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| **Week 1** |  |  |  |  |  |
|  | Meat free Monday | Tuesday | Wednesday | Thursday | Friday |
| Option 1 | Delicious Bean Chilli | Winter warmer veggie soup | Tuna pasta bake | Chicken burger | Greek Gyros (pitta filled with chips and salad) |
| Option 2 | JP Cheese/beans | JP  Cheese | Pesto pasta  JP | Veg burger  JP | JP  Cheese/beans |
| Sides | Coleslaw/ Potato bakes | Crusty cob with butter | Garlic bread  Peas | Brown rice  Roasted seasonal veg | Tsatsiki |
| Dessert | Fruit | Crackers | Melon | Fruit salad | Cookie |
|  |  |  |  |  |  |
| **Week 2** |  |  |  |  |  |
|  | Meat free Monday | Tuesday | Wednesday | Thursday | Friday |
| Option 1 | Tomato and Basil Bolognese with spaghetti | Chicken korma curry | Pepperoni Pizza | Quesadilllas (flatbread toasted with bean filling) | Fish fingers |
| Option 2 | JP  Cheese/beans | Chickpea curry or JP | Cheese and tomato pizza | JP  Cheese/beans | Quorn nuggets |
| Sides | Cheese, peas | Rice, Naan, salad | Wedges, beans, sweetcorn | Salad | Chips  Peas |
| Dessert | Fruit | Flap jack | Melon | Fruit | Fruit salad |

Germoe Menu from 6th January 2025