

# Germoe School

# **Message from Miss Blackburn**

Dear parents and carers,

Thank you to those who came to the coffee and cake morning on Thursday. It's always good to catch up and discuss what is working well and what we can do to improve. Some of our parents are working really hard at helping with bids for funding for some exciting projects so a massive thank you to those.

I will be away for the next few weeks on a sabbatical, kindly granted by governors as time in lieu for projects I have completed outside of term time. I will be travelling to New Zealand with my running club then visiting family in Brisbane after climbing the Sydney Harbour Bridge in Sydney. I will be dealing with any urgent incoming emails and doing a general checks 3 times a week so please continue to email me if you feel it necessary. As always, your first point of call is your child's classteacher then Mrs Nicholas/Miss Symons as Deputy Headteachers. Mrs Larcombe, Mrs Rusga and Mrs Knight are all deputy designated safeguarding leads so any concerns regarding safeguarding can be directed to them.

See you on my return

Paula Blackburn

# REMINDER

Please can all Breakfast/After school care needs to be booked by the end of school, the day before it is needed, to ensure we have the correct pupil/staff ratios.

# **REMINDER TO WEAR SCHOOL UNIFORM**

Our school uniform is: sweatshirt/navy jumper or cardigan, polo shirt white/light blue navy/black trousers/joggers/leggings/skirt Sweatshirts, t-shirts and bookbags can be purchased through School Money and collected from the office **CLUBS** 

## Monday 3.30-4.30pm

Football club - Mr Conway Seasonal Arts and Crafts club - Mrs Reeves and Bronwen Tyrrell

Tuesday 3.30-4.30pm

Yoga club - Miss Burns Origami club - Miss Symons Wednesday lunchtime Choir - Miss Laity

# Thursday 3.30-4.30pm

Eco Club - Mrs Knight

# WORLD BOOK DAY

Due to Godrevy Class's swimming and Rinsey Class's educational visit, we won't be celebrating World Book Day until Monday 11th of March.

We will have a day filled with brilliant books and activities. We will also be inviting parents and carers in to school for our next Reading Cafe at 2:30pm. We really enjoyed this last time so please pop the date in your diary and come and join us for a book and a biscuit if you are free. Children are welcome to dress up as a character from a much-loved book, but please don't feel as though you need to go out and buy anything. The staff have been planning their costumes for a while!

# **Smartphone information for parents**

Please find below some links regarding smartphone usage for children. It was very kindly sent to us by one of our parents and it is interesting information for any parents/carers who are concerned about smartphones and social media for children. I hope you find it useful..... https://amp.theguardian.com/technology/2024/feb/17/thousands-join-uk-parents-calling-forsmartphone-free-childhood https://smartphonefreechildhood.co.uk/

# School Closures in Emergency – Agreed Notification Procedure

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

# **DIARY DATES 2023/2024**

### **IMMINENT DATES**

Wednesday 6th March Godrevy class - Minack trip

Friday 8th March Class 3 - Truro Museum trip

Monday 11th March World Book Day Reading Cafe - 2.30pm

Friday 15th March Class 4 Humphry Davy

Tuesday 26th March Class 4 Humphry Davy

Wednesday 27th March Songfest Choir performance

Thursday 28th March Break up for Easter

# **SUMMER TERM 2024**

23rd April 9.00 am Coffee and cake meeting

Monday 17th June to Wednesday 19th June Helston School Y6 Transition events

20th June 9am Coffee and cake meeting 24th June 1:45pm Sports Day 22nd July 2.30pm Leaver's service 24th July

Break for Summer

# **TERM DATES 2023/2024**

# Autumn term (72 days)

- 4th September 19th
   December 2023
- (Half term 23rd -27th October 2023)

# Spring Term (56 days)

- 4th January 28th March 2024
- (Half term 12th-16th February 2024)

# Summer term (67 days)

- 15th April 24th July 2024
- (Half term 27th May 31st May 2024)
- INSET 3rd-7th June 2024

# Information for all settings: Guidance on measles outbreaks

There have been recent localised outbreaks of measles centred around the West Midlands. There is a risk of further outbreaks in other areas unless urgent action is taken to increase Measles, Mumps and Rubella (MMR) vaccination take up in areas with low MMR vaccine rates.

Measles spreads very easily among those who are unvaccinated, especially in nurseries and schools. The best protection against measles for children and adults is to get both doses of the MMR vaccine. It is never too late to have these vaccinations.

# https://www.nhs.uk/conditions/measles/

# Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

# **RESOURCES REQUEST!**

Godrevy Class are collecting PET 2 bottles (e.g., large and small water and soft drink bottles that can be remade into 3d printing filament) for a project that they will be starting this term. We would also be grateful for larger clear plastic bottles up to 5L, as the class will be testing lung capacity.

Thank You!

# **Neurodiverse?**

A new system will be operational from April, for the assessment pathway for Autism and ADHD. It's not yet up and running, but Parent Carer Cornwall have a linked site, which has some great information for parents about neurodiversity. If you'd like to take a look:

https://parentcarercornwall.org.uk/ and find the 'Neurodiversity Hub' tab at the top of the page

# **SAFETY NOTICE**

We have seen cars parking on the pavement, below the playground, at drop off and collection times. Please can we ask that you refrain from doing this as it means parents and children have to go into the road to get around the parked cars. Thank you

# **TREGONNING HILL CONSULTATION DAY**

You may be aware that Tregonning Hill was purchased by Cornwall Heritage Trust in October 2023. We want to safeguard its future and ensure that the site remains free to visit for everyone 365 days of the year.

We have been overwhelmed by the number of thank yous, kind words, and offers of support we've had about the site. Thank you to everyone who has so generously offered to work with us to care for this special place. We're keen to work with the community as much as possible and would love to invite you to share your thoughts at this consultation day.

Please join us at Balwest Sunday School (TR13 9TE) on Saturday 16th March, anytime from 10am to 2pm. It's a chance to meet the team at Cornwall Heritage Trust and share your thoughts about the site. There will be tea, coffee, and cake available. Local mining history specialist, Stephen Polglase, will be giving free guided walks at 10:30am and 1pm (please note: there is a capacity of 15 people per walk).

We're keen to reach as much of the local community as possible, so if you know someone with a keen interest in Tregonning Hill, please do extend the invitation to this event. We have also attached a poster that you may wish to display on nearby noticeboards or share with community groups. Thank you for your support, we look forward to welcoming you to Balwest Sunday School building on Saturday 16th March.

Kind regards, The Team at CHT



# **KINDERGARTEN CLASS UPDATE**

On Monday afternoon, Nysgerrig Kindergarten took a trip to the beach. Even though the wind was blowing hard at school, we were sheltered on the beach and we enjoyed sunshine and warm sand. Loris Malaguzzi, a leading force in the creation of the Reggio Emilia Approach to early childhood education, said "there are three teachers of children: adults, other children and their physical environment." Playing on the beach allowed for exploration of science and art concepts – rolling downhill, digging to find water, balancing stones, drawing in the sand, digging fast like a dog, and using observation skills to explore the area. Next week we will be looking at the work of some local beach artists to inspire our exploration at the beach.







Contact us Email: childrensrights@cornwall.gov.uk





🕢 www.cornwau.gov.uk

# Germoe Well-Being Borrowing Library

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiet, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



# **Headstart Kernow**

For children in Y5/6 and older - Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

https://www.startnowcornwall.org.uk

# **Twitter and Instagram**

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe

Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.

# **Tax-Free Childcare**

# Tax-Free Childcare is:

- For working families, including the self-employed, in the UK
- Earning under £100k and an average of £167 per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who aren't receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, up to £2,000 per child per year

For more information https://www.gov.uk/tax-free-childean

# Early Help Drop-in Coffee & Chat Morning

# Kerrier Coffee Morning at Helston Family Hub

28th February 2024 between 09.30am-11.30am

Guest Speakers -Tri Service Safety Officer and Police Community Support Officer and Neighbourhood Beat Manager.

Are you confident that you know all you need to know about Home Fire Safety?

Do you have the knowledge or skills to administer CPR?

Do you want to know what is happening in your community about antisocial behaviour?

Please come over to meet those that can help you find out. All welcome, refreshments provided.

# For further information please contact:

Email: Kerrier.FamilyHub@cornwall.gov.uk







# **Parenting Workshops** January – March 2024



### **Understanding your Child**

- Early Years (ages 1-3)
- Primary Years (ages 4-8)

# Transition Years (ages 9-11)

### Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops · Understanding how your child is
- feeling Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting ٠
- Having fun together
- · The rhythm of interaction Why is sleep important?
- Self-regulation and anger
- · Communication and tuning in
- Looking back and looking forwards

### www.cornwall.gov.uk/parenting



### **Supporting Healthy** Relationships

### Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session AB Workshop Dates is 2-hours

A course for all new or expectant parents/carers

- · What your baby picks up on
- How to support each other
  How arguments start, and how to
- manage them constructively

### **Arguing Better (AB)** Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other · How arguments start, and how to
- manage them constructively Impact on children

# Getting it Right for Children (GIRFC)

Workshop Description Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- · Finding solutions and making compromises

### Workshop Dates

East		
Ages 1-3	Mondays	15.01.24 - 25.03.24
	9:30-11:30	Bodmin Family Hub
Ages 4-8	Thursdays	11.01.24 - 21.03.24
	9:30-11:30	Callington Family Hub
Mid		
Ages 1-3	Fridays	12.01.24 - 22.03.24
	9:30-11:30	The Park Family Hub
Ages 4-8	Thursdays	11.01.24 - 28.03.24
	9:30-11:30	Trelander Family Hub
West		
Ages 1-3	Mondays	15.01.24 - 25.03.24
	9:30-11:30	Troon Family Hub
Ages 4-8	Thursdays	11.01.24 - 21.03.24
	9:30-11:30	Hayle Family Hub
Countywide		
Ages 1-3	Thursdays	11.01.24 - 21.03.24
	12:30-14:30	Virtual MS Teams
Ages 1-3	Wednesdays	21.02.24 - 24.04.24
	18:00-20:00	Virtual MS Teams
Ages 4-8	Wednesday	24.01.24 - 27.03.24
	12:30-14:30	Virtual MS Teams
Ages 9-11	Wednesdays	24.01.24 - 27.03.24
	9:30-11:30	Virtual MS Teams
Ages 9-11	Thursdays	22.02.24 - 25.04.24
	18:00-20:00	Virtual MS Teams
Ages 9-11	Mondays	26.02.24 - 29.04.24
	18:00-20:00	Virtual MS Teams

### **MYBT Workshop Dates**

Countywide			
Ages 0-	Tuesdays	30.01.24 - 13.02.24	
12months	12:30-14:30	Virtual MS Teams	
Mid		•	
Ages 0-	Tuesdays	20.02.24 – 05.03.24	
12months	12:30-14:30	St Austell Family Hub	
West			
Ages 0-	Tuesdays	12.03.24 - 26.03.24	
12months	12:30-14:30	Penzance Family Hub	

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Countywide		
Ages 0-19	Tuesdays 12:30-14:30	30.01.24 - 13.02.24 Virtual MS Teams
East		
Ages 0-19	Tuesdays 12:30-14:30	20.02.24 – 05.03.24 Launceston Family Hub
West		
Ages 0-19	Tuesdays 12:30-14:30	20.02.24 - 05.03.24 Penzance Family Hub

### **GIRFC Workshop Dates**

Countywide			
Ages 0-19	Tuesdays	30.01.24 - 13.02.24	
	12:30-14:30	Virtual MS Teams	
East	•		
Ages 0-19	Tuesdays	12.03.24 - 26.03.24	
	12:30-14:30	Launceston Family Hub	
Mid		•	
Ages 0-19	Tuesdays	12.03.24 - 26.03.24	
	12:30-14:30	St Austell Family Hub	

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### Take 3

### Workshop Description Delivered over 10 weeks, each weekly

session is 2-hours. This is an evidence-based workshop that covers topics such as:

- · What's adolescence?
- Encouraging young people
- · The power of listening Misbehaviour and listening
- The four styles of parenting
- Taking stock, "I" statements and boundaries
- · Negotiating boundaries and
- consequences · When adults disagree - more negotiation practice
- Saying goodbye and moving on

### Living with Parents

### Workshop Description

A one-day workshop delivered over 5hours.

This is an evidence-based workshop for parents and carers to attend with their young person:

- Interactive/structured activities Guided discussion
- Group work
- Strategies and top tips Discussing effective
- communication
- Relationship building
- Boundary setting

### How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday - Friday, 9am - 5pm to support queries.



ng children aged 0 to 11

Understanding your chil - 2: Bodmin Family Hub

Understanding your child (ages 1 to 1) The Role Earth (ages)

Contact us

Email: parenting@cornwall.gov.uk Call: 01872 324323

If you would like this information in another format please contact: Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100





East			
Ages 12-18	Mondays	08.01.24 - 18.03.24	
	12:30-14:30	Bodmin Family Hub	
Ages 12-18	Thursdays	11.01.24 - 21.03.24	
	12:30-14:30	Callington Family Hub	
Mid			
Ages 12-18	Fridays	12.01.24 - 22.03.24	
	12:30-14:30	The Park Family Hub	
Ages 12-18	Thursdays	11.01.24 - 21.03.24	
	12:30-14:30	Trelander Family Hub	
West			
Ages 12-18	Mondays	08.01.24 - 18.03.24	
	12:30-14:30	Troon Family Hub	
Ages 12-18	Thursdays	11.01.24 - 21.03.24	
	12:30-14:30	Hayle Family Hub	
Countywide			
Ages 12-18	Fridays	12.01.24 - 22.03.24	
	9:30-12:30	Virtual MS Teams	
Ages 12-18	Thursdays	20.02.24 - 23.04.24	
	18:00-20:00	Virtual MS Teams	

### Workshop Dates

Workshop Dates

East		
Ages 12-18	Friday	09.02.24
	9:30-14:30	Wadebridge Family Hub
Ages 12-18	Friday	15.03.24
	9:30-14:30	<b>Torpoint Family Hub</b>
Mid		
Ages 12-18	Friday	22.03.24
	9:30-14:30	Trelander Family Hub
West		
Ages 12-18	Friday	TBD
	TBD	

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Parenting Young People aged 12 - 18				
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School information finder - Germoe						
What information do you need?	Where to find the information					
I need to contact school urgently	Phone on 01736 763310					
I need to contact school non-urgently	Email <b>secretary.germoe@fbgschools.co.uk</b> or email class teacher( name plus @fbgschools.co.uk)					
	School website					
I need to find a list of teachers	www.germoe.cornwall.sch.uk					
	Our school – Meet the staff					
	School website					
I need to know term dates	www.germoe.cornwall.sch.uk					
	Parent info – Term dates					
I need to see if my child has homework or	See saw					
upload their homework	Reading records					
I want to report my child absent from school	Phone call before 0900 on 01736 763310					
Lunch be field autoch autoch un andelen	School website					
I want to find out about upcoming dates,	www.germoe.cornwall.sch.uk					
trips etc	Calendar					
	School website					
I want to read a school policy	www.germoe.cornwall.sch.uk					
	Our school - Policies					
	School website					
I want to see the school development plan	www.germoe.cornwall.sch.uk					
	Our school – school development plan					
	School website					
I want to see what is on the lunch menu	www.germoe.cornwall.sch.uk					
	Parent info – Menu					
	School website					
I want to find out about clubs	www.germoe.cornwall.sch.uk					
	Parent info - Newsletter					
I want to look at a past or present	School Website					
newsletter	www.germoe.cornwall.sch.uk					
newskeeen	Parent info - Newsletter					
	Phone or email					
	01736 763310					
I need to report a safeguarding matter to	Paula Blackburn head@fbgschools.co.uk					
school	Angie Larcombe alarcombe@fbgschools.co.uk					
	Denise Rusga drusga@fgbschools.co.uk					