



# Germoe School

## Newsletter

13th December 2024



### Message from Miss Blackburn

Dear parents and carers

What a lovely festive week we have had! Thank you so much to FROGS for organising refreshments and raising funds with the raffle at our Christmas play. They have also done an amazing job with the online auction... which ends in a couple of hours so please put in your last minute bids. Those who attended the evening performance will have heard that all funds raised at the moment are going towards the school library project which is being led by Ben (Gil and Minna's dad). He shared his architectural skills with years 1 and 2 earlier this year and he now has a design which looks fantastic so thank you Ben and to all of you for contributing to such a great fund. We will keep you updated on the materials side of things and any progress made.

As you may know, we have secured funding to take some of the older children to Malawi around Easter time for an amazing eco project. New funding application rounds open in January so if you have any contacts/ideas for exciting, once in a lifetime experiences/opportunities for our children then I would love to hear your ideas, either pop in or email me on [head@fbgschools.co.uk](mailto:head@fbgschools.co.uk)

More festivities to come next week. Please remember our last day is Friday 20th December and we will finish at the earlier time of 1.30pm.

Have a lovely weekend

Paula Blackburn

### TONIGHT'S LANTERN PARADE

Yesterday children in years 1-6 came home with the lantern which they made for the Godolphin Lantern Parade. Please note that this is an event for you to attend as families and friends, rather than for children to attend with their teachers. We hope you have a wonderful time!

### CLUBS

There will not be any clubs on next week but there will be Breakfast Club and Afterschool Care

### GODREY CLASS TUESDAY 17TH DECEMBER

Godrevy Class have worked really hard on their inquiry homework this term. We would love to show you what we have created and so our classroom will be open from 3:15 for you to come in and see what we have created. We look forward to seeing you.

### RINSEY CLASS WEDNESDAY 18TH DECEMBER

Parents are welcome to come into class on Wednesday morning to look at Inquiry projects from 9am-9:30am

# DIARY DATES 2024/2025

## AUTUMN TERM 2024

### Friday 13th December

Godolphin Cross Lantern Procession  
6pm - Children will bring home lanterns ready to attend with their parents/families

### Monday 16th December

KSI Nativity @ 2.30pm

### Tuesday 17th December

Christmas Lunch  
Godrevy Class invite to parents to view Inquiry Project

### Wednesday 18th December

Rinsey Clas invite to parents to view Inquiry Project

### Friday 20th December

Break up for Christmas at **1.30pm**

## TERM DATES 2024/2025

### Autumn term (74 days)

- 3rd September 2024 - 20th December 2024
- (Half term 28th October - 1st November )

### Spring Term 2025 (60 days)

- 6th January 2025- 4th April 2025
- (Half term 17th - 21st February)

### Summer Term 2025 (61 days)

- 22nd April 2025- 23rd July 2025
- (Half term 26th May - 30th May)
- **INSET DAYS 2nd -6th June 2025**

# GODOLPHIN LANTERN PARADE



**FRIDAY 13TH DECEMBER | 5.15PM**

Meet at Godolphin House, for merriment and madrigals.

Join the procession setting off at 6pm. Follow the lanterns, the music, and the giants to the Old Chapel for a festive Christmas party!



## Christmas Lunch

Tuesday 11th December

Chicken or Quorn Roast  
Stuffing  
Pigs in Blankets  
Peas  
Carrots  
Sprouts  
Roast Potatoes  
Gravy  
Shortbread or Fruitcake

*order now!*

Please order your Christmas lunch by 3rd December by emailing Mrs Care in the office and stating chicken or quorn.

## ST GERMOE CHURCH

CHRISTMAS EVE  
TUESDAY 24 DECEMBER

CRIB SERVICE at 3.00 pm  
A service for all the family

CAROLS AND READINGS  
BY CANDLELIGHT at 6.00 pm

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CHRISTMAS DAY  
WEDNESDAY 25 DECEMBER

HOLY COMMUNION  
at 10.00 am

You will be warmly welcomed



### **Safer parking around schools**

The school, the police and local highway authority often receive concerns from members of our communities, schools and colleges regarding inconsiderate and often dangerous parental parking outside schools at the beginning and end of each school day.

Parking restrictions are put in place to manage the highway network and to ensure the safety of all road users, vehicles and pedestrians alike. Cars parking inconsiderately, especially on zigzag lines, cause visibility issues for pedestrians of all ages and ability who are crossing the road network to get to and from school.

While we want to encourage sustainable travel to school, especially walking, we recognise that some parents will have to use the car for at least part of their journey to school.

**However, it's important for us to:**

**Reduce congestion around schools to improve air quality.**

**Make the route to school safer for children.**

**Show respect to local residents.**

**Unfortunately, most schools experience a small minority of parents who choose to ignore the parking restrictions.**

### **Driving to school? Please remember:**

**'School Keep Clear'** are clearways, meaning **no stopping and definitely no parking, not even to drop off or pick up any passengers.** These markings are designed to allow a clear view up and down the road for children to cross safely before and after school. If you stop, even to drop off, on these lines, you are making it dangerous for children to cross by obscuring their view. Park in a way that does not obscure the view of any school crossing patrol – avoid parking on the stretch of the road opposite the zigzags, especially if this means you have to park on the pavement to do so.

keep the view around junctions clear so that children can cross safely.

Parking on a bend can cause difficulties, making visibility difficult.

Be considerate to local residents by avoiding parking across or turning around in driveways or parking on the grass verges. Most people like the grass verges and don't like to see them churned up.



Try to park further away from school. This has several advantages – you will find it easier to find a space and to turn your car around for your return journey. It will also be an opportunity for your children to practise walking safely with you by teaching them pedestrian road safety skills. Walking the last part of the journey to school is also good for your child's mental and physical health.

Keep your car off the pavement at all times. No one (especially children, people with a pushchair, in a wheelchair or with reduced mobility) should have to step on the road because of cars parked on the pavement.

The locations below can be enforced by police officers and the civil enforcement officers. Therefore please:

**do not park on double yellow lines and yellow School Keep Clears markings.**

**do not park in a way that blocks access to dropped kerbs or any other pedestrian crossings.**

**do not park in a way that blocks residents' driveways.**

**do not park within 10 metres of a junction.**

PC Paul Stevenson 17776

Falmouth Neighbourhood Beat Manager



## NYSGERRIG KINDERGARTEN CLASS UPDATE

In Kindergarten this week, we made a beautiful wreath using pinecones, leaves and branches left over from the storm. We also made Christmas lanterns and biscuits for our Winter Celebration in the forest. We invited our families and made Christmas crafts, jingle sticks and Christmas pine trees, and we finished off with a sing song around the fire with hot chocolate!



Merry Christmas everyone from Kindergarten!

### UNCLAIMED RAFFLE PRIZE

We have an unclaimed raffle prize for Nowell in the office .

### Academic and Pastoral Support

If you need help or have concerns regarding your child, please see your class teacher in the first instance. Discussion with your class teacher first will help them to meet the needs of your child. Further support can be sought by class staff, should this be needed.

### PARKING

Please can we ask that you do not park on the pavement at the bottom of the playground and this means the pavement cannot be used and residents/parents/children have to walk in the road which can be dangerous.

### What's on? Activities The Elms, December 2024

Cornwall Neighbourhoods for Change

| Days       | Time          | Activity                           | Description  |
|------------|---------------|------------------------------------|--|
| Mondays    | 10:30 - 12:00 | Cuppa Companions (Tyacks Hotel)    | An opportunity to meet new people and make new friends. Tyacks, Camborne.  |
|            | 15:00 - 16:30 | Cuppa Companions                   | An opportunity to meet new people and make new friends. Drop in.   |
| Tuesdays   | 10:00 - 12:00 | The Magic Cupboard                 | A subscription based food larder.  |
|            | 10:00 - 12:00 | Cuppa Companions (Treloweth)       | Meet the Community Health & Wellbeing Team at Treloweth Community Hall. First Tuesday of every month. Drop in.   |
|            | 10:00 - 15:00 | Hamper Collection Day              | Collect your pre-booked hamper for Christmas. Running on 24th only. Pre-booking hampers is required.             |
| Wednesdays | 10:00 - 13:00 | Warm Tums                          | Under 5s & parents/carer group. Craft activities and a hot lunch provided. Last session on 11th.                 |
|            | 10:00 - 15:00 | Christmas Day Lunch                | Come and spend Christmas Day with us! Lunch and games provided. Booking is required.                             |
|            | 13:00 - 15:00 | Woman Kind                         | Our women's mental health support group. Safe supportive space for all women. Term-time. Last session on 18th.   |
|            | 16:00 - 18:00 | Just Be;                           | A space for young people, with food, activities and on-hand advice. Drop in, no booking required.                |
| Thursdays  | 10:00 - 12:00 | HELP Drop in with Codes Solicitors | Drop in for advice and guidance, anything from housing to benefits. Free legal consultations on 12th from Codes. |
|            | 10:00 - 13:00 | Health Checks                      | 60 minute health checks run by Healthy Cornwall. Booking in advance required.                                    |
|            | 10:00 - 15:00 | Boxing Day Lunch                   | Our annual boxing day lunch running on 26th. Booking required.   |
|            | 11:00 - 12:00 | Puffalots (Illogan)                | Gentle exercises if you have completed pulmonary rehabilitation. The Old School Centre, Illogan.                 |
|            | 14:30 - 16:30 | The Wanderers                      | Walking group leaving from The Elms to various places. Booking required.   |
| Fridays    | 10:00 - 12:00 | Chilled Art Group                  | Join Professional Community Artist Steph from ArtsWell for a creative journey! Only running on 6th & 20th.       |
|            | 16:00 - 20:00 | Christmas Party                    | Our annual Christmas Party on 20th with a visit from Father Christmas, music and a buffet. Booking is required.  |
|            | 17:00 - 19:00 | Friendly Friday                    | Good food and a friendly chat. Booking required.   |
| Saturdays  | 10:00 - 14:00 | Why Don't You? Club                | Fully accessible family activities designed to be enjoyed by all. Booking required. Last session on 28th.        |
| Sundays    | 12:00 - 14:00 | Social Sunday                      | Good food and a friendly chat. Booking required.   |

The Elms, Green Lane, Redruth, TR15 1LS | info@cn4c.org.uk | 01209 310610 | @CN4C.Cornwall

### What's on? Courses The Elms, December 2024

Cornwall Neighbourhoods for Change

| Days      | Time          | Course                            | Description   |
|-----------|---------------|-----------------------------------|---|
| Tuesdays  | 09:30 - 13:30 | Harvesting & Preparing for Autumn | Learn how to grow your own fruit and veg at our allotment, with our expert. Last session on 9th.                    |
|           | 17:00 - 19:30 | The HOPE Programme                | Learn how to self-manage your health conditions. Start date to be confirmed. Booking required.                      |
| Thursdays | 10:00 - 15:00 | Autumn Eats: Cooking Made Easy    | Learn some new cooking skills and enjoy your food afterwards. Booking required. Last session on 12th.               |
|           | 13:00 - 15:00 | Digital Empowerment               | Bridging the digital divide. IT course, laptop provided upon completion. Booking required. Last session on 17th.    |
|           | 17:00 - 19:30 | ACES Recovery                     | 10 week course learning how childhood adversity impacts your present and discover paths towards healing and growth. |
| Fridays   | 12:30 - 16:30 | Lights, Community, Action         | Collaborative issue-solving in our community and understanding perspectives. Last session on 20th.                  |

**We offer three different personal development training courses. Details below. Register your interest now!**

#### Adverse Childhood Experiences

Pre-Assessment included. 10 week course.  
 Negative or Adverse Childhood Experiences (ACEs) can affect the life you are living now. They can keep us fixed to the past, and have ongoing effects throughout adult life. But we can do something about this. Do you want to understand more about how these experiences may be affecting you? Join us on "ACES recovery" to explore how we can start to move forward from these experiences

#### SPACE Supporting Parents and Children Emotionally

SPACE is a free programme for any parent or carer who wants to better understand and support their children's emotions, as well as their own. This is a 4 session, face-to-face programme.

#### HOPE Help Overcoming Problems Effectively

HOPE is a programme to help people build confidence to self-manage their health conditions. This could include: Physical health e.g. pain relief. Mental ill-health issues such as anxiety, stress, and depression. Discover how to use relaxation techniques to refresh your mind and body. Learn how to make plans and achieve goals that can help you make changes for the better.

### Time2Move Holiday Programme Goes Swimming!

This Christmas the Time2Move Holiday Programme in partnership with pool providers in Cornwall is offering fully funded swimming sessions for children eligible for benefits related free school meals along with their parent/guardian and siblings!

Public swimming sessions, which include Swim For All, Family Fun Swims, General Swims and Public Swims will be available from Monday 23rd December to Friday 3rd January in the following pools:

- Bodmin Leisure Centre – check availability here.
- Bude Leisure Centre – check availability here.
- Carn Brea Leisure Centre – check availability here.
- Helston Leisure Centre – check availability here.
- Newquay Leisure World – check availability here.
- Penzance Leisure Centre – check availability here.
- Saltash Leisure Centre – check availability here.
- St Ives Leisure Centre – check availability here.
- Truro Leisure Centre – check availability here.

To redeem this funded swimming offer please physically take your unique Time2Move Holiday Programme Free School Meal code to your centre of choice and the reception team will book you in on the spot. You can check availability and timetable for all sessions online on the individual centres webpage or via the links above, but you cannot pre-book online.

If you are unsure of your unique code please visit Time2Move Holiday Programme – Cornwall Council and enter your child's first name, surname and date of birth.

Parents/Guardians taking up this offer will need to follow all operating procedures from the pool  
you

### **School Closures in Emergency – Agreed Notification Procedure**

Sometimes schools have to make the decision to close either partially or fully due to inclement weather such as snow or other unforeseen circumstances. The procedures are revised annually. The agreed notification Procedure for our school is: We will inform Cornwall Council so they can update their website We will inform local radio stations (BBC Radio Cornwall, Goldmine FM, Heart FM, Pirate FM) so they can make announcements and update their websites We will post on our Facebook pages, "The Federation of Boskenwyn and Germoe School," "Boskenwyn FOBS" and "Germoe FROGS" If you wake up to a blanket of snow in the near future then please make sure you check one or more of the above places to keep up to date with school closures, it may be that we open later or close earlier so you will need to check before coming to school. If the school needs to close whilst the children are there then we will contact all parents via phone

## Parent/Carer Workshops – to run from January 2025.

These are one-off, one hour long, online workshops with our Mental Health Practitioners. These are open to everybody; people do not need to have a mental health need to join. You can sign up with the links below.

A Teams link will be emailed to parent/carers from MHST for each workshop prior to the workshop taking place.

Behaviour Workshop – <https://forms.office.com/e/1PwGDXSQ40>

Sleep Workshop – <https://forms.office.com/e/7ac7qHLPfc>

Worry Workshop – <https://forms.office.com/e/YR5MeEwtEF>

Resilience Workshop – <https://forms.office.com/e/TE2UmBZrHK>

### School information finder - Germoe

| What information do you need?                                   | Where to find the information  |
|---|--|
| I need to contact school urgently                               | Phone on 01736 763310  |
| I need to contact school non-urgently                           | Email <a href="mailto:secretary.germoe@fbgschools.co.uk">secretary.germoe@fbgschools.co.uk</a> or email class teacher (name plus @fbgschools.co.uk)<br>School website  |
| I need to find a list of teachers                               | <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a><br>Our school – Meet the staff<br>School website  |
| I need to know term dates                                       | <a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a><br>Parent info – Term dates   |
| I need to see if my child has homework or upload their homework | See saw<br>Reading records   |
| I want to report my child absent from school                    | Phone call before 0900 on 01736 763310   |
| I want to find out about upcoming dates, trips etc              | School website<br><a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a><br>Calendar   |
| I want to read a school policy                                  | School website<br><a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a><br>Our school - Policies  |
| I want to see the school development plan                       | School website<br><a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a><br>Our school – school development plan   |
| I want to see what is on the lunch menu                         | School website<br><a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a><br>Parent info – Menu   |
| I want to find out about clubs                                  | School website<br><a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a><br>Parent info - Newsletter   |
| I want to look at a past or present newsletter                  | School Website<br><a href="http://www.germoe.cornwall.sch.uk">www.germoe.cornwall.sch.uk</a><br>Parent info - Newsletter<br>Phone or email<br>01736 763310   |
| I need to report a safeguarding matter to school                | Paula Blackburn <a href="mailto:head@fbgschools.co.uk">head@fbgschools.co.uk</a><br>Angie Larcombe <a href="mailto:alarcombe@fbgschools.co.uk">alarcombe@fbgschools.co.uk</a><br>Denise Rusga <a href="mailto:drusga@fbgschools.co.uk">drusga@fbgschools.co.uk</a> |



**NHS** Cornwall Partnership NHS Foundation Trust

# MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Worry Workshop

Monday 13th January - 9:30am & 2pm  
 Tuesday 14th January - 11am & 4pm  
 Wednesday 15th January - 09:30am & 1:30pm  
 Thursday 16th January - 11am & 4pm

This workshop aims to provide psychoeducation on "What is worry?" and "Why does my child worry?" Also includes practical strategies for helping children manage their worries.

To book a place please complete the online form [HERE](https://forms.office.com/e/YR5MeEwtEF)  or scan the QR code

<https://forms.office.com/e/YR5MeEwtEF>

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**NHS** Cornwall Partnership NHS Foundation Trust

# MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Resilience Workshop

Monday 20th January - 9.30am & 4pm  
 Tuesday 21st January - 11am & 2pm  
 Wednesday 22nd January - 11.30am & 4pm  
 Thursday 23rd January - 9.30am & 1.30pm

This workshop aims to talk about the meaning of resilience, explore building resilience and look at how and when a young person should ask for help.

To book a place please complete the online form [HERE](https://forms.office.com/e/TE2UmBZrHK)  or scan the QR code

<https://forms.office.com/e/TE2UmBZrHK>

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**NHS** Cornwall Partnership NHS Foundation Trust

# MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Behaviour Workshop

Monday 27th January - 9.30am & 2pm  
 Tuesday 28th January - 11.30 am & 4pm  
 Wednesday 29th January - 9.30am & 1.30pm  
 Thursday 30th January - 11.00am & 4pm

This workshop provides parents with practical strategies to foster positive behaviour and communication at home.

To book a place please complete the online form [HERE](https://forms.office.com/e/1PwGDXSQ40)  or scan the QR code

<https://forms.office.com/e/1PwGDXSQ40>

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**NHS** Cornwall Partnership NHS Foundation Trust

# MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Sleep Workshop

Monday 3rd February - 11am & 4pm  
 Tuesday 4th February - 9.30am & 2pm  
 Wednesday 5th February - 9.30am & 1.30pm  
 Thursday 6th February - 11am & 1.30pm

This workshop aims to provide psychoeducation on sleep hygiene and sleep routines. Also includes practical strategies for helping children

To book a place please complete the online form [HERE](https://forms.office.com/e/7ac7qHLPhc)  or scan the QR code

<https://forms.office.com/e/7ac7qHLPhc>

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall



## Tax-Free Childcare

Tax-Free Childcare is:

- For **working families**, including the self-employed, **in the UK**
- Earning **under £100k** and **an average of £167** per week (equal to 16 hours at the National Minimum or Living Wage) each over three months
- Who **aren't** receiving Tax Credits, Universal Credit or childcare vouchers
- With children aged 0-11 (or 0-16 if disabled)
- For every £8 you pay into an online account, the government will add an extra £2, **up to £2,000 per child per year**

For more information <https://www.gov.uk/tax-free-childcare>



'We play loads of fun games, do activities and challenges and sometimes get badges'  
Matilda

**Rainbows**  
Germoe Church Hall  
Thursdays 5.15pm - 6.15pm

**Girls play, learn and have tons of fun**  
for ages 4 to 7

At Rainbows, we welcome all girls to play, learn and have fun in a creative, safe space for all abilities.

girlguiding  
Registered charity number: Exempted from registration

Join a local Rainbows group [girlguiding.org.uk/joinus](http://girlguiding.org.uk/joinus)



**Parenting a child aged 4-11**

**Solihull - Understanding your child**  
A 10-week workshop delivered weekly. Each session is 2-hours in length. This hybrid programme gives you the option to attend in-person or virtually on Microsoft Teams

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

**When?**  
Tuesdays from 12:30-14:30,  
Starting 25<sup>th</sup> February 2025

**Where?**  
Redruth Family Hub, TR15 1NA  
or on Microsoft Teams

To book scan the QR code or click: [Parenting children aged 0 to 11](#) and select your preference for in-person or virtual attendance

Contact us  
Email: [parenting@cornwall.gov.uk](mailto:parenting@cornwall.gov.uk)  
Website: [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

CORNWALL COUNCIL  
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Together for Families

[www.cornwall.gov.uk](http://www.cornwall.gov.uk)

## Twitter and Instagram

The Federation of Germoe and Boskenwyn Schools are on twitter and Instagram!

Twitter: @BoskenwynGermoe

Instagram: boskenwyngermoe

Feel free to follow us and spread the word to encourage others to hear about the wonderful things happening in our schools.