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| **Week 1** |  |  |  |  |  |
|  | Meat free Monday | Tuesday | Wednesday | Thursday | Friday |
| Option 1 | Delicious Bean Chilli | Winter warmer veggie soup | Tuna pasta bake | Chicken burger | Greek Gyros (pitta filled with chips and salad) |
| Option 2 | JP Cheese/beans | JPCheese | Pesto pastaJP | Veg burgerJP | JPCheese/beans |
| Sides | Coleslaw/ Potato bakes | Crusty cob with butter | Garlic breadPeas | Brown riceRoasted seasonal veg | Tsatsiki |
| Dessert | Fruit | Crackers | Melon | Fruit salad | Cookie |
|  |  |  |  |  |  |
| **Week 2** |  |  |  |  |  |
|  | Meat free Monday | Tuesday | Wednesday | Thursday | Friday |
| Option 1 | Tomato and Basil Bolognese with spaghetti | Chicken korma curry | Pepperoni Pizza | Quesadilllas (flatbread toasted with bean filling) | Fish fingers |
| Option 2 | JP Cheese/beans | Chickpea curry or JP | Cheese and tomato pizza | JPCheese/beans | Quorn nuggets |
| Sides | Cheese, peas | Rice, Naan, salad | Wedges, beans, sweetcorn | Salad | ChipsPeas |
| Dessert | Fruit  | Flap jack  | Melon | Fruit  | Fruit salad |

Germoe Menu from 6th January 2025