



# Germoe School Newsletter

24th May 2024

Currently Miss Blackburn and the Y5 and Y6's are travelling back from Paris after what looks to have been a wonderful summer camp. We can't wait to hear all about it. The remainder of Class 4 have also had a lovely week with Mrs Segal doing lots of lovely activities. They have been going into Class 2 to listen to the children read and they have all thoroughly enjoyed it.

Don't forget we have two weeks off and will return to school on Monday 10th June, ready for a busy time ahead with Y6 at Coast to Coast the day we come back and Sports Day and Mazey Day later on in the month. Please check the diary dates, further down, for all the upcoming events we have going on.

Have a wonderful half term and hopefully it will be filled with sunshine and laughter.



**It has been reported to us that a parent's car has been quite badly damaged by another vehicle this morning whilst parked in the bottom car park. There wasn't a note left on the car with any contact details when the parent returned unfortunately.**

**We understand parking is tight at drop off and pick times but please be respectful and report any damage.'**

#### MENU 10TH JUNE

When we return to school on Monday the 10th June the school menu will be week 2 - Pizza

#### **Important notice**

For the respiratory health of our children who are learning outside, please turn off your engine in the car park.

### **Morning Drop-off**

**Please note that staff are not on duty until 8:45 and therefore please continue to supervise children if you arrive early on the playground until this time.**

### **Y5/6 STEM PROJECT**

Y5/6 are doing a STEM project next half term and will need lots of cardboard, boxes, plastic bottles, pipes, tubes, plastic pots, straws, and other modelling junk, wool, string, bottle tops etc - if it has potential to be fashioned into something else, we want it!

### **Swiss Students 23rd June to 6th July 2024.**

We have been asked to host Swiss Students at school again this year and if you are interested in being a host family please let Mrs Care know no later than Friday 24th May. Host families will receive £300 per student, they can share a room. You will need to provide breakfast, lunch and dinner and transport to school. Host families do not have to be a parent at school, families who have left can also host.

### **GARDEN/POLY TUNNEL**

Growing season is upon us and we really want to get some fruit and vegetables growing in our garden and polytunnel. The children want to grow tomatoes, cucumber, beans, peas, potatoes, radish, strawberries, raspberries, and carrots. To get us started we are looking for donations of seeds, plants, compost and pots. We could also do with a hand to prepare the beds (weeding and preparing the soil). If you can help in any way, please let Mrs Knight know. Thank you!

### **CLUBS**

To sign up please email Mrs Care [secretary.germoe@fbgschools.co.uk](mailto:secretary.germoe@fbgschools.co.uk)

All clubs are Y1 -Y6 unless stated otherwise:

#### **Monday**

Book club - Y2-Y6 Miss Reeves

Rounds - Miss Symons

#### **Tuesday**

Football - **Y2-Y6** Mr Conway

Yoga - Miss Burns

#### **Thursday**

Eco club - Mrs Knight

### **HEAD LICE**

Cornwall council health department - information on the treatment of Head Lice

#### **Wet combing method:**

- Wash the hair with ordinary shampoo and apply plenty of conditioner.
  - Use an ordinary, wide-toothed comb to straighten and untangle the hair.
  - Once the comb moves freely through the hair without dragging, switch to the louse detection comb.
  - Make sure the teeth of the comb slot into the hair at the roots, with the edge of the teeth lightly touching the scalp.
  - Draw the comb down from the roots to the ends of the hair with every stroke, and check the comb for lice each time - remove lice by wiping the comb with tissue paper or rinsing it.
  - Work through the hair, section by section, so that the whole head of hair is combed through.
  - Do this at least twice to help ensure you haven't missed any areas, until no more lice are found.
- IMPORTANT - Repeat this procedure on days five, nine and 13. Detection combing should be done on day 17, to check for any live head lice.

## SPORTS FOR SCHOOLS

Dear Parent or Guardian,

We're very excited to be welcoming Sports for Schools to the school soon!

A top GB athlete will be leading a sponsored fitness circuit with all pupils, followed by a motivational assembly, and Q&A session. The aim of the event is to inspire the pupils to be more physically active, but just as importantly, encourage them to discover and pursue their passion in life.

The event will both connect the pupils to an extraordinary athlete role model and raise money to improve physical activity in the school, as well as supporting both athletes and para-athletes, so that they can continue to inspire the next generation.

Attached is a sponsorship form for your child to use to help raise money for the event. You can also sponsor your child by visiting: [www.sportsforschools.org](http://www.sportsforschools.org) and clicking on the button "Set up a Fundraiser Page". Alternatively, you can scan the QR code to go directly to the online sponsorship page.

As a thank you, pupils will receive the following thank-you gifts for meeting these milestones:

Raise anything: A5 sheet of motivational stickers

Raise £5 or more: sheet of stickers, plus a blue Sports for Schools wristband

Raise £15 or more: all of the above, plus a red wristband with the athlete's signature

Raise £30 or more: all of the above, plus a signed athlete poster

Please ensure that the sponsorship form and money are returned to the school office 1 week after the event has taken place.

Please also make sure that your children come to school on the event day with their PE Kits!

Thank you in anticipation of creating a terrific and memorable event.

## SURFING LESSONS - Y3/4/5/6/

Global Boarders are extending the surf club into June and July and if you child is interested in joining please contact Mrs Care in the office for a form. We will need to have all completed forms in the office by Wednesday 22nd May and all payments will need to be made prior to the first lesson starting.

Germoe / Boskenwyn School Surf Club Dates

- 1) Friday June 07th – **First Session**
- 2) Friday June 14th
- 3) Friday June 21st
- 4) Friday June 28th
- 5) Friday July 05th
- 6) Friday July 12th –
- 7) Friday July 19th – Final Session

# DIARY DATES 2023/2024

## SUMMER TERM 2024

### 24th May

Godrevy France trip - return

### Monday 10th June

Return to school  
Y6 Coast to Coast

### Wednesday 12th June

Y6 Mullion Transition

### Friday 14th June

Class photo's

### Monday 17th June to Wednesday 19th June

Helston School Y6 Transition events

### Wednesday 19th June

Perranuthnoe St Michaels Mount trip

### Thursday 20th June 9am

Coffee and cake meeting

### Monday 24th June

1:45pm Sports Day

### Tuesday 25th June

Godrevy class out - Go-kart racing

### Saturday 29th June

Mazey Day

### Tuesday 2nd - 3rd July

Y6 Mullion Transition

### Wednesday 10th July

Summer Production

### Tuesday 16th July

whole school transition

### Monday 22nd July

2.30pm Leaver's service

### Wednesday 24th July

Break for Summer

## TERM DATES 2023/2024

### Autumn term (72 days)

- 4th September - 19th December 2023
- (Half term 23rd -27th October 2023)

### Spring Term (56 days)

- 4th January - 28th March 2024
- (Half term 12th-16th February 2024)

### Summer term (67 days)

- 15th April - 24th July 2024
- (Half term 27th May - 31st May 2024)
- **INSET 3rd-7th June 2024**

## **SAFETY NOTICE**

We have seen cars parking on the pavement, below the playground, at drop off and collection times. Please can we ask that you refrain from doing this as it means parents and children have to go into the road to get around the parked cars.

Thank you

## **Academic and Pastoral Support**

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

## **School Closures in Emergency – Agreed Notification Procedure**

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

## **Neurodiverse?**

A new system will be operational from April, for the assessment pathway for Autism and ADHD. It's not yet up and running, but Parent Carer Cornwall have a linked site, which has some great information for parents about neurodiversity. If you'd like to take a look:

<https://parentcarercornwall.org.uk/> and find the 'Neurodiversity Hub' tab at the top of the page

## **REMINDER TO WEAR SCHOOL UNIFORM**

Our school uniform is:

sweatshirt/navy jumper or cardigan,

polo shirt white/light blue

navy/black trousers/joggers/leggings/skirt

Sweatshirts, t-shirts and bookbags can be purchased through School Money and collected from the office

## RIINSEY CLASS UPDATE

### Our class newsletter

#### Maths

This week in maths we have been doing time and roman numerals. We have learnt time with whiteboard questions and a fun interactive computer game. We have learnt the basics of roman numerals and what they mean.

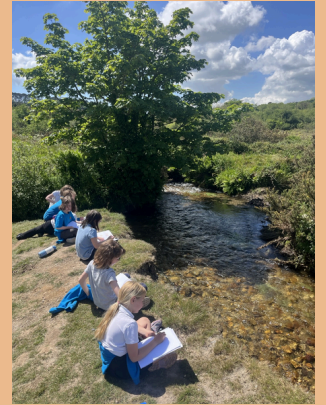
#### English

In English we have been learning how to write our own biographies. We started off by recognizing the key features of a biography, then created our own monster to put in our biographies. Finally, we write our biographies. We put in an introduction, an early life, successes and a death/after life.

#### PE

In PE we have been doing cricket and tennis. We did the basics learning how to hit the ball. In cricket we have played a small but proper game. In tennis we learnt to hit the ball to a partner and do all the basic hits.

By Arlo



### Smartphone information for parents

Please find below some links regarding smartphone usage for children. It was very kindly sent to us by one of our parents and it is interesting information for any parents/carers who are concerned about smartphones and social media for children. I hope you find it useful....

<https://amp.theguardian.com/technology/2024/feb/17/thousands-join-uk-parents-calling-for-smartphone-free-childhood>

<https://smartphonefreechildhood.co.uk/>

### ND PROFILING TOOL

Please see link below for online sessions for parents about the ND profiling tool  
<https://www.eventbrite.com/e/information-session-for-parentscarers-on-the-neurodiversity-profiling-tool-tickets-884811554177>

### CRICKET COACHING

Rosudgeon c c are running a ECB cricket coaching course run by a ECB qualified coach. It is for 8 - 11 years old using fun to learn coaching techniques so everybody will have a good time on the evening .

Parents can pre-book online on the ECB website but also can come along on the evening and try it out to see if their children like it or not ?

The sessions start on Tuesday the 14th May and on until around mid July . The cost would be £4 per night .

**DYNAMUS CRICKET**

**This is our game.**

[dynamuscricket.co.uk](https://dynamuscricket.co.uk)

Join us at:  
ROSUDGEON CRICKET CLUB

Session dates:  
TUESDAYS 14 TH MAY TILL END OF JULY

Session timings:  
8 PM TO 9PM

Contact:  
ANDREW 07971570871



## Germoe Well-Being Borrowing Library

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiety, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



## Headstart Kernow

For children in Y5/6 and older - Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

<https://www.startnowcornwall.org.uk>

## Twitter and Instagram

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe

Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.

## Tax-Free Childcare

Tax-Free Childcare is:

- For **working families**, including the self-employed, **in the UK**
- Earning **under £100k** and **an average of £167** per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who **aren't** receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, **up to £2,000 per child per year**

For more information <https://www.gov.uk/tax-free-childcare>

Together for Families Parenting

# Parenting Workshops April - August 2024



## Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

### Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

### Workshop Dates

Countywide – VIRTUAL		
Ages 1-3	Mondays 18:00-20:00	22.04.24-24.06.24 Virtual MS Teams
Ages 1-3	Wednesdays 09:30-11:30	05.06.24-07.08.24 Virtual MS Teams
Ages 4-8	Tuesdays 12:30-14:30	23.04.24 – 25.06.24 Virtual MS Teams
Ages 4-8	Mondays 18:00-20:00	03.06.24-05.08.24 Virtual MS Teams
Ages 9-11	Thursdays 12:30-14:30	02.05.24-11.07.24 Virtual MS Teams
Ages 9-11	Wednesdays 18:00-20:00	08.05.24-17.07.24 Virtual MS Teams
East		
Ages 4-8	Mondays 09:30-11:30	13.05.24-22.07.24 Wadebridge Family Hub
Ages 9-11	Tuesdays 12:30-14:30	30.04.24-09.07.24 Launceston Family Hub
Mid		
Ages 1-3	Tuesdays 12:30-14:30	04.06.24-06.08.24 St Austell Family Hub
Ages 4-8	Thursdays 12:30-14:30	02.05.24-11.07.24 Newquay Family Hub
Ages 9-11	Fridays 09:30-11:30	10.05.24-12.07.24 The Park Family Hub
West		
Ages 1-3	Thursdays 09:30-11:30	02.05.24-11.07.24 Gooseberry Bush Nursery
Ages 4-8	Wednesdays 09:30-11:30	08.05.24-17.07.24 Helston Family Hub
Ages 9-11	Mondays 12:30-14:30	13.05.24-22.07.24 Penzance Family Hub



## Parents Plus Adolescent Programme

### Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.  
This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

### Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays 18:00-20:00	01.05.24-26.06.24 Virtual MS Teams
Ages 12-18	Mondays 09:30-11:30	03.06.24-29.07.24 Virtual MS Teams
East		
Ages 12-18	Thursdays 09:30-11:30	02.05.24-04.07.24 Saltash Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Wadebridge Family Hub
Mid		
Ages 12-18	Fridays 12:30-14:30	19.04-24-21.06.24 The Park Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Newquay Family Hub
West		
Ages 12-18	Tuesdays 12:30-14:30	28.05.24-23.07.24 Penzance Family Hub
Ages 12-18	Wednesdays 12:30-14:30	05.06.24-31.07.24 Helston Family Hub



[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)



## Getting it Right for Children (GIRFC) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

## Supporting Healthy Relationships

### Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

### Arguing Better (AB) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

### MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Wednesdays 09:30-11:30	17.04.24-01.05.24 Virtual MS Teams
Ages pre-birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

### AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays 18:00-20:00	02.05.24-16.05.24 Virtual MS Teams
Ages 1-19	Tuesdays 12:30-14:30	02.07.24-16.07.24 Virtual MS Teams

### GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams

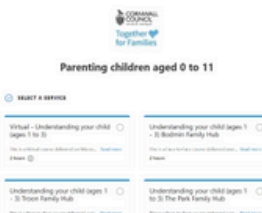
[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

## How to access

Parents/carers or professionals can access the parenting offer by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting).

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am – 5pm to support queries.



### Contact us

Email: [parenting@cornwall.gov.uk](mailto:parenting@cornwall.gov.uk)  
Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY  
Email: [equality@cornwall.gov.uk](mailto:equality@cornwall.gov.uk) Telephone: 0300 1234 100



## Bitesize Parenting

### Workshop Description

Bitesize parenting workshops are weekly 2-hour sessions (18:00-20:00) delivered by our parenting team to support on a wide range of topics. Please book on by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

#### Topics include:

**Bitesize Child (for parents/carers of children aged 4-11)**

**Bullying** – How to talk to children about bullying and support them if they are experiencing it.

**Remaining calm** – How to look after yourself as a parent.

**Praise and rewards** – This workshop focuses on using praise and rewards to support behaviour you'd like to see more of.

**Special time with your child** – How quality time with children can help with behaviour.

**Routines and boundaries** – Looking at why routines and boundaries are important and how these can be put in place effectively to support children, parents and family life.

**Technology and safety** – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

**Bitesize Teen (for parents/carers of young people aged 12-19)**

**Teenage brain** – Come along and learn about the changes adolescents experience in their brain development, how it impacts them and how parents can support their young person.

**Technology and safety** – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

**Sibling rivalry and conflict** – Tips to manage conflict between siblings in the home.

**Remaining calm** – How to look after yourself as a parent.

**Mental wellbeing** – Tips about how to communicate with young people about their feelings.



#### Workshop Dates:

Date	Bitesize Child (for parents/carers of children aged 4-11)
07.05.24	Bullying
21.05.24	Remaining calm
11.06.24	Praise and rewards
25.06.24	Special time with your child
09.07.24	Routines and boundaries
23.07.24	Technology and safety

To book onto a Bitesize Child, please scan here:



Date	Bitesize Teen (for parents/carers of young people aged 12-19)
14.05.24	Teenage brain
04.06.24	Technology and safety
18.06.24	Sibling rivalry and conflict
02.07.24	Remaining calm
16.07.24	Mental wellbeing

To book onto a Bitesize Teen, please scan here:



[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

#### School information finder - Germoe

What information do you need?

I need to contact school urgently

I need to contact school non-urgently

I need to find a list of teachers

I need to know term dates

I need to see if my child has homework or upload their homework

I want to report my child absent from school

I want to find out about upcoming dates, trips etc

I want to read a school policy

I want to see the school development plan

I want to see what is on the lunch menu

I want to find out about clubs

I want to look at a past or present newsletter

I need to report a safeguarding matter to school

Where to find the information

Phone on 01736 763310

Email [secretary.germoe@fbgschools.co.uk](mailto:secretary.germoe@fbgschools.co.uk) or email class teacher (name plus @fbgschools.co.uk)

School website

[www.germoe.cornwall.sch.uk](http://www.germoe.cornwall.sch.uk)

Our school – Meet the staff

School website

[www.germoe.cornwall.sch.uk](http://www.germoe.cornwall.sch.uk)

Parent info – Term dates

See saw

Reading records

Phone call before 0900 on 01736 763310

School website

[www.germoe.cornwall.sch.uk](http://www.germoe.cornwall.sch.uk)

Calendar

School website

[www.germoe.cornwall.sch.uk](http://www.germoe.cornwall.sch.uk)

Our school - Policies

School website

[www.germoe.cornwall.sch.uk](http://www.germoe.cornwall.sch.uk)

Our school – school development plan

School website

[www.germoe.cornwall.sch.uk](http://www.germoe.cornwall.sch.uk)

Parent info – Menu

School website

[www.germoe.cornwall.sch.uk](http://www.germoe.cornwall.sch.uk)

Parent info - Newsletter

School Website

[www.germoe.cornwall.sch.uk](http://www.germoe.cornwall.sch.uk)

Parent info - Newsletter

Phone or email

01736 763310

Paula Blackburn [head@fbgschools.co.uk](mailto:head@fbgschools.co.uk)

Angie Larcombe [alarcombe@fbgschools.co.uk](mailto:alarcombe@fbgschools.co.uk)

Denise Rusga [drusga@fbgschools.co.uk](mailto:drusga@fbgschools.co.uk)



## Information session for Parents/Carers on the Neurodiversity Profiling Tool

Children and young people who are showing signs of neurodevelopmental needs can now access a new tool which can help identify what support

Eventbrite / May 21



DECATHLON | OLAIAN

COME AND JOIN THE

# GROM SQUAD

SURFING ENGLAND



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