



Germoe School

Newsletter

15th December 2023

Message from Miss Blackburn

Dear parents and carers,

Our inspection process is finally over! It was an unusual process lasting over 10 days, probably due to the inspection coinciding with the inquest report on Ruth Perry. Thank you for your support during this rather stressful process. I am obviously aware of how staff feel about the process and we feel we shielded the children well from it too. However, I would really like to know how you felt and the opportunities you feel you were given to express your views. We did not have access to the parent survey so weren't made aware of any of your comments, although I have heard of a few of your amazing comments so thank you. Please could you take a couple of minutes to complete the attached survey monkey so I can gather your thoughts about the process. Ofsted are in a state of a much needed period of reform at the moment and this may help going forward. The survey link is below:

<https://www.surveymonkey.com/r/K3VFJZR>

It was lovely to get out into the woods with the children at the Rogue Theatre yesterday to reset and make wishes! I hope you all have a lovely festive period and please remember if you need any help, guidance, support at all over the holidays, I'm always in the ether somewhere on head@fbgschools.co.uk and will always be there if needed.

Have a wonderful Christmas and all the very best for 2024

Paula Blackburn

PASTY DAY

On the last day of term next week the lunch option will be either a meat or cheese pasty. Unfortunately we are not able to do any jacket potatoes on that day,

MENU

When we return to school after Christmas we will be on week 2 of the menu

**PLEASE CAN WE ASK THAT YOU LEAVE THE DISABLED PARKING BAY
AVAILABLE FOR ANYONE THAT MAY NEED IT**

Kindergarten Class Update

The children in Nysgerrig Kindergarten have been enjoying the forest over the past couple of weeks. With the help of some amazing parents, the forest is now ready. We have been building obstacle courses, planting saplings, digging in the mud, climbing on logs and making potions. The children love the space and we have seen collaboration, imaginative play, physical lifting and building and time spent looking closely at nature. Lyla says she likes the forest because "you get to jump on logs" and Lyra said she likes it because "I can run around and dig".



SAFETY NOTICE

We have seen cars parking on the pavement, below the playground, at drop off and collection times. Please can we ask that you refrain from doing this as it means parents and children have to go into the road to get around the parked cars.

Thank you

Last Day of Term

We finish school at 1.30pm on Tuesday 19th December. Children may wear their own clothes to school on this day, including Christmas jumpers and hats.

Mr Height

This week we sadly said goodbye to Mr Height as he will be extending his role at another school after Christmas. We thank him for all he has done at Germoe and hope that we will still see him, perhaps as a performer, in future school talent shows.

Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

School Closures in Emergency – Agreed Notification Procedure

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website. We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites. We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS". If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone.

KS2 SWIMMING

Y3-6 will be swimming at Penzance Leisure Centre after Christmas starting Thursday 18th January as per the letter that was emailed out to all Y3-Y6 parents this week.

DIARY DATES 2023/2024

IMMINENT DATES

Tuesday 19th December

Break up @ 1.30pm

Thursday 4th January

Back to school

23rd January – 2.445pm

- Coffee and cake meeting

29th February – 9am

- Coffee and cake meeting

SUMMER TERM 2024

23rd April 2.45pm

Coffee and cake meeting

Monday 17th June to Wednesday 19th June

Helston School Y6 Transition events

20th June 9am

Coffee and cake meeting

24th June

1:45pm Sports Day

22nd July

2.30pm Leaver's service

24th July

Break for Summer

TERM DATES 2023/2024

Autumn term (72 days)

- 4th September – 19th December 2023
- (Half term 23rd – 27th October 2023)

Spring Term (56 days)

- 4th January – 28th March 2024
- (Half term 12th–16th February 2024)

Summer term (67 days)

- 15th April – 24th July 2024
- (Half term 27th May – 31st May 2024)
- **INSET 3rd–7th June 2024**

SNOWMAN BEETLE DRIVE

£5

£2

Under 18

Come and have fun
and enjoy a buffet supper
Licensed bar - tea - coffee

Everyone welcome just let us
know if you are coming

Gwynneth 01736 763821

Bette 01736 762299

Proceeds for
church funds

**FRIDAY 15 DECEMBER at 7 pm
IN GERMOE CHURCH HALL**

FREE
ADMISSION

PLEASE JOIN US FOR A

CHRISTMAS Celebration

**FRIDAY 15TH
DECEMBER @ 7PM
At Praa Sands
Community Centre**

**CAROLS - REFRESHMENTS -
GOSPEL STYLE POP-UP CHOIR**

FOR MORE INFO EMAIL: HELSTONEVENTS@LIGHTANDLIFE.CO.UK

ORGANISED BY LIGHT AND LIFE
CHURCH, HELSTON. A 'CHRISTMAS
IN THE COMMUNITY' EVENT

ST GERMOE CHURCH

**CHRISTMAS EVE
SUNDAY 24 DECEMBER**

CRIB SERVICE at 3.00 pm
A service for all the family

**CAROLS AND READINGS
BY CANDLELIGHT at 6.00 pm**

**CHRISTMAS DAY
MONDAY 25 DECEMBER**

**HOLY COMMUNION
at 10.00 am**

You will be warmly welcomed


ROLL THE DICE
COMMUNITY GAMING
GROUP

Find us on Facebook @
[facebook.com/RollTheDiceCornwall](https://www.facebook.com/RollTheDiceCornwall)

Want to learn about the world of Warhammer 40,000?
Join us at Roll The Dice, the first community gaming group for children, young people
and families in our area.

Painting | Model making
Game playing | Friend forming

Free to all, regardless of previous experience.
If you have your own models and paints, bring them along and enjoy the social aspect
of making, painting and playing.
If you are starting out, come and see what the hobby has to offer!

**WARHAMMER
40,000**

Every Thursday during term time, 4-6pm at
Breaney Chapel, Breage.
First session, Thursday 11th January, 2023
Ages 8 - 14, adults welcome to stay.

Germoe Well-Being Borrowing Library

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiety, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



Headstart Kernow

For children in Y5/6 and older – Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

<https://www.startnowcornwall.org.uk>

Twitter and Instagram

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe

Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.

Money Management Course

Every Thursday in November 10am-12pm Helston Methodist Church are working in association with Christians Against Poverty to run a free of charge money management course. The venue is Helston Methodist Church, Coinagehall Street, Helston, TR13 8EL.

The course is for anyone who wants the chance to learn and develop essential money management skills such as:

- how to build and balance a household budget
- how to differentiate between essential and optional expenses
- how to use credit wisely
- how to navigate debt
- understand the importance of personal savings
- how to use helpful money saving resources

Christians Against Poverty (CAP) has existed for 25 years and is widely recognised as a charity that offers practical, reliable and professional help to tens of thousands of people across the UK and is authorised and regulated by the FCA. All of CAP's services are free of charge

To book onto the course please go to

<https://refresh.capmoney.org/join-course/651c19a81eb2c7ec06097086>

Parenting Workshops January – March 2024



- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

 www.cornwall.gov.uk/parenting

East		
Ages 1-3	Mondays 9:30-11:30	15.01.24 – 25.03.24 Bodmin Family Hub
Ages 4-8	Thursdays 9:30-11:30	11.01.24 – 21.03.24 Callington Family Hub
Mid		
Ages 1-3	Fridays 9:30-11:30	12.01.24 – 22.03.24 The Park Family Hub
Ages 4-8	Thursdays 9:30-11:30	11.01.24 – 28.03.24 Trelander Family Hub
West		
Ages 1-3	Mondays 9:30-11:30	15.01.24 – 25.03.24 Troon Family Hub
Ages 4-8	Thursdays 9:30-11:30	11.01.24 – 21.03.24 Hayle Family Hub
Countywide		
Ages 1-3	Thursdays 12:30-14:30	11.01.24 – 21.03.24 Virtual MS Teams
Ages 1-3	Wednesdays 18:00-20:00	21.02.24 – 24.04.24 Virtual MS Teams
Ages 4-8	Wednesday 12:30-14:30	24.01.24 – 27.03.24 Virtual MS Teams
Ages 9-11	Wednesdays 9:30-11:30	24.01.24 – 27.03.24 Virtual MS Teams
Ages 9-11	Thursdays 18:00-20:00	22.02.24 – 25.04.24 Virtual MS Teams
Ages 9-11	Monday 18:00-20:00	26.02.24 – 29.04.24 Virtual MS Teams

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- What's adolescence?
- Encouraging young people
- The power of listening
- Misbehaviour and listening
- The four styles of parenting
- Taking stock, "I" statements and boundaries
- Negotiating boundaries and consequences
- When adults disagree – more negotiation practice
- Saying goodbye and moving on

A one-day workshop delivered over 5 hours.

This is an evidence-based workshop for parents and carers to attend with their young person:

- Interactive/structured activities
- Guided discussion
- Group work
- Strategies and top tips
- Discussing effective communication
- Relationship building
- Boundary setting

East		
Ages 12-18	Mondays 12:30-14:30	08.01.24 – 18.03.24 Bodmin Family Hub
Ages 12-18	Thursdays 12:30-14:30	11.01.24 – 21.03.24 Callington Family Hub
Mid		
Ages 12-18	Fridays 12:30-14:30	12.01.24 – 22.03.24 The Park Family Hub
Ages 12-18	Thursdays 12:30-14:30	11.01.24 – 21.03.24 Trelander Family Hub
West		
Ages 12-18	Mondays 12:30-14:30	08.01.24 – 18.03.24 Troon Family Hub
Ages 12-18	Thursdays 12:30-14:30	11.01.24 – 21.03.24 Hayle Family Hub
Countywide		
Ages 12-18	Fridays 9:30-12:30	12.01.24 – 22.03.24 Virtual MS Teams
Ages 12-18	Thursdays 18:00-20:00	20.02.24 – 23.04.24 Virtual MS Teams

East		
Ages 12-18	Friday 9:30-14:30	09.02.24 Wadebridge Family Hub
Ages 12-18	Friday 9:30-14:30	15.03.24 Torpoint Family Hub
Mid		
Ages 12-18	Friday 9:30-14:30	22.03.24 Trelander Family Hub
West		
Ages 12-18	Friday TBD	TBD

 www.cornwall.gov.uk/parenting



Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

Countywide		
Ages 0-12months	Tuesdays 12:30-14:30	30.01.24 – 13.02.24 Virtual MS Teams
Mild		
Ages 0-12months	Tuesdays 12:30-14:30	20.02.24 – 05.03.24 St Austell Family Hub
West		
Ages 0-12months	Tuesdays 12:30-14:30	12.03.24 – 26.03.24 Penzance Family Hub

Countywide		
Ages 0-19	Tuesdays 12:30-14:30	30.01.24 – 13.02.24 Virtual MS Teams
East		
Ages 0-19	Tuesdays 12:30-14:30	20.02.24 – 05.03.24 Launceston Family Hub
West		
Ages 0-19	Tuesdays 12:30-14:30	20.02.24 – 05.03.24 Penzance Family Hub

Countywide		
Ages 0-19	Tuesdays 12:30-14:30	30.01.24 – 13.02.24 Virtual MS Teams
East		
Ages 0-19	Tuesdays 12:30-14:30	12.03.24 – 26.03.24 Launceston Family Hub
Mid		
Ages 0-19	Tuesdays 12:30-14:30	12.03.24 – 26.03.24 St Austell Family Hub

 www.cornwall.gov.uk/parenting

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.



Email: parenting@cornwall.gov.uk
Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY
Email: equality@cornwall.gov.uk Telephone: 0300 1234 100

Together for Families

Early Help Parenting Newsletter – Autumn 2023

Free information, support and guidance for parents and carers.

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 033 123 1116.

Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. More information about our parenting support on offer can be found at: www.cornwall.gov.uk/parenting

The programmes currently available are:

- **Being Passionate About Parenting Early Years** – 1-3 years (3 x 2-hour sessions)
- **Being Passionate About Parenting** – 4-11 years (3 x 2-hour sessions)
- **Take 3** – Supporting Teenagers 12-17 years (5 x 2-hour virtual sessions or 10 x 2-hour face to face sessions)
- **Living with Parents** – a one day workshop for parents and their young person aged 12 to 17 years.
- **Understanding your child with additional needs** – a self-guided course accessed through Solihull: <https://inourplace.heiapply.com/online-learning/course/36>

To access the course, please register for an account using the code TAMAR

Solihull Online



FREE access to self-guided parenting courses for parents and carers in Cornwall and the Isles of Scilly. www.inourplace.co.uk Free Access Code: TAMAR

SPACE

Want to support and understand your child's emotions as well as our own? Why not attend FREE Supporting Parents and Children Emotionally (SPACE) sessions. For more information and/or to register your interest please email: space@cornwall.gov.uk

Supporting Healthy Relationships

Reducing conflict between parents is one of the most effective ways to improve the lives of their children – including mental health and emotional stability, behaviour, helping them to do better in school, and improving the quality of their life long-term.

To find out more on Supporting Healthy Relationships including helpful resources and future courses, please visit: www.cornwall.gov.uk/parenting

Family Information Service

For useful parenting information, updates on parenting programmes and Parenting Podcasts please access the Family Information Service website www.supportincornwall.org.uk

Social Prescribing Cornwall

Linking people with non-clinical sources of support within the community.

www.socialprescribingcornwall.org.uk

Hunrosa



Sleep is essential for our children to grow, learn, promote immunity and good mental health. Children with neurodiversity are likely to find sleep more difficult. Hunrosa have experience and expertise in supporting families, so come to our friendly sleep session to learn about ways you can help your child to sleep better. Please contact your Healthcare Provider should you wish to have them refer you for sleep services. <https://hunrosa.co.uk/>

Kooth & Qwell



Kooth offer free, safe and anonymous mental health support for young people aged 11-19 years.

<https://www.kooth.com/>

Qwell offers mental health support for ALL parents and carers of all ages as well as 19-25 years.

<https://www.qwell.io/>

Headstart Kernow



Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world and to guide you to available services and support and to promote helpful conversation.

www.headstartkernow.org.uk

Just for Dads



For information tailored just for you check out:

www.supportincornwall.org.uk/fordads

[DadPad | The Essential Guide for New Dads | Support Guide for New Dads \(thedadpad.co.uk\)](#)

Homestart Kernow



Parents can struggle at one time or another, you are not alone. Home-Start's volunteers work alongside families to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be.

www.homestartkernow.org.uk

Reconnect/The Susie Programme



Giving children the time, space, and skills to have a loving relationship with themselves and others following Domestic Abuse. As well as providing adults with a support programme to enable you to positively move forward with your life.

www.saferfutures.org.uk/online-referral/

Citizens Advice

Giving people the knowledge and confidence, they need to find their way forward - whoever they are, and whatever their problem - Adviceline: 0800 144 8848 or text the word ADVICE to 78866 and they will call you back within 48 hours (excluding weekends). www.citizensadvice.org.uk

Neurodiversity Videos

Some short videos around neurodiversity.

Adolescents with ADHD:

www.youtube.com/watch?v=uGSHcHcVnIo

Walk in My Shoes:

www.youtube.com/watch?v=KSKvazfTLv8

For more information on Neurodiversity go to:

www.pdasociety.org.uk

www.adhdfoundation.org.uk

www.autism.org.uk

www.bridgingtheneurodivide.com

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



CORNWALL COUNCIL
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Together for Families



www.cornwall.gov.uk

School information finder - Germoe

What information do you need?	Where to find the information
I need to contact school urgently	Phone on 01736 763310
I need to contact school non-urgently	Email secretary.germoe@fbgschools.co.uk or email class teacher(name plus @fbgschools.co.uk)
I need to find a list of teachers	School website www.germoe.cornwall.sch.uk Our school – Meet the staff
I need to know term dates	School website www.germoe.cornwall.sch.uk Parent info – Term dates
I need to see if my child has homework or upload their homework	See saw Reading records
I want to report my child absent from school	Phone call before 0900 on 01736 763310
I want to find out about upcoming dates, trips etc	School website www.germoe.cornwall.sch.uk Calendar
I want to read a school policy	School website www.germoe.cornwall.sch.uk Our school - Policies
I want to see the school development plan	School website www.germoe.cornwall.sch.uk Our school – school development plan
I want to see what is on the lunch menu	School website www.germoe.cornwall.sch.uk Parent info – Menu
I want to find out about clubs	School website www.germoe.cornwall.sch.uk Parent info - Newsletter
I want to look at a past or present newsletter	School Website www.germoe.cornwall.sch.uk Parent info - Newsletter
I need to report a safeguarding matter to school	Phone or email 01736 763310 Paula Blackburn head@fbgschools.co.uk Angie Larcombe alarcombe@fbgschools.co.uk Denise Rusga drusga@fbgschools.co.uk