activity (to move, coordinate and alert the children) but they will also include a song/visualisation and a relaxation exercise (to help with organisation and calming after the physical activity). By introducing this, we are hoping our children will gain better sensory integration, better focus, improved motor skills and better readiness for learning.

Have a lovely weekend

Paula Blackburn

### PARENT'S EVENING

Your child should today be coming home with a slip of paper for you to be able to book a slot to speak with their class teacher about their learning. Appointments are available during the week commencing 24th February- the first week back after half term. If this slip does not reach you for any reason then please contact your child's class teacher. We ask please that all slips are returned by 12th February to allow staff time to allocate appointments (we will do our best to put sibling appointments consecutively.)

# DIARY DATES 2024/2025

## SPRING TERM 2024

### Monday 10th February

Perranuthnoe class visit - Tregonning Hill

### Thursday 13th February

Last KS2 swimming

### Friday 14th February

Break up for half term @ 3.15/3.30pm

### Monday 24th February

Return to school

### W/C Monday 24th February

- No Clubs
- Learning Consultations

### Monday 10th March

Football League Y3/4 - there will be no football club

### Monday 24th March

Football League Y3/4 - there will be no football club

### Thursday 27th March 9.00 am

Parents coffee & cake meeting

### Thursday 8th May 2.30pm

Parents coffee and cake meeting

### Wednesday 2nd July 9.00am

Parents coffee and cake meeting

## TERM DATES 2024/2025

### Autumn term (74 days)

- 3rd September 2024 - 20th December 2024
- (Half term 28th October - 1st November )

### Spring Term 2025 (60 days)

- 6th January 2025- 4th April 2025
- (Half term 17th - 21st February)

### Summer Term 2025 (61 days)

- 22nd April 2025- 23rd July 2025
- (Half term 26th May - 30th May)
- **INSET DAYS 2nd -6th June 2025**



### **Safer parking around schools**

The school, the police and local highway authority often receive concerns from members of our communities, schools and colleges regarding inconsiderate and often dangerous parental parking outside schools at the beginning and end of each school day.

Parking restrictions are put in place to manage the highway network and to ensure the safety of all road users, vehicles and pedestrians alike. Cars parking inconsiderately, especially on zigzag lines, cause visibility issues for pedestrians of all ages and ability who are crossing the road network to get to and from school.

While we want to encourage sustainable travel to school, especially walking, we recognise that some parents will have to use the car for at least part of their journey to school.

**However, it's important for us to:**

**Reduce congestion around schools to improve air quality.**

**Make the route to school safer for children.**

**Show respect to local residents.**

**Unfortunately, most schools experience a small minority of parents who choose to ignore the parking restrictions.**

### **Driving to school? Please remember:**

**'School Keep Clear'** are clearways, meaning **no stopping and definitely no parking, not even to drop off or pick up any passengers.** These markings are designed to allow a clear view up and down the road for children to cross safely before and after school. If you stop, even to drop off, on these lines, you are making it dangerous for children to cross by obscuring their view. Park in a way that does not obscure the view of any school crossing patrol – avoid parking on the stretch of the road opposite the zigzags, especially if this means you have to park on the pavement to do so.

keep the view around junctions clear so that children can cross safely.

Parking on a bend can cause difficulties, making visibility difficult.

Be considerate to local residents by avoiding parking across or turning around in driveways or parking on the grass verges. Most people like the grass verges and don't like to see them churned up.



Try to park further away from school. This has several advantages – you will find it easier to find a space and to turn your car around for your return journey. It will also be an opportunity for your children to practise walking safely with you by teaching them pedestrian road safety skills. Walking the last part of the journey to school is also good for your child's mental and physical health.

Keep your car off the pavement at all times. No one (especially children, people with a pushchair, in a wheelchair or with reduced mobility) should have to step on the road because of cars parked on the pavement.

The locations below can be enforced by police officers and the civil enforcement officers. Therefore please:

**do not park on double yellow lines and yellow School Keep Clears markings.**

**do not park in a way that blocks access to dropped kerbs or any other pedestrian crossings.**

**do not park in a way that blocks residents' driveways.**

**do not park within 10 metres of a junction.**

PC Paul Stevenson 17776

Falmouth Neighbourhood Beat Manager

## CLUBS

### **Monday:**

Mr Conway- Football Club

Miss Symons- Origami

### **Tuesday:**

MRS KNIGHT- ECO CLUB

Miss Burns- Recorder Club - **KS2 ONLY**

### **Thursday:**

Mrs Reeves and Ms Motley - Dance Club

## PARKING

Please can we ask that you do not park on the pavement at the bottom of the playground and this means the pavement cannot be used and residents/parents/children have to walk in the road which can be dangerous.

## SCHOOL MONEY

Please can we ask everybody to make regular payments towards School Money? We try to allow all the trips to be paid over weeks or months but there are still some accounts which are behind in payments. We really don't have the cash as a small school to lend you the money - and it affects what we do as a school when we haven't the money in our account to use.

We appreciate everybody who keeps their accounts up to date and hopefully you find the reminders helpful. If you have any queries or issues with School Money please contact Mrs Care - [secretary.germoe@fbgschools.co.uk](mailto:secretary.germoe@fbgschools.co.uk)  
Thank you.

### **Parent/Carer Workshops - to run from January 2025.**

These are one-off, one hour long, online workshops with our Mental Health Practitioners. These are open to everybody; people do not need to have a mental health need to join. You can sign up with the links below.

A Teams link will be emailed to parent/carers from MHST for each workshop prior to the workshop taking place.

Behaviour Workshop - <https://forms.office.com/e/1PwGDXSQ40>

Sleep Workshop - <https://forms.office.com/e/7ac7qHLPfc>

Worry Workshop - <https://forms.office.com/e/YR5MeEwtEF>

Resilience Workshop - <https://forms.office.com/e/TE2UmBZrHK>

## KINDERGARTEN CLASS UPDATE

This week, in Perranuthnoe Class, we have been preparing for our expedition. We have been looking at maps, creating a kit list, contacting parents, and creating healthy snacks to fuel us on our way. We know that it will be challenging, but we are risk-takers and will push our limits with resilience and (hopefully!) good humour!



### **School Closures in Emergency – Agreed Notification Procedure**

Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

I need to find a list of teachers	<a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Our school – Meet the staff School website
I need to know term dates	<a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Parent info – Term dates
I need to see if my child has homework or upload their homework	See saw Reading records
I want to report my child absent from school	Phone call before 0900 on 01736 763310
I want to find out about upcoming dates, trips etc	School website <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Calendar School website
I want to read a school policy	<a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Our school - Policies School website
I want to see the school development plan	<a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Our school – school development plan School website
I want to see what is on the lunch menu	<a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Parent info – Menu School website
I want to find out about clubs	<a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Parent info - Newsletter School Website
I want to look at a past or present newsletter	<a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Parent info - Newsletter Phone or email 01736 763310
I need to report a safeguarding matter to school	Paula Blackburn <a href="mailto:head@fbgschools.co.uk">head@fbgschools.co.uk</a> Angie Larcombe <a href="mailto:alarcombe@fbgschools.co.uk">alarcombe@fbgschools.co.uk</a> Denise Rusga <a href="mailto:drusga@fbgschools.co.uk">drusga@fbgschools.co.uk</a>

# KERNOW YOUNG CARERS SERVICE

Kernow Young Carers Service meets the needs of young carers and young adult carers. We support Carers from 4-25 yrs.

**We offer:**

- Practical support, information, advice, and guidance.
- Activities and workshops.
- Social interaction, peer support and help to provide a break from the caring role.
- Training and support for schools.
- 1:1 support.
- Help to access grants to meet a range of needs that help to reduce the impact of your caring role.

**HOW TO CONTACT US**

01736 756655

hello@carersadvice.org.uk

www.cornwallcarers.org.uk  
www.kernowyoungcarers.co.uk



# CORNWALL CARERS SERVICE

SUPPORT FOR THOSE WHO CARE



01736 756655  
A Whole Age Service

## CORNWALL CARERS SERVICE

Are you a carer?



**Cornwall Carers Service delivers a range of high quality support services for unpaid Carers of all ages throughout Cornwall.**

Our services include, emotional support, information, advice and guidance, statutory assessment, access to grants, community support, carer specific training and dedicated support for all carers (including young carers and young adults).

Our Partnership is made up of DisAbility Cornwall IOS, Barnardo's, Age UK CIOs, Promas CIC and CRCC as the Lead Partner.

A Creative and inspirational partnership of like-minded organisations supporting unpaid informal Carers caring for a loved one.

**A Carer is anyone who cares, unpaid, for a friend or family member who due to illness, disability, a condition that affects their mental or physical wellbeing or an addiction cannot manage without their support.**

Caring includes helping with chores and tasks like cooking, cleaning, communication, moving around, shopping, washing, taking medication, managing money or managing appointments.



# ACTIVITY DAY AT THE HUGS FOUNDATION!

Tuesday 18th February  
11am to 3pm

*For families with children when a parent/carer has a terminal illness*

- Forest School Based Activities
- Equine Based Activities
- Memory Scrapbook Making

Lunch Included  
£5 PER Family  
**Booking essential**



Limited accessibility venue



in partnership with



gunners kids

# ARTS LAB: ANIMATION COURSE

10-16 year olds and it's free!

10am - 3pm at The Old Chapel

1st, 9th and 16th February

Join local artists Amanda Lorens and Mae Voogd for a 3-part workshop exploring a fun approach to stop motion animation and printmaking. Create imaginative, short animation sketches inspired by music, with a focus on experimentation, collaboration, and creativity. Beginning with an introduction to the stop motion and monoprint techniques.

There are limited spaces available. To book your spot, email [Amy.gcca@gmail.com](mailto:Amy.gcca@gmail.com)

**FREE ANIMATION COURSE FOR AGES 10-16!** 🎬

Dates: 1st, 9th & 16th February

Time: 10 AM - 3 PM

Location: The Old Chapel, Godolphin Cross

Join local artists Amanda Lorens and Mae Voogd for an engaging 3-part workshop exploring stop-motion animation and printmaking inspired by music. Create your very own short animation in a fun, supportive environment! This course is perfect for young artists aged 10-16 looking to try something new. No experience necessary! Spaces are limited, so don't miss out! Email Amy at [Amy.gcca@gmail.com](mailto:Amy.gcca@gmail.com) to reserve your spot. This workshop is funded by ArtsLab, a creative wellbeing program by and for young people in Cornwall, delivered by HeadStart Kernow, Creative Kernow, and Arts Well.

## Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

### What's on? Activities The Elms, February 2025

Cornwall Neighbourhoods for Change

Day	Time	Activity	Description
Mondays	10:30 - 12:00	Cuppa Companions (Tyacks Hotel)	An opportunity to meet new people and make new friends. Tyacks, Camborne.
	12:00 - 14:00	Health Coaching	Appointments or drop-ins available. Run by Healthy Cornwall. Optional weigh in available.
	15:00 - 16:30	Cuppa Companions	An opportunity to meet new people and make new friends. Drop ins.
Tuesdays	10:00 - 12:00	The Magic Cupboard	A subscription based food ladder.
	10:00 - 12:00	Cuppa Companions (Treloweth)	Meet the Community Health & Wellbeing Team at Treloweth Community Hall. First Tuesday of every month. Drop in.
Wednesdays	10:00 - 13:00	Warm Tums	Under 5s & parent/carer group. Craft activities and a hot lunch provided.
	13:00 - 15:00	Woman Kind (Winter Term)	Our women's peer support group. Safe supportive space for all women. No booking required.
	16:00 - 18:00	Just Be;	A space for young people with food, activities and on hand advice. Drop in, no booking required.
	16:00 - 18:00	Georgia's Voice	Fortnightly mental health support group for young women aged 18-25.
Thursdays	10:00 - 12:00	HELP Drop In with Cooles Solicitors	Drop in for advice and guidance, anything from housing to benefits. Free legal consultations on 5th & 20th from Cooles.
	10:00 - 13:00	Health Checks	60 minute health checks run by Healthy Cornwall. Booking in advance required.
	11:00 - 12:00	Puffalots (Illogan)	Gentle exercises if you have completed pulmonary rehabilitation. The Old School Centre, Illogan.
	14:30 - 16:30	The Wanderers	Walking group leaving from The Elms to various places. Booking required.
Fridays	10:00 - 12:00	Chilled Art Group	Join Professional Community Artist Steph from ArtsWell for a creative journey! No booking required.
	17:00 - 19:00	Friendly Friday	Good food and a friendly chat. Booking required.
Saturdays	10:00 - 13:00	Why Don't You? Club	Fully accessible family activities for children aged 5-16 designed to be enjoyed by all. Booking required.
Sundays	12:00 - 14:00	Social Sunday	Good food and a friendly chat. Booking required.

The Elms, Green Lane, Redruth, TR15 1LS | [info@cn4c.org.uk](mailto:info@cn4c.org.uk) | 01209 310610 | @CN4C.Cornwall

### What's on? Courses The Elms, February 2025

Cornwall Neighbourhoods for Change

Day	Time	Course	Description
Tuesdays	09:30 - 12:30	Maintaining & Preparing for Winter	Learn how to grow your own fruit and veg at our allotment, with our expert. Booking required.
	17:00 - 19:30	HOPE in Winter: Overcoming Challenges	Learn how to self-manage your health conditions. Start date to be confirmed. Booking required.
Thursdays	10:00 - 15:00	Winter Comfort Cooking Essentials	Learn some new cooking skills and enjoy your food afterwards. Booking required.
	13:00 - 15:00	Introduction to Digital Skills	Bridging the digital divide. IT course, laptop provided upon completion. Booking required.
	17:00 - 19:30	ACES Recovery	10 week course learning how childhood adversity impacts your present and discover paths towards healing and growth. Collaborative issue-solving in our community and understanding perspectives.
Fridays	12:30 - 16:30	Researching Community Needs	

**We offer three different personal development training courses. Details below. Register your interest now!**

#### Adverse Childhood Experiences

Pre-Assessment included. 10 week course. Negative or Adverse Childhood Experiences (ACEs) can affect the life you are living now. They can keep us fixed to the past, and have ongoing effects throughout adult life. But we can do something about this. Do you want to understand more about how these experiences may be affecting you? Join us on "ACES recovery" to explore how we can start to move forward from these experiences

#### SPACE Supporting Parents and Children Emotionally

SPACE is a free programme for any parent or carer who wants to better understand and support their children's emotions, as well as their own. This is a 4 session, face-to-face programme.

#### HOPE Help Overcoming Problems Effectively

HOPE is a programme to help people build confidence to self-manage their health conditions. This could include: Physical health e.g. pain relief. Mental ill-health issues such as anxiety, stress, and depression. Discover how to use relaxation techniques to refresh your mind and body. Learn how to make plans and achieve goals that can help you make changes for the better.



## Tax-Free Childcare

Tax-Free Childcare is:

- For **working families**, including the self-employed, **in the UK**
- Earning **under £100k** and **an average of £167** per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who **aren't** receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, **up to £2,000 per child per year**

For more information <https://www.gov.uk/tax-free-childcare>



Parenting a child aged 4-11

### Solihull - Understanding your child

A 10-week workshop delivered weekly. Each session is 2-hours in length. This hybrid programme gives you the option to attend in-person or virtually on Microsoft Teams

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

#### When?

Tuesdays from 12:30-14:30,  
Starting 25<sup>th</sup> February 2025

#### Where?

Redruth Family Hub, TR15 1NA  
or on Microsoft Teams



To book scan the QR code or click:  
Parenting children aged 0 to 11  
and select your preference for in-person or virtual attendance

#### Contact us

Email: [parenting@cornwall.gov.uk](mailto:parenting@cornwall.gov.uk)  
Website: [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)



Together  
for Families

[www.cornwall.gov.uk](http://www.cornwall.gov.uk)

# MATHS FOUNDATIONS

Wednesday 19 February 2025  
10:30-12:30 or 1:30-3:30  
Roarsome Play, Redruth

**BOOK NOW**

[www.mobilemultiply.co.uk](http://www.mobilemultiply.co.uk)

**FREE ENTRY**  
and lunch provided

**Topics:**

- Number recognition
- Number bonds
- Place value
- Time - digital and analogue
- 2D & 3D shapes

**Learn to:**

- Make maths fun
- Reduce / prevent maths anxiety for you (and your children)
- Talk about maths

Work with us while your children play and gain number confidence to help your children develop a positive relationship with maths.

Funded by UK Government

SKILLS FOR LIFE MULTIPLE

BRISTOL COLLEGE

PENWITH COLLEGE

FUTURE SKILLS INSTITUTE

## Twitter and Instagram

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe

Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.