

# Germoe School Newsletter

15th March 2024



### **Message from Miss Symons**

Dear Parents and Carers,

Thank you to all who came and joined us for our parent's evening meetings this week. This time next week we will hopefully be taking part in our egg rolling and Easter egg hunt organised by FROGS. If you are new to our school/have joined in the past 12 month, you will not yet have heard of our egg rolling event -its a Germoe tradition, keep your eyes peeled for more information.

I hope you have a wonderful weekend

Miss Symons

### **Morning Drop-off**

Please note that staff are not on duty until 8:45 and therefore please continue to supervise children if you arrive early on the playground until this time.

### REMINDER

Please can all Breakfast/After school care needs to be booked by the end of the school day, the day before it is needed, to ensure we have the correct pupil/staff ratios.

### REMINDER TO WEAR SCHOOL UNIFORM

### Our school uniform is:

sweatshirt/navy jumper or cardigan,
polo shirt white/light blue
navy/black trousers/joggers/leggings/skirt
Sweatshirts, t-shirts and bookbags can be purchased through School Money and collected from
the office

### **CLUBS**

### Monday 3.30-4.30pm

Football club - Mr Conway Seasonal Arts and Crafts club - Mrs Reeves and Bronwen Tyrrell

### Tuesday 3.30-4.30pm

Yoga club - Miss Burns Origami club - Miss Symons

### Wednesday lunchtime

Choir - Miss Laity

### Thursday 3.30-4.30pm

Eco Club - Mrs Knight

### **Rinsey Class**

On Monday 25th March we are inviting parents in to show off all of our learning of Ancient Egypt. Please come in any time from 2:30pm.

Thanks,

Mr Conway

### Smartphone information for parents

Please find below some links regarding smartphone usage for children. It was very kindly sent to us by one of our parents and it is interesting information for any parents/carers who are concerned about smartphones and social media for children. I hope you find it useful..... https://amp.theguardian.com/technology/2024/feb/17/thousands-join-uk-parents-calling-for-smartphone-free-childhood https://smartphonefreechildhood.co.uk/

### School Closures in Emergency – Agreed Notification Procedure

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

# **DIARY DATES 2023/2024**

### **IMMINENT DATES**

### **Monday 18th March**

Rinsey Class parents viewing Ancient Egypt project

### Friday 22nd March

FROGS Egg Rolling and Easter Hunt

### **Monday 25th March**

**RESERVE** for FROGS Egg Rolling and Easter Hunt

### **Tuesday 26th March**

Class 4 Humphry Davy

### Wednesday 27th March

Songfest Choir performance

### **Thursday 28th March**

Break up for Easter @ 3.15/3.30pm

### **SUMMER TERM 2024**

### 23rd April 9.00 am

Coffee and cake meeting

# Monday 17th June to Wednesday 19th June

Helston School Y6 Transition events

### 20th June 9am

Coffee and cake meeting

### 24th June

1:45pm Sports Day

### 22nd July

2.30pm Leaver's service

### 24th July

Break for Summer

### **TERM DATES 2023/2024**

### Autumn term (72 days)

- 4th September 19th December 2023
- (Half term 23rd -27th October 2023)

### Spring Term (56 days)

- 4th January 28th March 2024
- (Half term 12th-16th February 2024)

### Summer term (67 days)

- 15th April 24th July 2024
- (Half term 27th May 31st May 2024)
- INSET 3rd-7th June 2024

### Information for all settings: Guidance on measles outbreaks

There have been recent localised outbreaks of measles centred around the West Midlands. There is a risk of further outbreaks in other areas unless urgent action is taken to increase Measles, Mumps and Rubella (MMR) vaccination take up in areas with low MMR vaccine rates.

Measles spreads very easily among those who are unvaccinated, especially in nurseries and schools. The best protection against measles for children and adults is to get both doses of the MMR vaccine. It is never too late to have these vaccinations.

### https://www.nhs.uk/conditions/measles/

Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

### **RESOURCES REQUEST!**

Godrevy Class are collecting PET 2 bottles (e.g., large and small water and soft drink bottles that can be remade into 3d printing filament) for a project that they will be starting this term. We would also be grateful for larger clear plastic bottles up to 5L, as the class will be testing lung capacity.

Thank You!

### **Neurodiverse?**

A new system will be operational from April, for the assessment pathway for Autism and ADHD. It's not yet up and running, but Parent Carer Cornwall have a linked site, which has some great information for parents about neurodiversity. If you'd like to take a look:

https://parentcarercornwall.org.uk/ and find the 'Neurodiversity Hub' tab at the top of the page

### **SAFETY NOTICE**

We have seen cars parking on the pavement, below the playground, at drop off and collection times. Please can we ask that you refrain from doing this as it means parents and children have to go into the road to get around the parked cars.

Thank you

### TREGONNING HILL CONSULTATION DAY

You may be aware that Tregonning Hill was purchased by Cornwall Heritage Trust in October 2023. We want to safeguard its future and ensure that the site remains free to visit for everyone 365 days of the year.

We have been overwhelmed by the number of thank yous, kind words, and offers of support we've had about the site. Thank you to everyone who has so generously offered to work with us to care for this special place. We're keen to work with the community as much as possible and would love to invite you to share your thoughts at this consultation day.

Please join us at Balwest Sunday School (TR13 9TE) on Saturday 16th March, anytime from 10am to 2pm. It's a chance to meet the team at Cornwall Heritage Trust and share your thoughts about the site. There will be tea, coffee, and cake available. Local mining history specialist, Stephen Polglase, will be giving free guided walks at 10:30am and 1pm (please note: there is a capacity of 15 people per walk).

We're keen to reach as much of the local community as possible, so if you know someone with a keen interest in Tregonning Hill, please do extend the invitation to this event. We have also attached a poster that you may wish to display on nearby noticeboards or share with community groups. Thank you for your support, we look forward to welcoming you to Balwest Sunday School building on Saturday 16th March.

Kind regards, The Team at CHT



### RINSEY CLASS UPDATE

This week we've been making death masks in inquiry and we've been doing times tables and I digit by two digit in math. In English we are doing a story with characterizing speech. In pe we are doing dance like an Egyptian and swimming. On Monday it was world book day for Germoe. We made tree houses in Mrs reeves class, we made cakes in Mrs Symons class and in Mr Conway's class we played quidditch from harry potter.

By Rudy





### **Germoe Well-Being Borrowing Library**

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiet, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



### **Headstart Kernow**

For children in Y5/6 and older - Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

https://www.startnowcornwall.org.uk

### **Twitter and Instagram**

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.

### **Tax-Free Childcare**

### Tax-Free Childcare is:

- For working families, including the self-employed, in the UK
- Earning under £100k and an average of £167 per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who aren't receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, up to £2,000 per child per year

For more information <a href="https://www.gov.uk/tax-free-childean">https://www.gov.uk/tax-free-childean</a>

## **Parenting Workshops** January - March 2024





### **Understanding your Child**

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

#### **Workshop Description**

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- · Understanding how your child is feeling
- · Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- · Having fun together
- The rhythm of interaction
- · Why is sleep important?
- Self-regulation and anger
- Communication and tuning in Looking back and looking forwards



www.cornwall.gov.uk/parenting

#### **Workshop Dates**

East		
Ages 1-3	Mondays	15.01.24 - 25.03.24
	9:30-11:30	Bodmin Family Hub
Ages 4-8	Thursdays	11.01.24 - 21.03.24
	9:30-11:30	Callington Family Hub
Mid		
Ages 1-3	Fridays	12.01.24 - 22.03.24
	9:30-11:30	The Park Family Hub
Ages 4-8	Thursdays	11.01.24 - 28.03.24
	9:30-11:30	Trelander Family Hub
West		
Ages 1-3	Mondays	15.01.24 - 25.03.24
	9:30-11:30	Troon Family Hub
Ages 4-8	Thursdays	11.01.24 - 21.03.24
	9:30-11:30	Hayle Family Hub
Countywide		
Ages 1-3	Thursdays	11.01.24 - 21.03.24
	12:30-14:30	Virtual MS Teams
Ages 1-3	Wednesdays	21.02.24 - 24.04.24
	18:00-20:00	Virtual MS Teams
Ages 4-8	Wednesday	24.01.24 - 27.03.24
	12:30-14:30	Virtual MS Teams
Ages 9-11	Wednesdays	24.01.24 - 27.03.24
	9:30-11:30	Virtual MS Teams
Ages 9-11	Thursdays	22.02.24 - 25.04.24
	18:00-20:00	Virtual MS Teams
Ages 9-11	Mondays	26.02.24 - 29.04.24
	18:00-20:00	Virtual MS Teams



#### **Workshop Description**

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- What's adolescence?
- Encouraging young people
- The power of listening
- · Misbehaviour and listening
- The four styles of parenting
- Taking stock, "I" statements and boundaries
- · Negotiating boundaries and consequences
- When adults disagree more negotiation practice
- Saying goodbye and moving on

#### **Living with Parents**

### **Workshop Description**

A one-day workshop delivered over 5hours.

This is an evidence-based workshop for parents and carers to attend with their young person:

- · Interactive/structured activities
- Guided discussion
- · Group work
- · Strategies and top tips · Discussing effective
- Relationship building Boundary setting

### **Workshop Dates**

Information Classification: PUBLIC

East		
Ages 12-18	Mondays	08.01.24 - 18.03.24
	12:30-14:30	Bodmin Family Hub
Ages 12-18	Thursdays	11.01.24 - 21.03.24
	12:30-14:30	Callington Family Hub
Mid		
Ages 12-18	Fridays	12.01.24 - 22.03.24
	12:30-14:30	The Park Family Hub
Ages 12-18	Thursdays	11.01.24 - 21.03.24
	12:30-14:30	Trelander Family Hub
West		
Ages 12-18	Mondays	08.01.24 - 18.03.24
	12:30-14:30	Troon Family Hub
Ages 12-18	Thursdays	11.01.24 - 21.03.24
	12:30-14:30	Hayle Family Hub
Countywide		
Ages 12-18	Fridays	12.01.24 - 22.03.24
	9:30-12:30	Virtual MS Teams
Ages 12-18	Thursdays	20.02.24 - 23.04.24
	18:00-20:00	Virtual MS Teams

#### **Workshop Dates**

East		
Ages 12-18	Friday	09.02.24
	9:30-14:30	Wadebridge Family Hub
Ages 12-18	Friday	15.03.24
	9:30-14:30	Torpoint Family Hub
Mid		
Ages 12-18	Friday	22.03.24
	9:30-14:30	Trelander Family Hub
West		
Ages 12-18	Friday	TBD
	TBD	



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#### Me You and Baby Too (MYBT)

#### **Workshop Description**

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- · How arguments start, and how to manage them constructively

### Arguing Better (AB)

### **Workshop Description**

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- · Impact on children

#### Getting it Right for Children (GIRFC) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- · How to stay calm and listen
- · Seeing things differently
- · Finding solutions and making compromises

### MYBT Workshop Dates

Countywide		
Ages 0-	Tuesdays	30.01.24 – 13.02.24
12months	12:30-14:30	Virtual MS Teams
Mid		
Ages 0-	Tuesdays	20.02.24 - 05.03.24
12months	12:30-14:30	St Austell Family Hub
West		
Ages 0-	Tuesdays	12.03.24 – 26.03.24
12months	12:30-14:30	Penzance Family Hub

### **AB Workshop Dates**

Countywide		
Ages 0-19	Tuesdays	30.01.24 - 13.02.24
	12:30-14:30	Virtual MS Teams
East		
Ages 0-19	Tuesdays	20.02.24 - 05.03.24
	12:30-14:30	Launceston Family
		Hub
West		
Ages 0-19	Tuesdays	20.02.24 - 05.03.24
	12:30-14:30	Penzance Family Hub

### **GIRFC Workshop Dates**

Countywide		
Ages 0-19	Tuesdays	30.01.24 - 13.02.24
	12:30-14:30	Virtual MS Teams
East		
Ages 0-19	Tuesdays	12.03.24 - 26.03.24
	12:30-14:30	Launceston Family
		Hub
Mid		
Ages 0-19	Tuesdays	12.03.24 - 26.03.24
	12:30-14:30	St Austell Family Hub



www.cornwall.gov.uk/parenting

#### How to access

Parents/carers or professionals can access the parenting offer by visiting

www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday - Friday, 9am - 5pm to support queries.



Contact us

Email: parenting@cornwall.gov.uk Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100







# **Parenting Workshops** April - August 2024





### Solihull - Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

### Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- · Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- · Different styles of parenting
- · Having fun together
- The rhythm of interaction

Supporting Healthy

Workshop Description

Arguing Better (AB) **Workshop Description** 

is 2-hours.

A course for all new or expectant

· What your baby picks up on · How to support each other · How arguments start, and how to manage them constructively

Me You and Baby Too (MYBT)

Delivered over 3 weeks, each weekly session

Delivered over 3 weeks, each weekly session

A course for all parents/carers with a child · How to support each other · How arguments start, and how to manage them constructively · Impact on children

Relationships

parents/carers:

- · Why is sleep important?
- Self-regulation and anger
- · Communication and tuning in Looking back and looking forwards



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#### Workshop Dates

Countywide	- VIRTUAL	
Ages 1-3	Mondays	22.04.24-24.06.24
- 903 2 3	18:00-20:00	Virtual MS Teams
Ages 1-3	Wednesdays	05.06.24-07.08.24
Ages 1-5	09:30-11:30	Virtual MS Teams
Ages 4-8	Tuesdays	23.04.24 - 25.06.24
vBez a-o	12:30-14:30	Virtual MS Teams
	22.00 2.1.00	
Ages 4-8	Mondays	03.06.24-05.08.24
	18:00-20:00	Virtual MS Teams
Ages 9-11	Thursdays	02.05.24-11.07.24
	12:30-14:30	Virtual MS Teams
Ages 9-11	Wednesdays	08.05.24-17.07.24
	18:00-20:00	Virtual MS Teams
East		
Ages 4-8	Mondays	13.05.24-22.07.24
	09:30-11:30	Wadebridge Family Hub
Ages 9-11	Tuesdays	30.04.24-09.07.24
	12:30-14:30	Launceston Family Hub
Mid		
Ages 1-3	Tuesdays	04.06.24-06.08.24
	12:30-14:30	St Austell Family Hub
Ages 4-8	Thursdays	02.05.24-11.07.24
	12:30-14:30	Newquay Family Hub
Ages 9-11	Fridays	10.05.24-12.07.24
	09:30-11:30	The Park Family Hub
West		
Ages 1-3	Thursdays	02.05.24-11.07.24
	09:30-11:30	Gooseberry Bush Nursery
Ages 4-8	Wednesdays	08.05.24-17.07.24
	09:30-11:30	Helston Family Hub
Ages 9-11	Mondays	13.05.24-22.07.24
	12:30-14:30	Penzance Family Hub



### **Parents Plus Adolescent Programme**

#### **Workshop Description**

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- · Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- · Connecting with your teenager
- · Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- · Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

#### **Workshop Dates**

Countywide	- VIRTUAL	
Ages 12-18	Wednesdays	01.05.24-26.06.24
	18:00-20:00	Virtual MS Teams
Ages 12-18	Mondays	03.06.24-29.07.24
	09:30-11:30	Virtual MS Teams
East		
Ages 12-18	Thursdays	02.05.24-04.07.24
	09:30-11:30	Saltash Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Wadebridge Family Hub
Mid		
Ages 12-18	Fridays	19.04-24-21.06.24
	12:30-14:30	The Park Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Newquay Family Hub
West		
Ages 12-18	Tuesdays	28.05.24-23.07.24
	12:30-14:30	Penzance Family Hub
Ages 12-18	Wednesdays	05.06.24-31.07.24
	12:30-14:30	Helston Family Hub





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### **Workshop Description**

Delivered over 3 weeks, each weekly session is 2-

A course for separating or separated parents/carers:

### Getting it Right for Children (GIRFC)

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

### **MYBT Workshop Dates**

Countywide – VIRTUAL		
Ages pre-	Wednesdays	17.04.24-01.05.24
birth – 12months	09:30-11:30	Virtual MS Teams
Ages pre- birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

### **AB Workshop Dates**

Countywide – VIRTUAL		
Ages 1-19	Thursdays	02.05.24-16.05.24
	18:00-20:00	Virtual MS Teams
Ages 1-19	Tuesdays	02.07.24-16.07.24
	12:30-14:30	Virtual MS Teams

### GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays	19.04.24-03.05.24
	09:30-11:30	Virtual MS Teams
Ages 0-19	Thursdays	06.06.24-20.06.24
	18:00-20:00	Virtual MS Teams

www.cornwall.gov.uk/parenting

#### How to access

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Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.

Information Classification: PUBLIC



Email: parenting@cornwall.gov.uk Call: 01872 324323

If you would like this information in another format please contact: Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100









School information finder - Germoe

What information do you need? Where to find the information

I need to contact school urgently Phone on 01736 763310

Email secretary.germoe@fbgschools.co.uk or email class teacher( I need to contact school non-urgently

name plus @fbgschools.co.uk)

School website

I need to find a list of teachers www.germoe.cornwall.sch.uk

Our school - Meet the staff

School website

www.germoe.cornwall.sch.uk I need to know term dates

Parent info - Term dates

I need to see if my child has homework or

upload their homework

Reading records

See saw

I want to report my child absent from

school

Phone call before 0900 on 01736 763310

I want to find out about upcoming dates,

trips etc

School website

www.germoe.cornwall.sch.uk

Calendar

School website

School website

I want to read a school policy www.germoe.cornwall.sch.uk

Our school - Policies

I want to see the school development plan www.germoe.cornwall.sch.uk

Our school – school development plan

School website

I want to see what is on the lunch menu www.germoe.cornwall.sch.uk

Parent info – Menu

School website

I want to find out about clubs www.germoe.cornwall.sch.uk

Parent info - Newsletter

School Website

I want to look at a past or present

newsletter

www.germoe.cornwall.sch.uk

Parent info - Newsletter

Phone or email 01736 763310

I need to report a safeguarding matter to

school

Paula Blackburn head@fbgschools.co.uk

Angie Larcombe alarcombe@fbgschools.co.uk

Denise Rusga drusga@fgbschools.co.uk