



# Germoe School Newsletter

10th November 2023

## Message from Miss Blackburn

Dear parents and carers,

It has been lovely spending time in classes at both our lovely schools this week. Our children are a joy to teach, they are so inquisitive and caring to one another.

It was great to join in with the fun and games and experiential learning in kindergarten and to see how well they have settled in.



Wishing you all a lovely weekend, best wishes,  
Paula Blackburn

**Reading Café**– please join us for our first ever Reading Café! Come and have a biscuit and a share a story with the children of Germoe School. Monday 20th November at 2:30pm

### SAFETY NOTICE

We have seen cars parking on the pavement, below the playground, at drop off and collection times. Please can we ask that you refrain from doing this as it means parents and children have to go into the road to get around the parked cars. Thank you

## SCROUNGE FOR DT RESOURCES

Y5/6 DT work this half term – kitchen roll tubes, shoe boxes, clear yoghurt pots and 'junk modelling' items for construction of light house and dioramas

## UNIFORM

At Germoe School, we feel that wearing a uniform is a way of instilling pride in our school by supporting the right mindset amongst pupils. It also gives children a sense of identity and teamwork and provides a form of protection when out on educational visits.

Uniform is as follows:

### Boys (Winter)

*Navy/Black trousers*

*White polo shirt*

*Sapphire blue sweatshirt*

### Boys (Summer)

*Navy/Black shorts/trousers*

*White Polo shirt*

*Sapphire blue sweatshirt*

### Girls (Winter)

*Navy/Black skirt/tunic/trousers*

*Sapphire blue sweatshirt*

### Girls (Summer)

*Blue/white gingham dress or  
white polo shirt*

*Sapphire blue sweatshirt*

- Sapphire blue sweatshirts with the school logo can be ordered at the school office.
- Children are encouraged to wear sensible shoes/sandals or all black trainers.
- For health and safety reasons, jewellery should not be worn, (except for small studs).
- PE Kit consists of Sapphire blue t-shirt and black/navy shorts for indoor/outdoor in the Summer and sweatshirts/jogging bottoms for the Winter. and trainers (plimsoles are also suitable for indoor PE if preferred.)

## KINDERGARTEN CLASS UPDATE

This week in Kindergarten we have been talking about Remembrance Sunday and the significance of the poppy. We went on to make a beautiful poppy wreath made of willow, we added red poppies and then made some purple poppies for all the animals that had died in wars.



## Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

# DIARY DATES 2023/2024

## IMMINENT DATES

### **Wednesday 15th November**

Anti-bullying ambassador training at HCC (for our anti-bullying ambassadors)

### **Monday 20.11.23**

Reading Cafe - 2.30pm

Football League - Y5/6 4.15pm

### **30th November 9am**

Coffee and cake meeting

### **Wednesday 6th December**

Christmas Play Y2-Y6

2pm and 6pm

### **13th December 2023**

Christmas lunch

### **23rd January - 2.445pm**

Coffee and cake meeting

### **29th February - 9am**

Coffee and cake meeting

## TERM DATES 2023/2024

### **Autumn term (72 days)**

- 4th September - 19th December 2023
- (Half term 23rd -27th October 2023)

### **Spring Term (56 days)**

- 4th January - 28th March 2024
- (Half term 12th-16th February 2024)

### **Summer term (67 days)**

- 15th April - 24th July 2024
- (Half term 27th May - 31st May 2024)
- **INSET 3rd-7th June 2024**

## SUMMER TERM 2024

### **23rd April 2.45pm**

Coffee and cake meeting

### **Monday 17th June**

### **to Wednesday 19th June**

Helston School Y6 Transition events

### **20th June 9am**

Coffee and cake meeting

### **24th June**

1:45pm Sports Day

### **22nd July**

2.30pm Leaver's service

### **24th July**

Break for Summer

## FOOTBALL LEAGUE

The final date for our league fixtures is 20.11.23 - Meet at Helston CC 4pm

Football club will not happen on this day for year 3/4 but children in year 5/6 will be playing in the league Please speak to Mr Conway if you have any questions or problems.  
[fconway@fbgschools.co.uk](mailto:fconway@fbgschools.co.uk)

## Germoe Well-Being Borrowing Library

We have a few resources that are now available for you to borrow, relating to supporting wellbeing, emotions, anxiety, Autism, bereavement, trauma and activities to support wellbeing. The box will be available in the Office. Please use the 'sign out' sheet and return the item within two weeks. If you have books or resources that you no longer need or use, we would be very grateful for them, to support families further. Many thanks



## Headstart Kernow

For children in Y5/6 and older – Headstart Kernow, have developed a mental health site for young people, made by young people with lots of helpful advice. If your child is in Y5 or 6, this may be something you would like to look at with them:

<https://www.startnowcornwall.org.uk>

## School Closures in Emergency – Agreed Notification Procedure

Please see the attached guidance from Cornwall Council. Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is:

- We will inform Cornwall Council so they can update their website
- We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites
- We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS"

If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

## Twitter and Instagram

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe

Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.

## **Money Management Course**

Every Thursday in November 10am–12pm Helston Methodist Church are working in association with Christians Against Poverty to run a free of charge money management course. The venue is Helston Methodist Church, Coinagehall Street, Helston, TR13 8EL.

The course is for anyone who wants the chance to learn and develop essential money management skills such as:

- how to build and balance a household budget
- how to differentiate between essential and optional expenses
- how to use credit wisely
- how to navigate debt
- understand the importance of personal savings
- how to use helpful money saving resources

Christians Against Poverty (CAP) has existed for 25 years and is widely recognised as a charity that offers practical, reliable and professional help to tens of thousands of people across the UK and is authorised and regulated by the FCA. All of CAP's services are free of charge.

To book onto the course please go to

<https://refresh.capmoney.org/join-course/651c19a81eb2c7ec06097086>

**St Germoe PCC** recognises the likely problems that people will face over the winter months and in an effort to provide help and support has decided that the Church Hall will be open to anyone between the hours of 9am until 4pm Monday to Friday. Packet and tinned foods will be available and also the option for people to cook their own food. The Hall will be heated and it is hoped that full use will be made of the facilities. In addition Wi-Fi has now been installed in the Church and can be accessed free of charge by anyone, the details are on the notice board inside the Church and to the left of the door.

**Reminder** – use of the Germoe Village Hall is free Monday – Friday 9am – 4pm. There is a donation bowl for anyone who wishes to contribute

Together for Families

# Early Help Parenting Newsletter – Autumn 2023

Free information, support and guidance for parents and carers.

## Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 033 123 1116.

## Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. More information about our parenting support on offer can be found at: [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

The programmes currently available are:

- **Being Passionate About Parenting Early Years** – 1-3 years (3 x 2-hour sessions)
- **Being Passionate About Parenting** – 4-11 years (3 x 2-hour sessions)
- **Take 3** – Supporting Teenagers 12-17 years (5 x 2-hour virtual sessions or 10 x 2-hour face to face sessions)
- **Living with Parents** – a one day workshop for parents and their young person aged 12 to 17 years.
- **Understanding your child with additional needs** – a self-guided course accessed through Solihull:  
<https://inourplace.heiapply.com/online-learning/course/36>

To access the course, please register for an account using the code TAMAR

## Solihull Online



FREE access to self-guided parenting courses for parents and carers in Cornwall and the Isles of Scilly. [www.inourplace.co.uk](http://www.inourplace.co.uk) Free Access Code: TAMAR

## SPACE

Want to support and understand your child's emotions as well as our own? Why not attend FREE Supporting Parents and Children Emotionally (SPACE) sessions. For more information and/or to register your interest please email: [space@cornwall.gov.uk](mailto:space@cornwall.gov.uk)

## Supporting Healthy Relationships

Reducing conflict between parents is one of the most effective ways to improve the lives of their children – including mental health and emotional stability, behaviour, helping them to do better in school, and improving the quality of their life long-term.

To find out more on Supporting Healthy Relationships including helpful resources and future courses, please visit: [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

## Family Information Service

For useful parenting information, updates on parenting programmes and Parenting Podcasts please access the Family Information Service website [www.supportincornwall.org.uk](http://www.supportincornwall.org.uk)

## Social Prescribing Cornwall

Linking people with non-clinical sources of support within the community.

[www.socialprescribingcornwall.org.uk](http://www.socialprescribingcornwall.org.uk)

## Hunrosa



Sleep is essential for our children to grow, learn, promote immunity and good mental health. Children with neurodiversity are likely to find sleep more difficult. Hunrosa have experience and expertise in supporting families, so come to our friendly sleep session to learn about ways you can help your child to sleep better. Please contact your Healthcare Provider should you wish to have them refer you for sleep services. <https://hunrosa.co.uk/>

## Kooth & Qwell



Kooth offer free, safe and anonymous mental health support for young people aged 11-19 years. <https://www.kooth.com/>

Qwell offers mental health support for ALL parents and carers of all ages as well as 19-25 years. <https://www.qwell.io/>

## Headstart Kernow



Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world and to guide you to available services and support and to promote helpful conversation.

[www.headstartkernow.org.uk](http://www.headstartkernow.org.uk)

## Just for Dads



For information tailored just for you check out:

[www.supportincornwall.org.uk/fordads](http://www.supportincornwall.org.uk/fordads)

[DadPad | The Essential Guide for New Dads | Support Guide for New Dads \(thedadpad.co.uk\)](#)

## Homestart Kernow



Parents can struggle at one time or another, you are not alone. Home-Start's volunteers work alongside families to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be.

[www.homestartkernow.org.uk](http://www.homestartkernow.org.uk)

## Reconnect/The Susie Programme



Giving children the time, space, and skills to have a loving relationship with themselves and others following Domestic Abuse. As well as providing adults with a support programme to enable you to positively move forward with your life.

[www.saferfutures.org.uk/online-referral/](http://www.saferfutures.org.uk/online-referral/)

## Citizens Advice

Giving people the knowledge and confidence, they need to find their way forward - whoever they are, and whatever their problem - Adviceline: 0800 144 8848 or text the word ADVICE to 78866 and they will call you back within 48 hours (excluding weekends). [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

## Neurodiversity Videos

Some short videos around neurodiversity.

Adolescents with ADHD:

[www.youtube.com/watch?v=uGSHcHcVnIo](http://www.youtube.com/watch?v=uGSHcHcVnIo)

Walk in My Shoes:

[www.youtube.com/watch?v=KSKvazfTLv8](http://www.youtube.com/watch?v=KSKvazfTLv8)

For more information on Neurodiversity go to:

[www.pdasociety.org.uk](http://www.pdasociety.org.uk)

[www.adhdfoundation.org.uk](http://www.adhdfoundation.org.uk)

[www.autism.org.uk](http://www.autism.org.uk)

[www.bridgingtheneurodivide.com](http://www.bridgingtheneurodivide.com)

If you would like this information in another format please contact:

**Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY**

Email: [equality@cornwall.gov.uk](mailto:equality@cornwall.gov.uk) Telephone: **0300 1234 100**



**CORNWALL COUNCIL**  
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Together for Families



[www.cornwall.gov.uk](http://www.cornwall.gov.uk)

### School information finder - Germoe

What information do you need?	Where to find the information
I need to contact school urgently	Phone on 01736 763310
I need to contact school non-urgently	Email <a href="mailto:secretary.germoe@fbgschools.co.uk">secretary.germoe@fbgschools.co.uk</a> or email class teacher( name plus @fbgschools.co.uk)
I need to find a list of teachers	School website <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Our school – Meet the staff
I need to know term dates	School website <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Parent info – Term dates
I need to see if my child has homework or upload their homework	See saw Reading records
I want to report my child absent from school	Phone call before 0900 on 01736 763310
I want to find out about upcoming dates, trips etc	School website <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Calendar
I want to read a school policy	School website <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Our school - Policies
I want to see the school development plan	School website <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Our school – school development plan
I want to see what is on the lunch menu	School website <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Parent info – Menu
I want to find out about clubs	School website <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Parent info - Newsletter
I want to look at a past or present newsletter	School Website <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a> Parent info - Newsletter
I need to report a safeguarding matter to school	Phone or email 01736 763310 Paula Blackburn <a href="mailto:head@fbgschools.co.uk">head@fbgschools.co.uk</a> Angie Larcombe <a href="mailto:alarcombe@fbgschools.co.uk">alarcombe@fbgschools.co.uk</a> Denise Rusga <a href="mailto:drusga@fbgschools.co.uk">drusga@fbgschools.co.uk</a>

**COMPETITION TIME!**

# *Sleeping Beauty*

**WIN 2 TICKETS TO HELSTON THEATRE  
COMPANY'S PANTOMIME, SLEEPING BEAUTY!**

## **DESIGN A POSTER FOR 'SLEEPING BEAUTY'**

**THE 4 WINNERS WILL RECEIVE:**

**~ 1 X ADULT TICKET AND 1 X CHILD TICKET  
TO OUR PERFORMANCE ON WEDNESDAY  
24TH JANUARY, 7:30PM**

**~ THEIR ARTWORK DISPLAYED IN OUR  
PROGRAMME**

**TO ENTER:**

**~ DESIGN YOUR POSTER AND HAND IT IN TO  
YOUR SCHOOL OFFICE BY THURSDAY 30TH  
NOVEMBER**

**~ ON THE BACK, INCLUDE YOUR NAME, AGE,  
SCHOOL AND YOUR PARENT/CARER'S EMAIL  
ADDRESS SO WE CAN CONTACT YOU**

**GOOD LUCK!**